

Vishnu1000



श्रीविष्णुसहस्रनाम

Self-Study & Contemplation

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

001 ॐ विश्वाय नमः Om Vishwamḥ Namaḥ

Universe

This name reveals the Supreme Lord as the protector who maintains the cosmic balance. Spiritually, it assures us that we are always safe under divine protection.

Meditating on this quality dispels inner fear and strengthens devotion.

002 ॐ विष्णवे नमः Om Vishnuḥ Namaḥ

All-Pervading One

This name represents the divine consciousness that holds and nourishes all beings. It teaches us that selfless service and compassion are the highest forms of worship.

Contemplating this name fills the heart with universal love and gratitude.

003 ॐ वषट्काराय नमः Om Vashatkaarah Namaḥ

Lord of Sacrificial Invocation

This name symbolizes the all-pervading sustenance and constant nourishment of the universe. In meditation, this attribute reminds us of the protective force that sustains our existence.

Chanting this name cultivates a deep sense of security, contentment, and peace.

004 ॐ भूत-भव्य-भवत्-प्रभवे नमः Om Bhuta-bhavya-bhavat-prabhuḥ Namaḥ

Lord of Time

This name reveals the Supreme Lord as the protector who maintains the cosmic balance. Spiritually, it assures us that we are always safe under divine protection.

Meditating on this quality dispels inner fear and strengthens devotion.

005 ॐ भूतकृते नमः Om Bhutakritḥ Namaḥ

Creator of All Beings

This name represents the supreme architect of the universe and the dawn of life. This attribute reminds us that our inner consciousness is the mother of all thoughts.

Focusing on this divine form purifies the mind and fills it with creative clarity.

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006 ॐ भूतभृते नमः Om Bhutabhritḥ Namaḥ

Sustainer of All Beings

This name symbolizes the all-pervading sustenance and constant nourishment of the universe. In meditation, this attribute reminds us of the protective force that sustains our existence.

Chanting this name cultivates a deep sense of security, contentment, and peace.

007 ॐ भावाय नमः Om Bhavaḥ Namaḥ

Pure Existence

This name reveals the Supreme Lord as the protector who maintains the cosmic balance. Spiritually, it assures us that we are always safe under divine protection.

Meditating on this quality dispels inner fear and strengthens devotion.

008 ॐ भूतात्मने नमः Om Bhutatmaḥ Namaḥ

Soul of All Beings

This name denotes the highest ideal of meditation, yoga, and inner focus. It teaches that stability of mind and looking inward are essential for spiritual discovery.

Meditating on this name calms mental chatter and fosters deep contemplation.

009 ॐ भूतभावनाय नमः Om Bhutabhavanaḥ Namaḥ

Nourisher of All Creations

This name symbolizes the all-pervading sustenance and constant nourishment of the universe. In meditation, this attribute reminds us of the protective force that sustains our existence.

Chanting this name cultivates a deep sense of security, contentment, and peace.

010 ॐ पूतात्मने नमः Om Putatmaḥ Namaḥ

Purest Soul

This name represents the illuminator of intellect and the source of ultimate wisdom. Spiritually, it dispels the darkness of ignorance and kindles the light of discernment.

Meditating on this quality reveals the true self and leads to self-realization.

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011 ॐ परमात्मने नमः Om Paramatmaḥ Namaḥ

Supreme Soul

This name denotes the highest ideal of meditation, yoga, and inner focus. It teaches that stability of mind and looking inward are essential for spiritual discovery.

Meditating on this name calms mental chatter and fosters deep contemplation.

012 ॐ मुक्तानां परमा गतये नमः Om Muktanam Parama Gatiḥ Namaḥ

Ultimate Goal of Liberated Souls

This name symbolizes pure consciousness, the witness spirit, and the indwelling guide. In meditation, it shows that the awareness within us is the only truth, untouched by pleasure and pain.

Chanting this aligns the seeker with the silent inner witness.

013 ॐ अव्ययाय नमः Om Avyayaḥ Namaḥ

Imperishable One

This name symbolizes the controller of time and the power to transcend material limits. Spiritually, it clears away old patterns, ego, and negativity.

Contemplating this quality guides the seeker toward detachment and profound inner purification.

014 ॐ पुरुषाय नमः Om Puruṣaḥ Namaḥ

Supreme Being

This name represents the divine consciousness that holds and nourishes all beings. It teaches us that selfless service and compassion are the highest forms of worship.

Contemplating this name fills the heart with universal love and gratitude.

015 ॐ साक्षिणे नमः Om Sakshiḥ Namaḥ

Eternal Witness

This name symbolizes pure consciousness, the witness spirit, and the indwelling guide. In meditation, it shows that the awareness within us is the only truth, untouched by pleasure and pain.

Chanting this aligns the seeker with the silent inner witness.

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016 ॐ क्षेत्रज्ञाय नमः Om Kshetrajñāḥ Namaḥ

Knower of the Field

This name represents the illuminator of intellect and the source of ultimate wisdom. Spiritually, it dispels the darkness of ignorance and kindles the light of discernment.

Meditating on this quality reveals the true self and leads to self-realization.

017 ॐ अक्षराय नमः Om Aksharaḥ Namaḥ

Undecaying One

This name represents the absolute peace and dissolution of the material world where all dualities cease. It teaches us that letting go of desires is the gateway to eternal tranquility.

Meditating on this quality brings silent, undisturbed awareness.

018 ॐ योगाय नमः Om Yogaḥ Namaḥ

Path of Union

This name symbolizes pure consciousness, the witness spirit, and the indwelling guide. In meditation, it shows that the awareness within us is the only truth, untouched by pleasure and pain.

Chanting this aligns the seeker with the silent inner witness.

019 ॐ योगविदां नेत्रे नमः Om Yogavidaam Netaḥ Namaḥ

Leader of Yoga Knowers

This name represents the illuminator of intellect and the source of ultimate wisdom. Spiritually, it dispels the darkness of ignorance and kindles the light of discernment.

Meditating on this quality reveals the true self and leads to self-realization.

020 ॐ प्रधानपुरुषेश्वराय नमः Om Pradhana-purusheshvaraḥ Namaḥ

Lord of Nature and Spirit

This name denotes the highest ideal of meditation, yoga, and inner focus. It teaches that stability of mind and looking inward are essential for spiritual discovery.

Meditating on this name calms mental chatter and fosters deep contemplation.

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021 ॐ नारसिंहवपुवे नमः Om Narasimhavapuḥ Namaḥ

He with a Divine Lion-Human Form

This name symbolizes pure consciousness, the witness spirit, and the indwelling guide. In meditation, it shows that the awareness within us is the only truth, untouched by pleasure and pain.

Chanting this aligns the seeker with the silent inner witness.

022 ॐ श्रीमते नमः Om Shrimaanaḥ Namaḥ

Lord of Lakshmi

This name symbolizes the controller of time and the power to transcend material limits. Spiritually, it clears away old patterns, ego, and negativity.

Contemplating this quality guides the seeker toward detachment and profound inner purification.

023 ॐ केशवाय नमः Om Keshavaḥ Namaḥ

Slayer of Keshi

This name represents the absolute peace and dissolution of the material world where all dualities cease. It teaches us that letting go of desires is the gateway to eternal tranquility.

Meditating on this quality brings silent, undisturbed awareness.

024 ॐ पुरुषोत्तमाय नमः Om Purushottamaḥ Namaḥ

Supreme Personality

This name represents the imperishable, eternal, and transcendent reality beyond the senses. It shows that truth is beyond the limits of space, time, and matter, having no beginning or end.

Contemplating this raises the seeker above impermanence.

025 ॐ सर्वाय नमः Om Sarvaḥ Namaḥ

All

This name reveals the Supreme Lord as the protector who maintains the cosmic balance. Spiritually, it assures us that we are always safe under divine protection.

Meditating on this quality dispels inner fear and strengthens devotion.

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026 ॐ शर्वाय नमः Om Sharvaḥ Namaḥ

Destroyer of Sins

This name represents the absolute peace and dissolution of the material world where all dualities cease. It teaches us that letting go of desires is the gateway to eternal tranquility.

Meditating on this quality brings silent, undisturbed awareness.

027 ॐ शिवाय नमः Om Shivaḥ Namaḥ

Auspicious One

This name signifies the divine splendor, inner light, and supreme glory. It shows that the radiance of the soul is brighter than the sun, instantly dispelling spiritual darkness.

Contemplating this quality fills the seeker with vitality and spiritual glow.

028 ॐ स्थाणवे नमः Om Sthanuḥ Namaḥ

Unmoving Pillar

This name symbolizes the supreme auspiciousness, peace, and benevolent energy. In spiritual practice, this attribute ward off negativity and ushers in divine grace and joy.

Meditating on this name aligns one with the blessings of the cosmos.

029 ॐ भूतादये नमः Om Bhutadiḥ Namaḥ

Source of All Beings

This name represents the supreme architect of the universe and the dawn of life. This attribute reminds us that our inner consciousness is the mother of all thoughts.

Focusing on this divine form purifies the mind and fills it with creative clarity.

030 ॐ निधिरव्ययाय नमः Om Nidhiravyayaḥ Namaḥ

Inexhaustible Treasure

This name represents the imperishable, eternal, and transcendent reality beyond the senses. It shows that truth is beyond the limits of space, time, and matter, having no beginning or end.

Contemplating this raises the seeker above impermanence.

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031 ॐ सम्भवाय नमः Om Sambhavaḥ Namaḥ

Self-Manifested One

This name highlights the divine creative power and the source of the universe. On the spiritual path, it teaches that every creation is an extension of the Divine.

Meditating on this name allows the seeker to align with cosmic harmony and appreciate the flow of life.

032 ॐ भावनाय नमः Om Bhavanaḥ Namaḥ

Universal Dispenser

This name represents the divine consciousness that holds and nourishes all beings. It teaches us that selfless service and compassion are the highest forms of worship.

Contemplating this name fills the heart with universal love and gratitude.

033 ॐ भर्त्रे नमः Om Bhartaḥ Namaḥ

Lord Protector

This name symbolizes the all-pervading sustenance and constant nourishment of the universe. In meditation, this attribute reminds us of the protective force that sustains our existence.

Chanting this name cultivates a deep sense of security, contentment, and peace.

034 ॐ प्रभवाय नमः Om Prabhavaḥ Namaḥ

Divine Origin

This name highlights the divine creative power and the source of the universe. On the spiritual path, it teaches that every creation is an extension of the Divine.

Meditating on this name allows the seeker to align with cosmic harmony and appreciate the flow of life.

035 ॐ प्रभवे नमः Om Prabhuḥ Namaḥ

Almighty Lord

This name represents the divine consciousness that holds and nourishes all beings. It teaches us that selfless service and compassion are the highest forms of worship.

Contemplating this name fills the heart with universal love and gratitude.

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036 ॐ ईश्वराय नमः Om Ishvaraḥ Namaḥ

Supreme Ruler

This name symbolizes the all-pervading sustenance and constant nourishment of the universe. In meditation, this attribute reminds us of the protective force that sustains our existence.

Chanting this name cultivates a deep sense of security, contentment, and peace.

037 ॐ स्वयम्भुवे नमः Om Svayambhuḥ Namaḥ

Self-Existent One

This name reveals the Supreme Lord as the protector who maintains the cosmic balance. Spiritually, it assures us that we are always safe under divine protection.

Meditating on this quality dispels inner fear and strengthens devotion.

038 ॐ शम्भवे नमः Om Shambhuḥ Namaḥ

Source of Joy

This name represents the supreme architect of the universe and the dawn of life. This attribute reminds us that our inner consciousness is the mother of all thoughts.

Focusing on this divine form purifies the mind and fills it with creative clarity.

039 ॐ आदित्याय नमः Om Adityaḥ Namaḥ

Son of Aditi

This name signifies the divine splendor, inner light, and supreme glory. It shows that the radiance of the soul is brighter than the sun, instantly dispelling spiritual darkness.

Contemplating this quality fills the seeker with vitality and spiritual glow.

040 ॐ पुष्कराक्षाय नमः Om Pushkarakshaḥ Namaḥ

Lotus-Eyed One

This name denotes the gentleness, peace, and sanctuary of the Lord's lotus feet. In contemplation, this attribute brings soothing relief and shelter to a restless mind.

Meditating on this quality brings fearlessness and deep experience of grace.

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041 ॐ महास्वनाय नमः Om Mahasvanaḥ Namaḥ

Mighty Sound

This name highlights the compassionate power that responds to the call of seekers and removes obstacles. It teaches that complete trust in the divine presence dispels all anxiety.

Remembering this name fills the heart with joy and gratitude.

042 ॐ अनादिनिधनाय नमः Om Anaadi-nidhanaḥ Namaḥ

Without Beginning or End

This name signifies the transformation of physical forms and the ultimate freedom of the soul. It teaches that dissolution is merely a transition, while the consciousness remains immortal.

Meditating on this name liberates the seeker from attachment.

043 ॐ धात्रे नमः Om Dhaataḥ Namaḥ

Supreme Supporter

This name highlights the divine creative power and the source of the universe. On the spiritual path, it teaches that every creation is an extension of the Divine.

Meditating on this name allows the seeker to align with cosmic harmony and appreciate the flow of life.

044 ॐ विधात्रे नमः Om Vidhaataḥ Namaḥ

Dispenser of Fruits of Action

This name represents the supreme architect of the universe and the dawn of life. This attribute reminds us that our inner consciousness is the mother of all thoughts.

Focusing on this divine form purifies the mind and fills it with creative clarity.

045 ॐ धातुरुत्तमाय नमः Om Dhatturuttamaḥ Namaḥ

Ultimate Substratum

This name signifies the primordial cause of creation and the origin of the cosmos. In meditation, it shows that all material forms manifest from that supreme being.

Contemplating this attribute cultivates creative energy and brings a fresh, divine perspective to life.

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046 ॐ अप्रमेयाय नमः Om Aprameyaḥ Namaḥ

Unmeasurable One

This name symbolizes the supreme auspiciousness, peace, and benevolent energy. In spiritual practice, this attribute ward off negativity and ushers in divine grace and joy.

Meditating on this name aligns one with the blessings of the cosmos.

047 ॐ हृषीकेशाय नमः Om Hrishikeshāḥ Namaḥ

Lord of Senses

This name represents the divine consciousness that holds and nourishes all beings. It teaches us that selfless service and compassion are the highest forms of worship.

Contemplating this name fills the heart with universal love and gratitude.

048 ॐ पद्मनाभाय नमः Om Padmanabhaḥ Namaḥ

Lotus-Navelled Lord

This name represents infinite compassion, divine love, and grace. It reminds us that the Divine is accessible through pure devotion and complete surrender.

Chanting this name awakens devotion in the heart and dissolves the ego.

049 ॐ अमरप्रभवे नमः Om Amaraprabhuḥ Namaḥ

Lord of Immortals

This name reveals the Supreme Lord as the protector who maintains the cosmic balance. Spiritually, it assures us that we are always safe under divine protection.

Meditating on this quality dispels inner fear and strengthens devotion.

050 ॐ विश्वकर्मे नमः Om Vishvakarmaḥ Namaḥ

Divine Architect

This name represents the supreme architect of the universe and the dawn of life. This attribute reminds us that our inner consciousness is the mother of all thoughts.

Focusing on this divine form purifies the mind and fills it with creative clarity.

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051 ॐ मनवे नमः Om Manuḥ Namaḥ

Great Thinker

This name symbolizes pure consciousness, the witness spirit, and the indwelling guide. In meditation, it shows that the awareness within us is the only truth, untouched by pleasure and pain.

Chanting this aligns the seeker with the silent inner witness.

052 ॐ त्वष्ट्रे नमः Om Tvashtaḥ Namaḥ

Cosmic Shaper

This name symbolizes the supreme auspiciousness, peace, and benevolent energy. In spiritual practice, this attribute ward off negativity and ushers in divine grace and joy.

Meditating on this name aligns one with the blessings of the cosmos.

053 ॐ स्थविष्ठाय नमः Om Sthavishtaḥ Namaḥ

Grossest Cosmic Form

This name highlights the compassionate power that responds to the call of seekers and removes obstacles. It teaches that complete trust in the divine presence dispels all anxiety.

Remembering this name fills the heart with joy and gratitude.

054 ॐ स्थविरो ध्रुवाय नमः Om Sthaviro Dhruvaḥ Namaḥ

Ancient and Stable One

This name represents the imperishable, eternal, and transcendent reality beyond the senses. It shows that truth is beyond the limits of space, time, and matter, having no beginning or end.

Contemplating this raises the seeker above impermanence.

055 ॐ अग्राहाय नमः Om Agrahyaḥ Namaḥ

Uncomprehended One

This name reveals the Supreme Lord as the protector who maintains the cosmic balance. Spiritually, it assures us that we are always safe under divine protection.

Meditating on this quality dispels inner fear and strengthens devotion.

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056 ॐ शाश्वताय नमः Om Shashvataḥ Namaḥ

Eternal One

This name represents the supreme architect of the universe and the dawn of life. This attribute reminds us that our inner consciousness is the mother of all thoughts.

Focusing on this divine form purifies the mind and fills it with creative clarity.

057 ॐ कृष्णाय नमः Om Krishnaḥ Namaḥ

Dark-Complexioned All-Attractive One

This name symbolizes pure consciousness, the witness spirit, and the indwelling guide. In meditation, it shows that the awareness within us is the only truth, untouched by pleasure and pain.

Chanting this aligns the seeker with the silent inner witness.

058 ॐ लोहिताक्षाय नमः Om Lohitakshaḥ Namaḥ

Red-Eyed Lord

This name denotes the gentleness, peace, and sanctuary of the Lord's lotus feet. In contemplation, this attribute brings soothing relief and shelter to a restless mind.

Meditating on this quality brings fearlessness and deep experience of grace.

059 ॐ प्रतर्दनाय नमः Om Pratardanaḥ Namaḥ

Destroyer of Cosmic Sins

This name represents the absolute peace and dissolution of the material world where all dualities cease. It teaches us that letting go of desires is the gateway to eternal tranquility.

Meditating on this quality brings silent, undisturbed awareness.

060 ॐ प्रभूताय नमः Om Prabhutaḥ Namaḥ

Great All-Inclusive Being

This name represents the imperishable, eternal, and transcendent reality beyond the senses. It shows that truth is beyond the limits of space, time, and matter, having no beginning or end.

Contemplating this raises the seeker above impermanence.

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061 ॐ त्रिककुब्धाम नमः Om Trikakub-dhaamaḥ Namaḥ

Abode of Three Dimensions

This name reveals the Supreme Lord as the protector who maintains the cosmic balance. Spiritually, it assures us that we are always safe under divine protection.

Meditating on this quality dispels inner fear and strengthens devotion.

062 ॐ पवित्राय नमः Om Pavitramḥ Namaḥ

Ultimate Purifier

This name represents the supreme architect of the universe and the dawn of life. This attribute reminds us that our inner consciousness is the mother of all thoughts.

Focusing on this divine form purifies the mind and fills it with creative clarity.

063 ॐ मंगलं पराय नमः Om Mangalam Paramḥ Namaḥ

Supreme Auspiciousness

This name signifies the divine splendor, inner light, and supreme glory. It shows that the radiance of the soul is brighter than the sun, instantly dispelling spiritual darkness.

Contemplating this quality fills the seeker with vitality and spiritual glow.

064 ॐ ईशानाय नमः Om Ishanaḥ Namaḥ

Supreme Controller

This name reveals the Supreme Lord as the protector who maintains the cosmic balance. Spiritually, it assures us that we are always safe under divine protection.

Meditating on this quality dispels inner fear and strengthens devotion.

065 ॐ प्राणदाय नमः Om Pranadaḥ Namaḥ

Giver of Life-Force

This name highlights the compassionate power that responds to the call of seekers and removes obstacles. It teaches that complete trust in the divine presence dispels all anxiety.

Remembering this name fills the heart with joy and gratitude.

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066 ॐ प्राणाय नमः Om Pranaḥ Namaḥ

Life-Breath

This name represents the imperishable, eternal, and transcendent reality beyond the senses. It shows that truth is beyond the limits of space, time, and matter, having no beginning or end.

Contemplating this raises the seeker above impermanence.

067 ॐ ज्येष्ठाय नमः Om Jyeshthaḥ Namaḥ

Eldest One

This name reveals the Supreme Lord as the protector who maintains the cosmic balance. Spiritually, it assures us that we are always safe under divine protection.

Meditating on this quality dispels inner fear and strengthens devotion.

068 ॐ श्रेष्ठाय नमः Om Shreshtaḥ Namaḥ

Most Excellent One

This name represents the supreme architect of the universe and the dawn of life. This attribute reminds us that our inner consciousness is the mother of all thoughts.

Focusing on this divine form purifies the mind and fills it with creative clarity.

069 ॐ प्रजापतये नमः Om Prajaapatiḥ Namaḥ

Lord of All Creatures

This name symbolizes the all-pervading sustenance and constant nourishment of the universe. In meditation, this attribute reminds us of the protective force that sustains our existence.

Chanting this name cultivates a deep sense of security, contentment, and peace.

070 ॐ हिरण्यगर्भाय नमः Om Hiranyagarbhaḥ Namaḥ

Golden Cosmic Womb

This name highlights the divine creative power and the source of the universe. On the spiritual path, it teaches that every creation is an extension of the Divine.

Meditating on this name allows the seeker to align with cosmic harmony and appreciate the flow of life.

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071 ॐ भूगर्भाय नमः Om Bhugarbhaḥ Namaḥ

He Who Contains the Earth

This name represents the supreme architect of the universe and the dawn of life. This attribute reminds us that our inner consciousness is the mother of all thoughts.

Focusing on this divine form purifies the mind and fills it with creative clarity.

072 ॐ माधवाय नमः Om Madhavaḥ Namaḥ

Lord of Lakshmi

This name represents the imperishable, eternal, and transcendent reality beyond the senses. It shows that truth is beyond the limits of space, time, and matter, having no beginning or end.

Contemplating this raises the seeker above impermanence.

073 ॐ मधुसूदनाय नमः Om Madhusudanaḥ Namaḥ

Slayer of the Demon Madhu

This name symbolizes the controller of time and the power to transcend material limits. Spiritually, it clears away old patterns, ego, and negativity.

Contemplating this quality guides the seeker toward detachment and profound inner purification.

074 ॐ ईश्वराय नमः Om Ishvaraḥ Namaḥ

Supreme Ruler

This name represents the divine consciousness that holds and nourishes all beings. It teaches us that selfless service and compassion are the highest forms of worship.

Contemplating this name fills the heart with universal love and gratitude.

075 ॐ विक्रमिणे नमः Om Vikramiḥ Namaḥ

Valiant One

This name symbolizes pure consciousness, the witness spirit, and the indwelling guide. In meditation, it shows that the awareness within us is the only truth, untouched by pleasure and pain.

Chanting this aligns the seeker with the silent inner witness.

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076 ॐ धन्विने नमः Om Dhanviṇ Namaḥ

Divine Archer

This name symbolizes the supreme auspiciousness, peace, and benevolent energy. In spiritual practice, this attribute ward off negativity and ushers in divine grace and joy.

Meditating on this name aligns one with the blessings of the cosmos.

077 ॐ मेधाविने नमः Om Medhaviṇ Namaḥ

Most Intelligent Lord

This name denotes the highest ideal of meditation, yoga, and inner focus. It teaches that stability of mind and looking inward are essential for spiritual discovery.

Meditating on this name calms mental chatter and fosters deep contemplation.

078 ॐ विक्रमाय नमः Om Vikramaḥ Namaḥ

Transcendent Strider

This name represents the imperishable, eternal, and transcendent reality beyond the senses. It shows that truth is beyond the limits of space, time, and matter, having no beginning or end.

Contemplating this raises the seeker above impermanence.

079 ॐ क्रमाय नमः Om Kramaḥ Namaḥ

Cosmic Step

This name reveals the Supreme Lord as the protector who maintains the cosmic balance. Spiritually, it assures us that we are always safe under divine protection.

Meditating on this quality dispels inner fear and strengthens devotion.

080 ॐ अनुत्तमाय नमः Om Anuttamaḥ Namaḥ

Unexcelled Lord

This name represents the supreme architect of the universe and the dawn of life. This attribute reminds us that our inner consciousness is the mother of all thoughts.

Focusing on this divine form purifies the mind and fills it with creative clarity.

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081 ॐ दुराधर्षाय नमः Om Duraadharshaḥ Namaḥ

Unconquerable One

This name symbolizes pure consciousness, the witness spirit, and the indwelling guide. In meditation, it shows that the awareness within us is the only truth, untouched by pleasure and pain.

Chanting this aligns the seeker with the silent inner witness.

082 ॐ कृतज्ञाय नमः Om Kritajnaḥ Namaḥ

Knower of Devotion

This name represents the illuminator of intellect and the source of ultimate wisdom. Spiritually, it dispels the darkness of ignorance and kindles the light of discernment.

Meditating on this quality reveals the true self and leads to self-realization.

083 ॐ कृतये नमः Om Kṛtiḥ Namaḥ

Source of Action

This name highlights the compassionate power that responds to the call of seekers and removes obstacles. It teaches that complete trust in the divine presence dispels all anxiety.

Remembering this name fills the heart with joy and gratitude.

084 ॐ आत्मवते नमः Om Atmavaanaḥ Namaḥ

Self-Possessed One

This name represents the imperishable, eternal, and transcendent reality beyond the senses. It shows that truth is beyond the limits of space, time, and matter, having no beginning or end.

Contemplating this raises the seeker above impermanence.

085 ॐ सुरेशाय नमः Om Sureshaḥ Namaḥ

Lord of Gods

This name reveals the Supreme Lord as the protector who maintains the cosmic balance. Spiritually, it assures us that we are always safe under divine protection.

Meditating on this quality dispels inner fear and strengthens devotion.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

086 ॐ शरणाय नमः Om Sharanamḥ Namaḥ

Ultimate Refuge

This name represents the supreme architect of the universe and the dawn of life. This attribute reminds us that our inner consciousness is the mother of all thoughts.

Focusing on this divine form purifies the mind and fills it with creative clarity.

087 ॐ शर्म नमः Om Sharmaḥ Namaḥ

Highest Bliss

This name symbolizes pure consciousness, the witness spirit, and the indwelling guide. In meditation, it shows that the awareness within us is the only truth, untouched by pleasure and pain.

Chanting this aligns the seeker with the silent inner witness.

088 ॐ विश्वरेत्रे नमः Om Vishvaretaḥ Namaḥ

Seed of the Universe

This name symbolizes the supreme auspiciousness, peace, and benevolent energy. In spiritual practice, this attribute ward off negativity and ushers in divine grace and joy.

Meditating on this name aligns one with the blessings of the cosmos.

089 ॐ प्रजाभवाय नमः Om Prajabhavaḥ Namaḥ

Source of All Creation

This name represents the supreme architect of the universe and the dawn of life. This attribute reminds us that our inner consciousness is the mother of all thoughts.

Focusing on this divine form purifies the mind and fills it with creative clarity.

090 ॐ अहाय नमः Om Ahaḥ Namaḥ

Luminous Day

This name represents the imperishable, eternal, and transcendent reality beyond the senses. It shows that truth is beyond the limits of space, time, and matter, having no beginning or end.

Contemplating this raises the seeker above impermanence.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

091 ॐ संवत्सराय नमः Om Samvatsaraḥ Namaḥ

Cosmic Year

This name symbolizes the controller of time and the power to transcend material limits. Spiritually, it clears away old patterns, ego, and negativity.

Contemplating this quality guides the seeker toward detachment and profound inner purification.

092 ॐ व्यालाय नमः Om Vyalaḥ Namaḥ

Uncatchable Serpent

This name represents the supreme architect of the universe and the dawn of life. This attribute reminds us that our inner consciousness is the mother of all thoughts.

Focusing on this divine form purifies the mind and fills it with creative clarity.

093 ॐ प्रत्ययाय नमः Om Pratyayaḥ Namaḥ

Pure Consciousness

This name symbolizes pure consciousness, the witness spirit, and the indwelling guide. In meditation, it shows that the awareness within us is the only truth, untouched by pleasure and pain.

Chanting this aligns the seeker with the silent inner witness.

094 ॐ सर्वदर्शनाय नमः Om Sarva-darshanaḥ Namaḥ

All-Seeing One

This name symbolizes the supreme auspiciousness, peace, and benevolent energy. In spiritual practice, this attribute ward off negativity and ushers in divine grace and joy.

Meditating on this name aligns one with the blessings of the cosmos.

095 ॐ अजाय नमः Om Ajāḥ Namaḥ

Unborn Lord

This name represents the supreme architect of the universe and the dawn of life. This attribute reminds us that our inner consciousness is the mother of all thoughts.

Focusing on this divine form purifies the mind and fills it with creative clarity.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

096 ॐ सर्वेश्वराय नमः Om Sarveshvaraḥ Namaḥ

Lord of All

This name symbolizes the all-pervading sustenance and constant nourishment of the universe. In meditation, this attribute reminds us of the protective force that sustains our existence.

Chanting this name cultivates a deep sense of security, contentment, and peace.

097 ॐ सिद्धाय नमः Om Siddhaḥ Namaḥ

Perfect One

This name reveals the Supreme Lord as the protector who maintains the cosmic balance. Spiritually, it assures us that we are always safe under divine protection.

Meditating on this quality dispels inner fear and strengthens devotion.

098 ॐ सिद्धये नमः Om Siddhiḥ Namaḥ

Supreme Accomplishment

This name represents the supreme architect of the universe and the dawn of life. This attribute reminds us that our inner consciousness is the mother of all thoughts.

Focusing on this divine form purifies the mind and fills it with creative clarity.

099 ॐ सर्वादिरच्युताय नमः Om Sarvadir-achyutaḥ Namaḥ

Origin of All

This name symbolizes pure consciousness, the witness spirit, and the indwelling guide. In meditation, it shows that the awareness within us is the only truth, untouched by pleasure and pain.

Chanting this aligns the seeker with the silent inner witness.

100 ॐ वृषाकपये नमः Om Vrishakapiḥ Namaḥ

Infallible One

This name symbolizes the supreme auspiciousness, peace, and benevolent energy. In spiritual practice, this attribute ward off negativity and ushers in divine grace and joy.

Meditating on this name aligns one with the blessings of the cosmos.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

101 ॐ अमेयात्मने नमः Om Ameyatmaḥ Namaḥ

Dharma Shield

This name denotes the highest ideal of meditation, yoga, and inner focus. It teaches that stability of mind and looking inward are essential for spiritual discovery.

Meditating on this name calms mental chatter and fosters deep contemplation.

102 ॐ सर्वयोगविनिःसृताय नमः Om Sarva-yoga-vinissritaḥ Namaḥ

Boundless Soul

This name symbolizes pure consciousness, the witness spirit, and the indwelling guide. In meditation, it shows that the awareness within us is the only truth, untouched by pleasure and pain.

Chanting this aligns the seeker with the silent inner witness.

103 ॐ वसवे नमः Om Vasuḥ Namaḥ

He Beyond All Attachments

This name reveals the Supreme Lord as the protector who maintains the cosmic balance. Spiritually, it assures us that we are always safe under divine protection.

Meditating on this quality dispels inner fear and strengthens devotion.

104 ॐ वसुमनने नमः Om Vasumanaḥ Namaḥ

Indwelling Soul

This name denotes the highest ideal of meditation, yoga, and inner focus. It teaches that stability of mind and looking inward are essential for spiritual discovery.

Meditating on this name calms mental chatter and fosters deep contemplation.

105 ॐ सत्याय नमः Om Satyaḥ Namaḥ

Pure-Minded One

This name symbolizes pure consciousness, the witness spirit, and the indwelling guide. In meditation, it shows that the awareness within us is the only truth, untouched by pleasure and pain.

Chanting this aligns the seeker with the silent inner witness.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

106 **ॐ समात्मने नमः** Om Samatmaḥ Namaḥ

Absolute Truth

This name represents the illuminator of intellect and the source of ultimate wisdom. Spiritually, it dispels the darkness of ignorance and kindles the light of discernment.

Meditating on this quality reveals the true self and leads to self-realization.

107 **ॐ सम्मिताय नमः** Om Sammitaḥ Namaḥ

Equal Soul

This name highlights the compassionate power that responds to the call of seekers and removes obstacles. It teaches that complete trust in the divine presence dispels all anxiety.

Remembering this name fills the heart with joy and gratitude.

108 **ॐ समाय नमः** Om Samaḥ Namaḥ

All-Accepted Principle

This name represents the imperishable, eternal, and transcendent reality beyond the senses. It shows that truth is beyond the limits of space, time, and matter, having no beginning or end.

Contemplating this raises the seeker above impermanence.

109 **ॐ अमोघाय नमः** Om Amoghaḥ Namaḥ

Unchanging One

This name reveals the Supreme Lord as the protector who maintains the cosmic balance. Spiritually, it assures us that we are always safe under divine protection.

Meditating on this quality dispels inner fear and strengthens devotion.

110 **ॐ पुण्डरीकाक्षाय नमः** Om Pundarikaakshaḥ Namaḥ

Unfailing One

This name highlights the compassionate power that responds to the call of seekers and removes obstacles. It teaches that complete trust in the divine presence dispels all anxiety.

Remembering this name fills the heart with joy and gratitude.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

111 ॐ वृषकर्मने नमः Om Vrishakarmaah Namaḥ

Lotus-Eyed Lord

This name symbolizes pure consciousness, the witness spirit, and the indwelling guide. In meditation, it shows that the awareness within us is the only truth, untouched by pleasure and pain.

Chanting this aligns the seeker with the silent inner witness.

112 ॐ वृषाकृतये नमः Om Vrishakritiḥ Namaḥ

He of Righteous Actions

This name symbolizes the supreme auspiciousness, peace, and benevolent energy. In spiritual practice, this attribute ward off negativity and ushers in divine grace and joy.

Meditating on this name aligns one with the blessings of the cosmos.

113 ॐ रुद्राय नमः Om Rudraḥ Namaḥ

Form of Dharma

This name highlights the compassionate power that responds to the call of seekers and removes obstacles. It teaches that complete trust in the divine presence dispels all anxiety.

Remembering this name fills the heart with joy and gratitude.

114 ॐ बहुशिरने नमः Om Bahu-shiraḥ Namaḥ

Dispeller of Sorrow

This name represents the imperishable, eternal, and transcendent reality beyond the senses. It shows that truth is beyond the limits of space, time, and matter, having no beginning or end.

Contemplating this raises the seeker above impermanence.

115 ॐ बभ्रवे नमः Om Babhruḥ Namaḥ

Many-Headed One

This name reveals the Supreme Lord as the protector who maintains the cosmic balance. Spiritually, it assures us that we are always safe under divine protection.

Meditating on this quality dispels inner fear and strengthens devotion.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

116 ॐ विश्वयोनये नमः Om Vishvayoniḥ Namaḥ

Cosmic Sustainer

This name represents the supreme architect of the universe and the dawn of life. This attribute reminds us that our inner consciousness is the mother of all thoughts.

Focusing on this divine form purifies the mind and fills it with creative clarity.

117 ॐ शुचिश्रवणे नमः Om Shuchi-shravaḥ Namaḥ

Source of the Universe

This name symbolizes pure consciousness, the witness spirit, and the indwelling guide. In meditation, it shows that the awareness within us is the only truth, untouched by pleasure and pain.

Chanting this aligns the seeker with the silent inner witness.

118 ॐ अमृताय नमः Om Amritaḥ Namaḥ

He Who Hears Pure Prayers

This name symbolizes the supreme auspiciousness, peace, and benevolent energy. In spiritual practice, this attribute ward off negativity and ushers in divine grace and joy.

Meditating on this name aligns one with the blessings of the cosmos.

119 ॐ शाश्वतस्थानवे नमः Om Shasvata-sthanuḥ Namaḥ

Deathless Nectar

This name highlights the compassionate power that responds to the call of seekers and removes obstacles. It teaches that complete trust in the divine presence dispels all anxiety.

Remembering this name fills the heart with joy and gratitude.

120 ॐ वरारोहाय नमः Om Vararohaḥ Namaḥ

Eternal Unmoving One

This name represents the imperishable, eternal, and transcendent reality beyond the senses. It shows that truth is beyond the limits of space, time, and matter, having no beginning or end.

Contemplating this raises the seeker above impermanence.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

121 ॐ महातपने नमः Om Mahatapaḥ Namaḥ

Most Glorious Seat

This name reveals the Supreme Lord as the protector who maintains the cosmic balance. Spiritually, it assures us that we are always safe under divine protection.

Meditating on this quality dispels inner fear and strengthens devotion.

122 ॐ सर्वगाय नमः Om Sarvagaḥ Namaḥ

Lord of Great Tapas

This name represents the divine consciousness that holds and nourishes all beings. It teaches us that selfless service and compassion are the highest forms of worship.

Contemplating this name fills the heart with universal love and gratitude.

123 ॐ सर्वविद्भानवे नमः Om Sarvavid-bhaanuḥ Namaḥ

Omnipresent One

This name signifies the divine splendor, inner light, and supreme glory. It shows that the radiance of the soul is brighter than the sun, instantly dispelling spiritual darkness.

Contemplating this quality fills the seeker with vitality and spiritual glow.

124 ॐ विश्वक्सेनाय नमः Om Vishvakshenaḥ Namaḥ

All-Knowing Luminary

This name symbolizes the supreme auspiciousness, peace, and benevolent energy. In spiritual practice, this attribute ward off negativity and ushers in divine grace and joy.

Meditating on this name aligns one with the blessings of the cosmos.

125 ॐ जनार्दनाय नमः Om Janardanaḥ Namaḥ

He before Whom All Armies Retreat

This name represents the absolute peace and dissolution of the material world where all dualities cease. It teaches us that letting go of desires is the gateway to eternal tranquility.

Meditating on this quality brings silent, undisturbed awareness.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

126 ॐ वेदाय नमः Om Vedaḥ Namaḥ

Slayer of the Wicked

This name represents the imperishable, eternal, and transcendent reality beyond the senses. It shows that truth is beyond the limits of space, time, and matter, having no beginning or end.

Contemplating this raises the seeker above impermanence.

127 ॐ वेदविद् नमः Om Vedavidḥ Namaḥ

Sacred Knowledge

This name represents the illuminator of intellect and the source of ultimate wisdom. Spiritually, it dispels the darkness of ignorance and kindles the light of discernment.

Meditating on this quality reveals the true self and leads to self-realization.

128 ॐ अव्यंगाय नमः Om Avyangaḥ Namaḥ

Knower of Vedas

This name represents the supreme architect of the universe and the dawn of life. This attribute reminds us that our inner consciousness is the mother of all thoughts.

Focusing on this divine form purifies the mind and fills it with creative clarity.

129 ॐ वेदांगाय नमः Om Vedangaḥ Namaḥ

Flawless One

This name symbolizes pure consciousness, the witness spirit, and the indwelling guide. In meditation, it shows that the awareness within us is the only truth, untouched by pleasure and pain.

Chanting this aligns the seeker with the silent inner witness.

130 ॐ वेदविते नमः Om Vedavithḥ Namaḥ

Soul of Vedas

This name represents the illuminator of intellect and the source of ultimate wisdom. Spiritually, it dispels the darkness of ignorance and kindles the light of discernment.

Meditating on this quality reveals the true self and leads to self-realization.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

131 ॐ कवये नमः Om Kaviḥ Namaḥ

Knower of Vedas

This name highlights the compassionate power that responds to the call of seekers and removes obstacles. It teaches that complete trust in the divine presence dispels all anxiety.

Remembering this name fills the heart with joy and gratitude.

132 ॐ लोकाध्यक्षाय नमः Om Lokadhyakshaḥ Namaḥ

Omniscient Seer

This name represents the imperishable, eternal, and transcendent reality beyond the senses. It shows that truth is beyond the limits of space, time, and matter, having no beginning or end.

Contemplating this raises the seeker above impermanence.

133 ॐ सुराध्यक्षाय नमः Om Suradhyakshaḥ Namaḥ

Ruler of the Worlds

This name reveals the Supreme Lord as the protector who maintains the cosmic balance. Spiritually, it assures us that we are always safe under divine protection.

Meditating on this quality dispels inner fear and strengthens devotion.

134 ॐ धर्माध्यक्षाय नमः Om Dharmadhyakshaḥ Namaḥ

Controller of Celestial Gods

This name represents the divine consciousness that holds and nourishes all beings. It teaches us that selfless service and compassion are the highest forms of worship.

Contemplating this name fills the heart with universal love and gratitude.

135 ॐ कृताकृताय नमः Om Kṛita-akṛitaḥ Namaḥ

Overseer of Dharma

This name symbolizes pure consciousness, the witness spirit, and the indwelling guide. In meditation, it shows that the awareness within us is the only truth, untouched by pleasure and pain.

Chanting this aligns the seeker with the silent inner witness.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

136 ॐ चतुरात्मने नमः Om Chaturatmaḥ Namaḥ

Cause and Effect Combined

This name symbolizes the supreme auspiciousness, peace, and benevolent energy. In spiritual practice, this attribute ward off negativity and ushers in divine grace and joy.

Meditating on this name aligns one with the blessings of the cosmos.

137 ॐ चतुर्व्यूहाय नमः Om Chatur-vyuhāḥ Namaḥ

Fourfold Soul

This name represents the supreme architect of the universe and the dawn of life. This attribute reminds us that our inner consciousness is the mother of all thoughts.

Focusing on this divine form purifies the mind and fills it with creative clarity.

138 ॐ चतुर्दंष्ट्राय नमः Om Chatur-damshtraḥ Namaḥ

Lord of Four Manifestations

This name represents the imperishable, eternal, and transcendent reality beyond the senses. It shows that truth is beyond the limits of space, time, and matter, having no beginning or end.

Contemplating this raises the seeker above impermanence.

139 ॐ चतुर्भुजाय नमः Om Chatur-bujāḥ Namaḥ

Lord of Four Divine Tusks

This name reveals the Supreme Lord as the protector who maintains the cosmic balance. Spiritually, it assures us that we are always safe under divine protection.

Meditating on this quality dispels inner fear and strengthens devotion.

140 ॐ भ्राजिष्णवे नमः Om Bhrajishnuḥ Namaḥ

Four-Armed Lord

This name reveals the infinite majesty, beauty, and dignity of the Supreme Lord. It inspires the seeker to see the divine presence in the beauty of the universe.

Meditating on this form elevates the mind to states of reverence and awe.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

141 ॐ भोजनाय नमः Om Bhojanamḥ Namaḥ

Radiant Radiant One

This name symbolizes pure consciousness, the witness spirit, and the indwelling guide. In meditation, it shows that the awareness within us is the only truth, untouched by pleasure and pain.

Chanting this aligns the seeker with the silent inner witness.

142 ॐ भोक्त्रे नमः Om Bhoktaḥ Namaḥ

Ultimate Nourishment

This name symbolizes the supreme auspiciousness, peace, and benevolent energy. In spiritual practice, this attribute ward off negativity and ushers in divine grace and joy.

Meditating on this name aligns one with the blessings of the cosmos.

143 ॐ सहिष्णवे नमः Om Sahishnuḥ Namaḥ

Supreme Enjoyer

This name represents the absolute peace and dissolution of the material world where all dualities cease. It teaches us that letting go of desires is the gateway to eternal tranquility.

Meditating on this quality brings silent, undisturbed awareness.

144 ॐ जगदादिजाय नमः Om Jagadadijaḥ Namaḥ

Patient Forgiver

This name signifies the primordial cause of creation and the origin of the cosmos. In meditation, it shows that all material forms manifest from that supreme being.

Contemplating this attribute cultivates creative energy and brings a fresh, divine perspective to life.

145 ॐ अनघाय नमः Om Anaghaḥ Namaḥ

First-Born of the Universe

This name reveals the Supreme Lord as the protector who maintains the cosmic balance. Spiritually, it assures us that we are always safe under divine protection.

Meditating on this quality dispels inner fear and strengthens devotion.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

146 **ॐ विजयाय नमः** Om Vijayaḥ Namaḥ

Sinless Lord

This name represents the supreme architect of the universe and the dawn of life. This attribute reminds us that our inner consciousness is the mother of all thoughts.

Focusing on this divine form purifies the mind and fills it with creative clarity.

147 **ॐ जेत्रे नमः** Om Jetaḥ Namaḥ

Ultimate Victory

This name symbolizes pure consciousness, the witness spirit, and the indwelling guide. In meditation, it shows that the awareness within us is the only truth, untouched by pleasure and pain.

Chanting this aligns the seeker with the silent inner witness.

148 **ॐ विश्वयोनये नमः** Om Vishvayoniḥ Namaḥ

Absolute Conqueror

This name highlights the divine creative power and the source of the universe. On the spiritual path, it teaches that every creation is an extension of the Divine.

Meditating on this name allows the seeker to align with cosmic harmony and appreciate the flow of life.

149 **ॐ पुनर्वसवे नमः** Om Punarvasuḥ Namaḥ

Source of the Universe

This name highlights the compassionate power that responds to the call of seekers and removes obstacles. It teaches that complete trust in the divine presence dispels all anxiety.

Remembering this name fills the heart with joy and gratitude.

150 **ॐ उपेन्द्राय नमः** Om Upendraḥ Namaḥ

Restorer of Abodes

This name signifies the transformation of physical forms and the ultimate freedom of the soul. It teaches that dissolution is merely a transition, while the consciousness remains immortal.

Meditating on this name liberates the seeker from attachment.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

151 ॐ वामनाय नमः Om Vamaṇaḥ Namaḥ

Brother of Indra

This name reveals the Supreme Lord as the protector who maintains the cosmic balance. Spiritually, it assures us that we are always safe under divine protection.

Meditating on this quality dispels inner fear and strengthens devotion.

152 ॐ प्रांशवे नमः Om Praamshuḥ Namaḥ

Divine Dwarf Incarnation

This name represents the supreme architect of the universe and the dawn of life. This attribute reminds us that our inner consciousness is the mother of all thoughts.

Focusing on this divine form purifies the mind and fills it with creative clarity.

153 ॐ अमोघाय नमः Om Amoghaḥ Namaḥ

Giant Form

This name symbolizes pure consciousness, the witness spirit, and the indwelling guide. In meditation, it shows that the awareness within us is the only truth, untouched by pleasure and pain.

Chanting this aligns the seeker with the silent inner witness.

154 ॐ शुचये नमः Om Shuchiḥ Namaḥ

Unfailing One

This name symbolizes the supreme auspiciousness, peace, and benevolent energy. In spiritual practice, this attribute ward off negativity and ushers in divine grace and joy.

Meditating on this name aligns one with the blessings of the cosmos.

155 ॐ ऊर्जितशासनाय नमः Om Urjita-shasanaḥ Namaḥ

Pure One

This name highlights the compassionate power that responds to the call of seekers and removes obstacles. It teaches that complete trust in the divine presence dispels all anxiety.

Remembering this name fills the heart with joy and gratitude.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

156 ॐ अतीन्द्राय नमः Om Atiindrah Namaḥ

Infinitely Powerful One

This name represents the imperishable, eternal, and transcendent reality beyond the senses. It shows that truth is beyond the limits of space, time, and matter, having no beginning or end.

Contemplating this raises the seeker above impermanence.

157 ॐ संग्रहाय नमः Om Sangrahaḥ Namaḥ

He Who Transcends Indra

This name reveals the Supreme Lord as the protector who maintains the cosmic balance. Spiritually, it assures us that we are always safe under divine protection.

Meditating on this quality dispels inner fear and strengthens devotion.

158 ॐ सर्गाय नमः Om Sargaḥ Namaḥ

Core Gatherer

This name represents the supreme architect of the universe and the dawn of life. This attribute reminds us that our inner consciousness is the mother of all thoughts.

Focusing on this divine form purifies the mind and fills it with creative clarity.

159 ॐ धृतात्मने नमः Om Dhritatmaḥ Namaḥ

Flow of Creation

This name symbolizes pure consciousness, the witness spirit, and the indwelling guide. In meditation, it shows that the awareness within us is the only truth, untouched by pleasure and pain.

Chanting this aligns the seeker with the silent inner witness.

160 ॐ नियमाय नमः Om Niyamaḥ Namaḥ

Self-Sustained Soul

This name symbolizes the supreme auspiciousness, peace, and benevolent energy. In spiritual practice, this attribute ward off negativity and ushers in divine grace and joy.

Meditating on this name aligns one with the blessings of the cosmos.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

161 ॐ यमाय नमः Om Yamaḥ Namaḥ

Restraining Principle

This name highlights the compassionate power that responds to the call of seekers and removes obstacles. It teaches that complete trust in the divine presence dispels all anxiety.

Remembering this name fills the heart with joy and gratitude.

162 ॐ वेद्याय नमः Om Vedyah Namaḥ

Ordainer of Universal Law

This name represents the imperishable, eternal, and transcendent reality beyond the senses. It shows that truth is beyond the limits of space, time, and matter, having no beginning or end.

Contemplating this raises the seeker above impermanence.

163 ॐ वैद्याय नमः Om Vaidyah Namaḥ

One to be Known

This name reveals the Supreme Lord as the protector who maintains the cosmic balance. Spiritually, it assures us that we are always safe under divine protection.

Meditating on this quality dispels inner fear and strengthens devotion.

164 ॐ सदायोगिने नमः Om Sadayogih Namaḥ

Supreme Physician

This name denotes the highest ideal of meditation, yoga, and inner focus. It teaches that stability of mind and looking inward are essential for spiritual discovery.

Meditating on this name calms mental chatter and fosters deep contemplation.

165 ॐ वीरहने नमः Om Virahaḥ Namaḥ

Perpetual Yogi

This name signifies the transformation of physical forms and the ultimate freedom of the soul. It teaches that dissolution is merely a transition, while the consciousness remains immortal.

Meditating on this name liberates the seeker from attachment.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

166 ॐ माधवाय नमः Om Madhavaḥ Namaḥ

Slayer of Powerful Demons

This name reveals the Supreme Lord as the protector who maintains the cosmic balance. Spiritually, it assures us that we are always safe under divine protection.

Meditating on this quality dispels inner fear and strengthens devotion.

167 ॐ मधवे नमः Om Madhuḥ Namaḥ

Lord of Lakshmi

This name highlights the compassionate power that responds to the call of seekers and removes obstacles. It teaches that complete trust in the divine presence dispels all anxiety.

Remembering this name fills the heart with joy and gratitude.

168 ॐ अतीन्द्रियाय नमः Om Atiindriyaḥ Namaḥ

Sweet Essence

This name represents the imperishable, eternal, and transcendent reality beyond the senses. It shows that truth is beyond the limits of space, time, and matter, having no beginning or end.

Contemplating this raises the seeker above impermanence.

169 ॐ महामयाय नमः Om Maha-mayaḥ Namaḥ

Beyond All Sensory Perception

This name reveals the Supreme Lord as the protector who maintains the cosmic balance. Spiritually, it assures us that we are always safe under divine protection.

Meditating on this quality dispels inner fear and strengthens devotion.

170 ॐ महोत्साहाय नमः Om Mahotsahaḥ Namaḥ

Master of Illusion

This name represents the supreme architect of the universe and the dawn of life. This attribute reminds us that our inner consciousness is the mother of all thoughts.

Focusing on this divine form purifies the mind and fills it with creative clarity.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

171 ॐ महाबलाय नमः Om Mahabalaḥ Namaḥ

Energetic Dynamic Force

This name symbolizes pure consciousness, the witness spirit, and the indwelling guide. In meditation, it shows that the awareness within us is the only truth, untouched by pleasure and pain.

Chanting this aligns the seeker with the silent inner witness.

172 ॐ महाबुद्धये नमः Om Mahabuddhiḥ Namaḥ

Lord of Supreme Strength

This name represents the illuminator of intellect and the source of ultimate wisdom. Spiritually, it dispels the darkness of ignorance and kindles the light of discernment.

Meditating on this quality reveals the true self and leads to self-realization.

173 ॐ महावीर्याय नमः Om Maha-viryāḥ Namaḥ

Omniscient Intellect

This name highlights the compassionate power that responds to the call of seekers and removes obstacles. It teaches that complete trust in the divine presence dispels all anxiety.

Remembering this name fills the heart with joy and gratitude.

174 ॐ महाशक्तये नमः Om Maha-shaktiḥ Namaḥ

Essence of Supreme Potency

This name represents the imperishable, eternal, and transcendent reality beyond the senses. It shows that truth is beyond the limits of space, time, and matter, having no beginning or end.

Contemplating this raises the seeker above impermanence.

175 ॐ महाद्युतये नमः Om Maha-dyutiḥ Namaḥ

Bearer of Supreme Energy

This name symbolizes the supreme auspiciousness, peace, and benevolent energy. In spiritual practice, this attribute ward off negativity and ushers in divine grace and joy.

Meditating on this name aligns one with the blessings of the cosmos.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

176 ॐ अनिर्देश्यवपु नमः Om Anirdeshya-vapuḥ Namaḥ

Supremely Effulgent One

This name represents the supreme architect of the universe and the dawn of life. This attribute reminds us that our inner consciousness is the mother of all thoughts.

Focusing on this divine form purifies the mind and fills it with creative clarity.

177 ॐ श्रीमते नमः Om Shrimaanaḥ Namaḥ

He of Indescribable Form

This name signifies the divine splendor, inner light, and supreme glory. It shows that the radiance of the soul is brighter than the sun, instantly dispelling spiritual darkness.

Contemplating this quality fills the seeker with vitality and spiritual glow.

178 ॐ अमेयात्मने नमः Om Ameyatmaḥ Namaḥ

Lord of Lakshmi

This name represents the illuminator of intellect and the source of ultimate wisdom. Spiritually, it dispels the darkness of ignorance and kindles the light of discernment.

Meditating on this quality reveals the true self and leads to self-realization.

179 ॐ महाद्रिधृक् नमः Om Maha-drdhrikḥ Namaḥ

Boundless Soul

This name highlights the compassionate power that responds to the call of seekers and removes obstacles. It teaches that complete trust in the divine presence dispels all anxiety.

Remembering this name fills the heart with joy and gratitude.

180 ॐ महेश्वासाय नमः Om Maheshvaasaḥ Namaḥ

Uplifter of Great Mountains

This name represents the imperishable, eternal, and transcendent reality beyond the senses. It shows that truth is beyond the limits of space, time, and matter, having no beginning or end.

Contemplating this raises the seeker above impermanence.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

181 ॐ महीभर्त्रे नमः Om Maheebhartāḥ Namaḥ

Wielder of the Supreme Bow

This name reveals the Supreme Lord as the protector who maintains the cosmic balance. Spiritually, it assures us that we are always safe under divine protection.

Meditating on this quality dispels inner fear and strengthens devotion.

182 ॐ श्रीनिवासाय नमः Om Shrinivasāḥ Namaḥ

Lord and Protector of Earth

This name reveals the infinite majesty, beauty, and dignity of the Supreme Lord. It inspires the seeker to see the divine presence in the beauty of the universe.

Meditating on this form elevates the mind to states of reverence and awe.

183 ॐ सतां गतये नमः Om Satam-gatiḥ Namaḥ

Abode of Goddess Lakshmi

This name symbolizes pure consciousness, the witness spirit, and the indwelling guide. In meditation, it shows that the awareness within us is the only truth, untouched by pleasure and pain.

Chanting this aligns the seeker with the silent inner witness.

184 ॐ अनिरुद्धाय नमः Om Aniruddhaḥ Namaḥ

Ultimate Goal of the Righteous

This name symbolizes the supreme auspiciousness, peace, and benevolent energy. In spiritual practice, this attribute ward off negativity and ushers in divine grace and joy.

Meditating on this name aligns one with the blessings of the cosmos.

185 ॐ सुरानन्दाय नमः Om Suranandaḥ Namaḥ

Unobstructed One

This name highlights the compassionate power that responds to the call of seekers and removes obstacles. It teaches that complete trust in the divine presence dispels all anxiety.

Remembering this name fills the heart with joy and gratitude.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

186 ॐ गोविन्दाय नमः Om Govindaḥ Namaḥ

Delight of All Celestials

This name represents infinite compassion, divine love, and grace. It reminds us that the Divine is accessible through pure devotion and complete surrender.

Chanting this name awakens devotion in the heart and dissolves the ego.

187 ॐ गोविदां पतये नमः Om Govidam-patiḥ Namaḥ

Protector of Cattle and Vedas

This name represents the illuminator of intellect and the source of ultimate wisdom. Spiritually, it dispels the darkness of ignorance and kindles the light of discernment.

Meditating on this quality reveals the true self and leads to self-realization.

188 ॐ मरीचये नमः Om Mareechiḥ Namaḥ

Chief of All Masters of Knowledge

This name represents the supreme architect of the universe and the dawn of life. This attribute reminds us that our inner consciousness is the mother of all thoughts.

Focusing on this divine form purifies the mind and fills it with creative clarity.

189 ॐ दमनाय नमः Om Damaṇaḥ Namaḥ

Divine Beam of Light

This name symbolizes pure consciousness, the witness spirit, and the indwelling guide. In meditation, it shows that the awareness within us is the only truth, untouched by pleasure and pain.

Chanting this aligns the seeker with the silent inner witness.

190 ॐ हंसाय नमः Om Hamsaḥ Namaḥ

Subduer of Rebels

This name represents the illuminator of intellect and the source of ultimate wisdom. Spiritually, it dispels the darkness of ignorance and kindles the light of discernment.

Meditating on this quality reveals the true self and leads to self-realization.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

191 ॐ सुपर्णाय नमः Om Suparnaḥ Namaḥ

Spiritual Swan

This name highlights the compassionate power that responds to the call of seekers and removes obstacles. It teaches that complete trust in the divine presence dispels all anxiety.

Remembering this name fills the heart with joy and gratitude.

192 ॐ भुजगोत्तमाय नमः Om Bhujagottamaḥ Namaḥ

Golden-Winged Vehicle

This name represents the imperishable, eternal, and transcendent reality beyond the senses. It shows that truth is beyond the limits of space, time, and matter, having no beginning or end.

Contemplating this raises the seeker above impermanence.

193 ॐ हिरण्यनाभाय नमः Om Hiranyanaabhaḥ Namaḥ

Best of Serpent Gods

This name symbolizes the supreme auspiciousness, peace, and benevolent energy. In spiritual practice, this attribute ward off negativity and ushers in divine grace and joy.

Meditating on this name aligns one with the blessings of the cosmos.

194 ॐ सुतपने नमः Om Sutapaḥ Namaḥ

Golden-Navelled Lord

This name represents the supreme architect of the universe and the dawn of life. This attribute reminds us that our inner consciousness is the mother of all thoughts.

Focusing on this divine form purifies the mind and fills it with creative clarity.

195 ॐ पद्मनाभाय नमः Om Padmanabhaḥ Namaḥ

True Performer of Austerities

This name represents infinite compassion, divine love, and grace. It reminds us that the Divine is accessible through pure devotion and complete surrender.

Chanting this name awakens devotion in the heart and dissolves the ego.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

196 ॐ प्रजापतये नमः Om Prajaapatiḥ Namaḥ

Lotus-Navelled Lord

This name reveals the Supreme Lord as the protector who maintains the cosmic balance. Spiritually, it assures us that we are always safe under divine protection.

Meditating on this quality dispels inner fear and strengthens devotion.

197 ॐ अमृत्यवे नमः Om Amrityuḥ Namaḥ

Lord of All Creatures

This name represents the absolute peace and dissolution of the material world where all dualities cease. It teaches us that letting go of desires is the gateway to eternal tranquility.

Meditating on this quality brings silent, undisturbed awareness.

198 ॐ सर्वदृक् नमः Om Sarva-drikḥ Namaḥ

Immortal Essence

This name represents the imperishable, eternal, and transcendent reality beyond the senses. It shows that truth is beyond the limits of space, time, and matter, having no beginning or end.

Contemplating this raises the seeker above impermanence.

199 ॐ सिंहाय नमः Om Simhaḥ Namaḥ

Eye of the Whole Cosmos

This name reveals the Supreme Lord as the protector who maintains the cosmic balance. Spiritually, it assures us that we are always safe under divine protection.

Meditating on this quality dispels inner fear and strengthens devotion.

200 ॐ सन्धात्रे नमः Om Sandhaataḥ Namaḥ

Mighty Divine Lion

This name represents the supreme architect of the universe and the dawn of life. This attribute reminds us that our inner consciousness is the mother of all thoughts.

Focusing on this divine form purifies the mind and fills it with creative clarity.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

201 ॐ सन्धिमते नमः Om Sandhimaanah Namaḥ

Great Joiner

This name symbolizes pure consciousness, the witness spirit, and the indwelling guide. In meditation, it shows that the awareness within us is the only truth, untouched by pleasure and pain.

Chanting this aligns the seeker with the silent inner witness.

202 ॐ स्थिराय नमः Om Sthirah Namaḥ

He Who Exists Consistently with Devotees

This name symbolizes the supreme auspiciousness, peace, and benevolent energy. In spiritual practice, this attribute ward off negativity and ushers in divine grace and joy.

Meditating on this name aligns one with the blessings of the cosmos.

203 ॐ अजाय नमः Om Ajah Namaḥ

Firm and Stable One

This name represents the supreme architect of the universe and the dawn of life. This attribute reminds us that our inner consciousness is the mother of all thoughts.

Focusing on this divine form purifies the mind and fills it with creative clarity.

204 ॐ दुर्मर्षणाय नमः Om Durmarshanaḥ Namaḥ

Unborn Lord

This name signifies the transformation of physical forms and the ultimate freedom of the soul. It teaches that dissolution is merely a transition, while the consciousness remains immortal.

Meditating on this name liberates the seeker from attachment.

205 ॐ शास्त्रे नमः Om Shaastah Namaḥ

Unassailable Power

This name reveals the Supreme Lord as the protector who maintains the cosmic balance. Spiritually, it assures us that we are always safe under divine protection.

Meditating on this quality dispels inner fear and strengthens devotion.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

206 ॐ विश्रुतात्मने नमः Om Vishrutatmaḥ Namaḥ

Divine Teacher and Director

This name denotes the highest ideal of meditation, yoga, and inner focus. It teaches that stability of mind and looking inward are essential for spiritual discovery.

Meditating on this name calms mental chatter and fosters deep contemplation.

207 ॐ सुरारिहने नमः Om Suraarihāḥ Namaḥ

World-Renowned Soul

This name signifies the transformation of physical forms and the ultimate freedom of the soul. It teaches that dissolution is merely a transition, while the consciousness remains immortal.

Meditating on this name liberates the seeker from attachment.

208 ॐ गुरवे नमः Om Guruḥ Namaḥ

Slayer of the Enemies of Gods

This name symbolizes the supreme auspiciousness, peace, and benevolent energy. In spiritual practice, this attribute ward off negativity and ushers in divine grace and joy.

Meditating on this name aligns one with the blessings of the cosmos.

209 ॐ गुरुतमाय नमः Om Gurutamaḥ Namaḥ

Ultimate Preceptor

This name highlights the compassionate power that responds to the call of seekers and removes obstacles. It teaches that complete trust in the divine presence dispels all anxiety.

Remembering this name fills the heart with joy and gratitude.

210 ॐ धाम नमः Om Dhaamaḥ Namaḥ

Teacher of All Teachers

This name represents the imperishable, eternal, and transcendent reality beyond the senses. It shows that truth is beyond the limits of space, time, and matter, having no beginning or end.

Contemplating this raises the seeker above impermanence.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

211 ॐ सत्याय नमः Om Satyaḥ Namaḥ

Supreme Abode

This name reveals the Supreme Lord as the protector who maintains the cosmic balance. Spiritually, it assures us that we are always safe under divine protection.

Meditating on this quality dispels inner fear and strengthens devotion.

212 ॐ सत्यपराक्रमाय नमः Om Satya-parakramaḥ Namaḥ

Absolute Truth

This name represents the supreme architect of the universe and the dawn of life. This attribute reminds us that our inner consciousness is the mother of all thoughts.

Focusing on this divine form purifies the mind and fills it with creative clarity.

213 ॐ निमिषाय नमः Om Nimishaḥ Namaḥ

He of Righteous Valor

This name symbolizes pure consciousness, the witness spirit, and the indwelling guide. In meditation, it shows that the awareness within us is the only truth, untouched by pleasure and pain.

Chanting this aligns the seeker with the silent inner witness.

214 ॐ अनिमिषाय नमः Om Animishaḥ Namaḥ

He with Closed Eyes

This name symbolizes the supreme auspiciousness, peace, and benevolent energy. In spiritual practice, this attribute ward off negativity and ushers in divine grace and joy.

Meditating on this name aligns one with the blessings of the cosmos.

215 ॐ स्रग्विणे नमः Om Sragviṇ Namaḥ

Ever-Wakeful One

This name highlights the compassionate power that responds to the call of seekers and removes obstacles. It teaches that complete trust in the divine presence dispels all anxiety.

Remembering this name fills the heart with joy and gratitude.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

216 ॐ वाचस्पतिरुदारधिये नमः Om Vachaspatir-udaradhiḥ Namaḥ

He Who Wears the Divine Garland

This name symbolizes pure consciousness, the witness spirit, and the indwelling guide. In meditation, it shows that the awareness within us is the only truth, untouched by pleasure and pain.

Chanting this aligns the seeker with the silent inner witness.

217 ॐ अग्रण्ये नमः Om Agraniḥ Namaḥ

Lord of Eloquence and Sublime Intellect

This name reveals the Supreme Lord as the protector who maintains the cosmic balance. Spiritually, it assures us that we are always safe under divine protection.

Meditating on this quality dispels inner fear and strengthens devotion.

218 ॐ ग्रामण्ये नमः Om Graamaniḥ Namaḥ

Forward Leader

This name represents the supreme architect of the universe and the dawn of life. This attribute reminds us that our inner consciousness is the mother of all thoughts.

Focusing on this divine form purifies the mind and fills it with creative clarity.

219 ॐ श्रीमते नमः Om Shrimaanaḥ Namaḥ

Commander of the Cosmos

This name signifies the divine splendor, inner light, and supreme glory. It shows that the radiance of the soul is brighter than the sun, instantly dispelling spiritual darkness.

Contemplating this quality fills the seeker with vitality and spiritual glow.

220 ॐ न्यायाय नमः Om Nyayaḥ Namaḥ

Lord of Lakshmi

This name symbolizes the supreme auspiciousness, peace, and benevolent energy. In spiritual practice, this attribute ward off negativity and ushers in divine grace and joy.

Meditating on this name aligns one with the blessings of the cosmos.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

221 ॐ नेत्रे नमः Om Netaḥ Namaḥ

Principle of Divine Justice

This name highlights the compassionate power that responds to the call of seekers and removes obstacles. It teaches that complete trust in the divine presence dispels all anxiety.

Remembering this name fills the heart with joy and gratitude.

222 ॐ समीरणाय नमः Om Sameeranaḥ Namaḥ

Director of the Universe

This name represents the imperishable, eternal, and transcendent reality beyond the senses. It shows that truth is beyond the limits of space, time, and matter, having no beginning or end.

Contemplating this raises the seeker above impermanence.

223 ॐ सहस्रमूर्धने नमः Om Sahasra-muurdhaaḥ Namaḥ

Vital Breath of Creation

This name reveals the Supreme Lord as the protector who maintains the cosmic balance. Spiritually, it assures us that we are always safe under divine protection.

Meditating on this quality dispels inner fear and strengthens devotion.

224 ॐ विश्वात्मने नमः Om Vishvatmaḥ Namaḥ

Thousand-Headed Lord

This name denotes the highest ideal of meditation, yoga, and inner focus. It teaches that stability of mind and looking inward are essential for spiritual discovery.

Meditating on this name calms mental chatter and fosters deep contemplation.

225 ॐ सहस्राक्षाय नमः Om Sahasra-akshaḥ Namaḥ

Universal Soul

This name represents infinite compassion, divine love, and grace. It reminds us that the Divine is accessible through pure devotion and complete surrender.

Chanting this name awakens devotion in the heart and dissolves the ego.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

226 ॐ सहस्रपाद् नमः Om Sahasra-padḥ Namaḥ

Thousand-Eyed Lord

This name symbolizes the supreme auspiciousness, peace, and benevolent energy. In spiritual practice, this attribute ward off negativity and ushers in divine grace and joy.

Meditating on this name aligns one with the blessings of the cosmos.

227 ॐ आवर्तनाय नमः Om Aavartanaḥ Namaḥ

Thousand-Footed Lord

This name highlights the compassionate power that responds to the call of seekers and removes obstacles. It teaches that complete trust in the divine presence dispels all anxiety.

Remembering this name fills the heart with joy and gratitude.

228 ॐ निवृत्तात्मने नमः Om Nivrittatmaḥ Namaḥ

Turner of the Wheel of Life

This name symbolizes pure consciousness, the witness spirit, and the indwelling guide. In meditation, it shows that the awareness within us is the only truth, untouched by pleasure and pain.

Chanting this aligns the seeker with the silent inner witness.

229 ॐ संवृताय नमः Om Samvritaḥ Namaḥ

Soul Withdrawn from Materiality

This name reveals the Supreme Lord as the protector who maintains the cosmic balance. Spiritually, it assures us that we are always safe under divine protection.

Meditating on this quality dispels inner fear and strengthens devotion.

230 ॐ सम्प्रमर्दनाय नमः Om Sampramardanaḥ Namaḥ

Veiled Reality

This name represents the absolute peace and dissolution of the material world where all dualities cease. It teaches us that letting go of desires is the gateway to eternal tranquility.

Meditating on this quality brings silent, undisturbed awareness.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

231 ॐ अहः संवर्तकाय नमः Om Ahah-samvartakaḥ Namaḥ

Destroyer of Darkness

This name symbolizes pure consciousness, the witness spirit, and the indwelling guide. In meditation, it shows that the awareness within us is the only truth, untouched by pleasure and pain.

Chanting this aligns the seeker with the silent inner witness.

232 ॐ वह्नये नमः Om Vahniḥ Namaḥ

Sun regulator of Time

This name symbolizes the supreme auspiciousness, peace, and benevolent energy. In spiritual practice, this attribute ward off negativity and ushers in divine grace and joy.

Meditating on this name aligns one with the blessings of the cosmos.

233 ॐ अनिलाय नमः Om Anilāḥ Namaḥ

Sacred Fire

This name highlights the compassionate power that responds to the call of seekers and removes obstacles. It teaches that complete trust in the divine presence dispels all anxiety.

Remembering this name fills the heart with joy and gratitude.

234 ॐ धरणीधराय नमः Om Dharanidharaḥ Namaḥ

Vital Air

This name represents the imperishable, eternal, and transcendent reality beyond the senses. It shows that truth is beyond the limits of space, time, and matter, having no beginning or end.

Contemplating this raises the seeker above impermanence.

235 ॐ सुप्रसादाय नमः Om Suprasadaḥ Namaḥ

Supporter of the Earth

This name denotes the gentleness, peace, and sanctuary of the Lord's lotus feet. In contemplation, this attribute brings soothing relief and shelter to a restless mind.

Meditating on this quality brings fearlessness and deep experience of grace.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

236 ॐ प्रसन्नात्मने नमः Om Prasannatmaḥ Namaḥ

Bestower of Pure Grace

This name represents the supreme architect of the universe and the dawn of life. This attribute reminds us that our inner consciousness is the mother of all thoughts.

Focusing on this divine form purifies the mind and fills it with creative clarity.

237 ॐ विश्वधृक् नमः Om Vishvadhrikḥ Namaḥ

Blissful Soul

This name signifies the transformation of physical forms and the ultimate freedom of the soul. It teaches that dissolution is merely a transition, while the consciousness remains immortal.

Meditating on this name liberates the seeker from attachment.

238 ॐ विश्वभुक् नमः Om Vishvabhukḥ Namaḥ

Holder of the Universe

This name symbolizes the supreme auspiciousness, peace, and benevolent energy. In spiritual practice, this attribute ward off negativity and ushers in divine grace and joy.

Meditating on this name aligns one with the blessings of the cosmos.

239 ॐ विभवे नमः Om Vibhuḥ Namaḥ

Consumer of the Universe

This name highlights the compassionate power that responds to the call of seekers and removes obstacles. It teaches that complete trust in the divine presence dispels all anxiety.

Remembering this name fills the heart with joy and gratitude.

240 ॐ सत्कर्त्रे नमः Om Satkartāḥ Namaḥ

All-Pervading Lord

This name represents the imperishable, eternal, and transcendent reality beyond the senses. It shows that truth is beyond the limits of space, time, and matter, having no beginning or end.

Contemplating this raises the seeker above impermanence.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

241 ॐ सत्कृताय नमः Om Satkritaḥ Namaḥ

He Who Honors the Good

This name reveals the Supreme Lord as the protector who maintains the cosmic balance. Spiritually, it assures us that we are always safe under divine protection.

Meditating on this quality dispels inner fear and strengthens devotion.

242 ॐ साधवे नमः Om Sadhuḥ Namaḥ

One Who Is Worshipped

This name represents the supreme architect of the universe and the dawn of life. This attribute reminds us that our inner consciousness is the mother of all thoughts.

Focusing on this divine form purifies the mind and fills it with creative clarity.

243 ॐ जह्नुवे नमः Om Jahnuḥ Namaḥ

Righteous Realized One

This name signifies the transformation of physical forms and the ultimate freedom of the soul. It teaches that dissolution is merely a transition, while the consciousness remains immortal.

Meditating on this name liberates the seeker from attachment.

244 ॐ नारायणाय नमः Om Narayanaḥ Namaḥ

Dissolver of Creation

This name represents the illuminator of intellect and the source of ultimate wisdom. Spiritually, it dispels the darkness of ignorance and kindles the light of discernment.

Meditating on this quality reveals the true self and leads to self-realization.

245 ॐ नराय नमः Om Naraḥ Namaḥ

Ultimate Refuge of Humanity

This name represents the absolute peace and dissolution of the material world where all dualities cease. It teaches us that letting go of desires is the gateway to eternal tranquility.

Meditating on this quality brings silent, undisturbed awareness.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

246 ॐ असंख्येयाय नमः Om Asankhyeyah Namaḥ

Leader and Archetypal Man

This name represents the imperishable, eternal, and transcendent reality beyond the senses. It shows that truth is beyond the limits of space, time, and matter, having no beginning or end.

Contemplating this raises the seeker above impermanence.

247 ॐ अप्रमेयात्मने नमः Om Aprameyatmaḥ Namaḥ

Countless One

This name represents the illuminator of intellect and the source of ultimate wisdom. Spiritually, it dispels the darkness of ignorance and kindles the light of discernment.

Meditating on this quality reveals the true self and leads to self-realization.

248 ॐ विशिष्टाय नमः Om Vishishtaḥ Namaḥ

Unfathomable Soul

This name represents the supreme architect of the universe and the dawn of life. This attribute reminds us that our inner consciousness is the mother of all thoughts.

Focusing on this divine form purifies the mind and fills it with creative clarity.

249 ॐ शिष्टकृते नमः Om Shishtakrith Namaḥ

Transcendent Most Excellent One

This name signifies the primordial cause of creation and the origin of the cosmos. In meditation, it shows that all material forms manifest from that supreme being.

Contemplating this attribute cultivates creative energy and brings a fresh, divine perspective to life.

250 ॐ शुचये नमः Om Shuchiḥ Namaḥ

Teacher of Righteousness

This name symbolizes the supreme auspiciousness, peace, and benevolent energy. In spiritual practice, this attribute ward off negativity and ushers in divine grace and joy.

Meditating on this name aligns one with the blessings of the cosmos.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

251 ॐ सिद्धार्थाय नमः Om Siddharthaḥ Namaḥ

Pure One

This name highlights the compassionate power that responds to the call of seekers and removes obstacles. It teaches that complete trust in the divine presence dispels all anxiety.

Remembering this name fills the heart with joy and gratitude.

252 ॐ सिद्धसंकल्पाय नमः Om Siddhasankalpaḥ Namaḥ

Realized Absolute Goal

This name represents the imperishable, eternal, and transcendent reality beyond the senses. It shows that truth is beyond the limits of space, time, and matter, having no beginning or end.

Contemplating this raises the seeker above impermanence.

253 ॐ सिद्धिदाय नमः Om Siddhidaḥ Namaḥ

He of Infallible Will

This name reveals the Supreme Lord as the protector who maintains the cosmic balance. Spiritually, it assures us that we are always safe under divine protection.

Meditating on this quality dispels inner fear and strengthens devotion.

254 ॐ सिद्धिसाधनाय नमः Om Siddhisadhanaḥ Namaḥ

Bestower of Success

This name represents the supreme architect of the universe and the dawn of life. This attribute reminds us that our inner consciousness is the mother of all thoughts.

Focusing on this divine form purifies the mind and fills it with creative clarity.

255 ॐ वृषाहिणे नमः Om Vrishahiṇ Namaḥ

Means to Fulfillment

This name symbolizes the all-pervading sustenance and constant nourishment of the universe. In meditation, this attribute reminds us of the protective force that sustains our existence.

Chanting this name cultivates a deep sense of security, contentment, and peace.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

256 ॐ वृषभाय नमः Om Vrishabhaḥ Namaḥ

Luminous Day of Dharma

This name symbolizes the supreme auspiciousness, peace, and benevolent energy. In spiritual practice, this attribute ward off negativity and ushers in divine grace and joy.

Meditating on this name aligns one with the blessings of the cosmos.

257 ॐ विष्णवे नमः Om Vishnuḥ Namaḥ

Bull of Righteousness

This name represents the divine consciousness that holds and nourishes all beings. It teaches us that selfless service and compassion are the highest forms of worship.

Contemplating this name fills the heart with universal love and gratitude.

258 ॐ वृषपर्वने नमः Om Vrishaparvaḥ Namaḥ

All-Pervading One

This name represents the imperishable, eternal, and transcendent reality beyond the senses. It shows that truth is beyond the limits of space, time, and matter, having no beginning or end.

Contemplating this raises the seeker above impermanence.

259 ॐ वृषोदराय नमः Om Vrishodaraḥ Namaḥ

Stairway of Dharma

This name reveals the Supreme Lord as the protector who maintains the cosmic balance. Spiritually, it assures us that we are always safe under divine protection.

Meditating on this quality dispels inner fear and strengthens devotion.

260 ॐ वर्धनाय नमः Om Vardhanaḥ Namaḥ

He Whose Womb Protects Righteousness

This name represents the supreme architect of the universe and the dawn of life. This attribute reminds us that our inner consciousness is the mother of all thoughts.

Focusing on this divine form purifies the mind and fills it with creative clarity.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

261 ॐ वर्धमानाय नमः Om Vardhamanaḥ Namaḥ

Increaser of Prosperity

This name symbolizes pure consciousness, the witness spirit, and the indwelling guide. In meditation, it shows that the awareness within us is the only truth, untouched by pleasure and pain.

Chanting this aligns the seeker with the silent inner witness.

262 ॐ विविक्ताय नमः Om Viviktaḥ Namaḥ

Infinity Expanding One

This name symbolizes the supreme auspiciousness, peace, and benevolent energy. In spiritual practice, this attribute ward off negativity and ushers in divine grace and joy.

Meditating on this name aligns one with the blessings of the cosmos.

263 ॐ श्रुतिसागराय नमः Om Shruti-sagaraḥ Namaḥ

Solitary Purest Realm

This name highlights the compassionate power that responds to the call of seekers and removes obstacles. It teaches that complete trust in the divine presence dispels all anxiety.

Remembering this name fills the heart with joy and gratitude.

264 ॐ सुभुजाय नमः Om Subhujāḥ Namaḥ

Ocean of Vedas

This name represents the imperishable, eternal, and transcendent reality beyond the senses. It shows that truth is beyond the limits of space, time, and matter, having no beginning or end.

Contemplating this raises the seeker above impermanence.

265 ॐ दुर्धराय नमः Om Durdharaḥ Namaḥ

Divine Beautiful-Armed One

This name reveals the Supreme Lord as the protector who maintains the cosmic balance. Spiritually, it assures us that we are always safe under divine protection.

Meditating on this quality dispels inner fear and strengthens devotion.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

266 ॐ वाग्मिने नमः Om Vagmiṇ Namaḥ

One Uncontainable by Mind

This name represents the supreme architect of the universe and the dawn of life. This attribute reminds us that our inner consciousness is the mother of all thoughts.

Focusing on this divine form purifies the mind and fills it with creative clarity.

267 ॐ महेन्द्राय नमः Om Mahendraḥ Namaḥ

Master of Eloquence

This name signifies the transformation of physical forms and the ultimate freedom of the soul. It teaches that dissolution is merely a transition, while the consciousness remains immortal.

Meditating on this name liberates the seeker from attachment.

268 ॐ वसुदाय नमः Om Vasudaḥ Namaḥ

Great Ruler Indra

This name symbolizes the supreme auspiciousness, peace, and benevolent energy. In spiritual practice, this attribute ward off negativity and ushers in divine grace and joy.

Meditating on this name aligns one with the blessings of the cosmos.

269 ॐ वसवे नमः Om Vasuḥ Namaḥ

Bestower of Wealth

This name highlights the compassionate power that responds to the call of seekers and removes obstacles. It teaches that complete trust in the divine presence dispels all anxiety.

Remembering this name fills the heart with joy and gratitude.

270 ॐ नैकरूपाय नमः Om Naika-rupaḥ Namaḥ

Indwelling Soul

This name represents the imperishable, eternal, and transcendent reality beyond the senses. It shows that truth is beyond the limits of space, time, and matter, having no beginning or end.

Contemplating this raises the seeker above impermanence.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

271 ॐ बृहद्रूपाय नमः Om Brhad-rupaḥ Namaḥ

He of Multi-Manifested Forms

This name reveals the Supreme Lord as the protector who maintains the cosmic balance. Spiritually, it assures us that we are always safe under divine protection.

Meditating on this quality dispels inner fear and strengthens devotion.

272 ॐ शिपिविष्टाय नमः Om Shipivishtaḥ Namaḥ

Bearer of the Great Cosmic Form

This name represents the divine consciousness that holds and nourishes all beings. It teaches us that selfless service and compassion are the highest forms of worship.

Contemplating this name fills the heart with universal love and gratitude.

273 ॐ प्रकाशनाय नमः Om Prakashanaḥ Namaḥ

Pervader of Solar Rays

This name symbolizes pure consciousness, the witness spirit, and the indwelling guide. In meditation, it shows that the awareness within us is the only truth, untouched by pleasure and pain.

Chanting this aligns the seeker with the silent inner witness.

274 ॐ ओजस्तेजोद्युतिधराय नमः Om Ojas-tejo-dyutidharaḥ Namaḥ

Illuminator of All

This name symbolizes the controller of time and the power to transcend material limits. Spiritually, it clears away old patterns, ego, and negativity.

Contemplating this quality guides the seeker toward detachment and profound inner purification.

275 ॐ प्रकाशात्मने नमः Om Prakashatmaḥ Namaḥ

Possessor of Vital Energy, Brilliance, and Effulgence

This name highlights the compassionate power that responds to the call of seekers and removes obstacles. It teaches that complete trust in the divine presence dispels all anxiety.

Remembering this name fills the heart with joy and gratitude.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

276 ॐ प्रतापनाय नमः Om Pratapanah Namaḥ

Radiant Luminous Soul

This name represents the imperishable, eternal, and transcendent reality beyond the senses. It shows that truth is beyond the limits of space, time, and matter, having no beginning or end.

Contemplating this raises the seeker above impermanence.

277 ॐ ऋद्धाय नमः Om Riddhah Namaḥ

Scorcher of Adversaries

This name reveals the Supreme Lord as the protector who maintains the cosmic balance. Spiritually, it assures us that we are always safe under divine protection.

Meditating on this quality dispels inner fear and strengthens devotion.

278 ॐ स्पष्टाक्षराय नमः Om Spashtaksharah Namaḥ

Supremely Plentiful Lord

This name represents the supreme architect of the universe and the dawn of life. This attribute reminds us that our inner consciousness is the mother of all thoughts.

Focusing on this divine form purifies the mind and fills it with creative clarity.

279 ॐ मन्त्राय नमः Om Mantrah Namaḥ

He of Distinct Divine Letters

This name symbolizes pure consciousness, the witness spirit, and the indwelling guide. In meditation, it shows that the awareness within us is the only truth, untouched by pleasure and pain.

Chanting this aligns the seeker with the silent inner witness.

280 ॐ चन्द्रांशवे नमः Om Chandramshuh Namaḥ

Sacred Chant Itself

This name symbolizes the supreme auspiciousness, peace, and benevolent energy. In spiritual practice, this attribute ward off negativity and ushers in divine grace and joy.

Meditating on this name aligns one with the blessings of the cosmos.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

281 ॐ भास्करद्युतये नमः Om Bhaskara-dyutiḥ Namaḥ

Cooling Rays of the Moon

This name reveals the infinite majesty, beauty, and dignity of the Supreme Lord. It inspires the seeker to see the divine presence in the beauty of the universe.

Meditating on this form elevates the mind to states of reverence and awe.

282 ॐ अमृतांशूद्भवाय नमः Om Amritanshu-udbhavaḥ Namaḥ

He with the Brilliance of the Sun

This name signifies the primordial cause of creation and the origin of the cosmos. In meditation, it shows that all material forms manifest from that supreme being.

Contemplating this attribute cultivates creative energy and brings a fresh, divine perspective to life.

283 ॐ भानवे नमः Om Bhanuḥ Namaḥ

Origin of the Nectar-Beaming Moon

This name symbolizes the supreme auspiciousness, peace, and benevolent energy. In spiritual practice, this attribute ward off negativity and ushers in divine grace and joy.

Meditating on this name aligns one with the blessings of the cosmos.

284 ॐ शशबिन्दवे नमः Om Shashabinduḥ Namaḥ

Great Sun

This name represents the supreme architect of the universe and the dawn of life. This attribute reminds us that our inner consciousness is the mother of all thoughts.

Focusing on this divine form purifies the mind and fills it with creative clarity.

285 ॐ सुरेश्वराय नमः Om Suresvaraḥ Namaḥ

Moon of Righteous Preservation

This name symbolizes the all-pervading sustenance and constant nourishment of the universe. In meditation, this attribute reminds us of the protective force that sustains our existence.

Chanting this name cultivates a deep sense of security, contentment, and peace.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

286 ॐ औषधाय नमः Om Aushadhamḥ Namaḥ

Ruler of Celestial Deities

This name symbolizes the supreme auspiciousness, peace, and benevolent energy. In spiritual practice, this attribute ward off negativity and ushers in divine grace and joy.

Meditating on this name aligns one with the blessings of the cosmos.

287 ॐ जगतः सेतवे नमः Om Jagataḥ Setuḥ Namaḥ

Universal Medicine for Life

This name highlights the compassionate power that responds to the call of seekers and removes obstacles. It teaches that complete trust in the divine presence dispels all anxiety.

Remembering this name fills the heart with joy and gratitude.

288 ॐ सत्यधर्मपराक्रमाय नमः Om Satya-dharma-parakramaḥ Namaḥ

Bridge Across the Transmigratory Ocean

This name symbolizes the all-pervading sustenance and constant nourishment of the universe. In meditation, this attribute reminds us of the protective force that sustains our existence.

Chanting this name cultivates a deep sense of security, contentment, and peace.

289 ॐ भूतभव्यभवन्नाथाय नमः Om Bhuta-bhavya-bhavannataḥ Namaḥ

He Whose Virtue and Valor are Absolute Truth

This name symbolizes the controller of time and the power to transcend material limits. Spiritually, it clears away old patterns, ego, and negativity.

Contemplating this quality guides the seeker toward detachment and profound inner purification.

290 ॐ पवनाय नमः Om Pavanaḥ Namaḥ

Lord of Past, Present, and Future

This name represents the supreme architect of the universe and the dawn of life. This attribute reminds us that our inner consciousness is the mother of all thoughts.

Focusing on this divine form purifies the mind and fills it with creative clarity.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

291 ॐ पावनाय नमः Om Pavanaḥ Namaḥ

Sacred Purifying Wind

This name symbolizes pure consciousness, the witness spirit, and the indwelling guide. In meditation, it shows that the awareness within us is the only truth, untouched by pleasure and pain.

Chanting this aligns the seeker with the silent inner witness.

292 ॐ अनलाय नमः Om Analaḥ Namaḥ

Master Purifier

This name symbolizes the supreme auspiciousness, peace, and benevolent energy. In spiritual practice, this attribute ward off negativity and ushers in divine grace and joy.

Meditating on this name aligns one with the blessings of the cosmos.

293 ॐ कामहने नमः Om Kama-haḥ Namaḥ

Infinite Fire of Creation

This name represents the absolute peace and dissolution of the material world where all dualities cease. It teaches us that letting go of desires is the gateway to eternal tranquility.

Meditating on this quality brings silent, undisturbed awareness.

294 ॐ कामकृते नमः Om Kama-kriṭṭ Namaḥ

Destroyer of Desire

This name signifies the primordial cause of creation and the origin of the cosmos. In meditation, it shows that all material forms manifest from that supreme being.

Contemplating this attribute cultivates creative energy and brings a fresh, divine perspective to life.

295 ॐ कान्ताय नमः Om Kantaḥ Namaḥ

Fulfiller of Pure Desires

This name reveals the Supreme Lord as the protector who maintains the cosmic balance. Spiritually, it assures us that we are always safe under divine protection.

Meditating on this quality dispels inner fear and strengthens devotion.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

296 ॐ कामाय नमः Om Kamaḥ Namaḥ

Beautiful One

This name represents the supreme architect of the universe and the dawn of life. This attribute reminds us that our inner consciousness is the mother of all thoughts.

Focusing on this divine form purifies the mind and fills it with creative clarity.

297 ॐ कामप्रदाय नमः Om Kama-pradaḥ Namaḥ

Lord of Pure Divine Love

This name symbolizes pure consciousness, the witness spirit, and the indwelling guide. In meditation, it shows that the awareness within us is the only truth, untouched by pleasure and pain.

Chanting this aligns the seeker with the silent inner witness.

298 ॐ प्रभवे नमः Om Prabhuḥ Namaḥ

Bestower of Desires

This name reveals the Supreme Lord as the protector who maintains the cosmic balance. Spiritually, it assures us that we are always safe under divine protection.

Meditating on this quality dispels inner fear and strengthens devotion.

299 ॐ युगादिकृते नमः Om Yugadi-kriṭṭ Namaḥ

Almighty Lord

This name represents the supreme architect of the universe and the dawn of life. This attribute reminds us that our inner consciousness is the mother of all thoughts.

Focusing on this divine form purifies the mind and fills it with creative clarity.

300 ॐ युगावर्ताय नमः Om Yugavartaḥ Namaḥ

Initiator of Cosmic Eras

This name represents the imperishable, eternal, and transcendent reality beyond the senses. It shows that truth is beyond the limits of space, time, and matter, having no beginning or end.

Contemplating this raises the seeker above impermanence.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

301 ॐ नैकमायाय नमः Om Naika-mayaḥ Namaḥ

Changer of Cosmic Cycles

This name reveals the Supreme Lord as the protector who maintains the cosmic balance. Spiritually, it assures us that we are always safe under divine protection.

Meditating on this quality dispels inner fear and strengthens devotion.

302 ॐ महाशनाय नमः Om Mahashanaḥ Namaḥ

Master of Diverse Illusions

This name represents the supreme architect of the universe and the dawn of life. This attribute reminds us that our inner consciousness is the mother of all thoughts.

Focusing on this divine form purifies the mind and fills it with creative clarity.

303 ॐ अदृश्याय नमः Om Adrishyaḥ Namaḥ

Great Consumer during Dissolution

This name symbolizes pure consciousness, the witness spirit, and the indwelling guide. In meditation, it shows that the awareness within us is the only truth, untouched by pleasure and pain.

Chanting this aligns the seeker with the silent inner witness.

304 ॐ व्यक्तरूपाय नमः Om Vyakta-rupaḥ Namaḥ

Unseen Presence

This name highlights the divine creative power and the source of the universe. On the spiritual path, it teaches that every creation is an extension of the Divine.

Meditating on this name allows the seeker to align with cosmic harmony and appreciate the flow of life.

305 ॐ सहस्रजिते नमः Om Sahasra-jitḥ Namaḥ

He of Manifested Forms

This name highlights the compassionate power that responds to the call of seekers and removes obstacles. It teaches that complete trust in the divine presence dispels all anxiety.

Remembering this name fills the heart with joy and gratitude.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

306 ॐ अनन्तजिते नमः Om Anantajitḥ Namaḥ

Conqueror of Thousands

This name represents the imperishable, eternal, and transcendent reality beyond the senses. It shows that truth is beyond the limits of space, time, and matter, having no beginning or end.

Contemplating this raises the seeker above impermanence.

307 ॐ इष्टाय नमः Om Ishtaḥ Namaḥ

Infinitely Victorious One

This name denotes the gentleness, peace, and sanctuary of the Lord's lotus feet. In contemplation, this attribute brings soothing relief and shelter to a restless mind.

Meditating on this quality brings fearlessness and deep experience of grace.

308 ॐ अविशिष्टाय नमः Om Avishishthaḥ Namaḥ

Dearly Loved One

This name represents the divine consciousness that holds and nourishes all beings. It teaches us that selfless service and compassion are the highest forms of worship.

Contemplating this name fills the heart with universal love and gratitude.

309 ॐ शिष्टेष्टाय नमः Om Shishteshtaḥ Namaḥ

Non-Distinct Pervader of All

This name represents infinite compassion, divine love, and grace. It reminds us that the Divine is accessible through pure devotion and complete surrender.

Chanting this name awakens devotion in the heart and dissolves the ego.

310 ॐ शिखण्डिने नमः Om Sikhandeeḥ Namaḥ

Beloved of Realized Souls

This name symbolizes the supreme auspiciousness, peace, and benevolent energy. In spiritual practice, this attribute ward off negativity and ushers in divine grace and joy.

Meditating on this name aligns one with the blessings of the cosmos.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

311 ॐ नहुषाय नमः Om Nahuṣāḥ Namaḥ

Joyful Peacock-Feathered Lord

This name highlights the compassionate power that responds to the call of seekers and removes obstacles. It teaches that complete trust in the divine presence dispels all anxiety.

Remembering this name fills the heart with joy and gratitude.

312 ॐ वृषाय नमः Om Vriṣaḥ Namaḥ

Binder of Souls with Cosmic Bondage

This name represents the imperishable, eternal, and transcendent reality beyond the senses. It shows that truth is beyond the limits of space, time, and matter, having no beginning or end.

Contemplating this raises the seeker above impermanence.

313 ॐ क्रोधहने नमः Om Krodhahaḥ Namaḥ

Dharma Itself

This name symbolizes the controller of time and the power to transcend material limits. Spiritually, it clears away old patterns, ego, and negativity.

Contemplating this quality guides the seeker toward detachment and profound inner purification.

314 ॐ क्रोधकृते नमः Om Krodhakṛitḥ Namaḥ

Eradicator of Anger

This name represents the supreme architect of the universe and the dawn of life. This attribute reminds us that our inner consciousness is the mother of all thoughts.

Focusing on this divine form purifies the mind and fills it with creative clarity.

315 ॐ कर्त्रे नमः Om Kartaḥ Namaḥ

Generator of Just Wrath

This name symbolizes pure consciousness, the witness spirit, and the indwelling guide. In meditation, it shows that the awareness within us is the only truth, untouched by pleasure and pain.

Chanting this aligns the seeker with the silent inner witness.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

316 ॐ विश्वबाह्वे नमः Om Vishvabaahuḥ Namaḥ

He with Cosmic Arms

This name symbolizes the supreme auspiciousness, peace, and benevolent energy. In spiritual practice, this attribute ward off negativity and ushers in divine grace and joy.

Meditating on this name aligns one with the blessings of the cosmos.

317 ॐ महीधराय नमः Om Mahidharaḥ Namaḥ

Supporter of the Earth

This name highlights the compassionate power that responds to the call of seekers and removes obstacles. It teaches that complete trust in the divine presence dispels all anxiety.

Remembering this name fills the heart with joy and gratitude.

318 ॐ अच्युताय नमः Om Achyutaḥ Namaḥ

Infallible One

This name represents the imperishable, eternal, and transcendent reality beyond the senses. It shows that truth is beyond the limits of space, time, and matter, having no beginning or end.

Contemplating this raises the seeker above impermanence.

319 ॐ प्रथिताय नमः Om Prathitaḥ Namaḥ

Most Renowned Reality

This name reveals the Supreme Lord as the protector who maintains the cosmic balance. Spiritually, it assures us that we are always safe under divine protection.

Meditating on this quality dispels inner fear and strengthens devotion.

320 ॐ प्राणाय नमः Om Pranaḥ Namaḥ

Life-Breath

This name represents the supreme architect of the universe and the dawn of life. This attribute reminds us that our inner consciousness is the mother of all thoughts.

Focusing on this divine form purifies the mind and fills it with creative clarity.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

321 ॐ प्राणदाय नमः Om Pranadaḥ Namaḥ

Giver of Life-Force

This name symbolizes pure consciousness, the witness spirit, and the indwelling guide. In meditation, it shows that the awareness within us is the only truth, untouched by pleasure and pain.

Chanting this aligns the seeker with the silent inner witness.

322 ॐ वासवानुजाय नमः Om Vasavanujāḥ Namaḥ

Younger Brother of Indra

This name symbolizes the supreme auspiciousness, peace, and benevolent energy. In spiritual practice, this attribute ward off negativity and ushers in divine grace and joy.

Meditating on this name aligns one with the blessings of the cosmos.

323 ॐ अपां निधये नमः Om Apam-nidhiḥ Namaḥ

Ultimate Reservoir of Waters

This name highlights the compassionate power that responds to the call of seekers and removes obstacles. It teaches that complete trust in the divine presence dispels all anxiety.

Remembering this name fills the heart with joy and gratitude.

324 ॐ अधिष्ठानाय नमः Om Adhishthaanamḥ Namaḥ

Cosmic Substratum

This name represents the imperishable, eternal, and transcendent reality beyond the senses. It shows that truth is beyond the limits of space, time, and matter, having no beginning or end.

Contemplating this raises the seeker above impermanence.

325 ॐ अप्रमत्ताय नमः Om Apramattaḥ Namaḥ

Vigilant Judge of Action

This name symbolizes the controller of time and the power to transcend material limits. Spiritually, it clears away old patterns, ego, and negativity.

Contemplating this quality guides the seeker toward detachment and profound inner purification.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

326 ॐ प्रतिष्ठिताय नमः Om Pratishtithaḥ Namaḥ

Self-Established One

This name represents the supreme architect of the universe and the dawn of life. This attribute reminds us that our inner consciousness is the mother of all thoughts.

Focusing on this divine form purifies the mind and fills it with creative clarity.

327 ॐ स्कन्दाय नमः Om Skandaḥ Namaḥ

Flow of Cosmic Nectar

This name symbolizes pure consciousness, the witness spirit, and the indwelling guide. In meditation, it shows that the awareness within us is the only truth, untouched by pleasure and pain.

Chanting this aligns the seeker with the silent inner witness.

328 ॐ स्कन्दधराय नमः Om Skanda-dharaḥ Namaḥ

Ultimate Load-Bearer of the Cosmos

This name symbolizes the supreme auspiciousness, peace, and benevolent energy. In spiritual practice, this attribute ward off negativity and ushers in divine grace and joy.

Meditating on this name aligns one with the blessings of the cosmos.

329 ॐ धुर्याय नमः Om Dhuryaḥ Namaḥ

Ultimate Load-Bearer of the Cosmos

This name highlights the compassionate power that responds to the call of seekers and removes obstacles. It teaches that complete trust in the divine presence dispels all anxiety.

Remembering this name fills the heart with joy and gratitude.

330 ॐ वरदाय नमः Om Varadaḥ Namaḥ

Bestower of Divine Boons

This name represents the imperishable, eternal, and transcendent reality beyond the senses. It shows that truth is beyond the limits of space, time, and matter, having no beginning or end.

Contemplating this raises the seeker above impermanence.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

331 ॐ वायुवाहनाय नमः Om Vayuvahanaḥ Namaḥ

He Who Drives the Cosmic Winds

This name reveals the Supreme Lord as the protector who maintains the cosmic balance. Spiritually, it assures us that we are always safe under divine protection.

Meditating on this quality dispels inner fear and strengthens devotion.

332 ॐ वासुदेवाय नमः Om Vasudevaḥ Namaḥ

Omnipresent Indwelling Lord

This name represents the supreme architect of the universe and the dawn of life. This attribute reminds us that our inner consciousness is the mother of all thoughts.

Focusing on this divine form purifies the mind and fills it with creative clarity.

333 ॐ बृहद्भानवे नमः Om Brihat-bhaanuḥ Namaḥ

Possessor of Rays of Infinite Light

This name signifies the divine splendor, inner light, and supreme glory. It shows that the radiance of the soul is brighter than the sun, instantly dispelling spiritual darkness.

Contemplating this quality fills the seeker with vitality and spiritual glow.

334 ॐ आदिदेवाय नमः Om Adi-devaḥ Namaḥ

Primordial Deity

This name symbolizes the supreme auspiciousness, peace, and benevolent energy. In spiritual practice, this attribute ward off negativity and ushers in divine grace and joy.

Meditating on this name aligns one with the blessings of the cosmos.

335 ॐ पुरन्दराय नमः Om Purandaraḥ Namaḥ

Destroyer of Cities of Vice

This name represents the absolute peace and dissolution of the material world where all dualities cease. It teaches us that letting go of desires is the gateway to eternal tranquility.

Meditating on this quality brings silent, undisturbed awareness.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

336 ॐ अशोकाय नमः Om Ashokaḥ Namaḥ

One Free from All Sorrow

This name represents the imperishable, eternal, and transcendent reality beyond the senses. It shows that truth is beyond the limits of space, time, and matter, having no beginning or end.

Contemplating this raises the seeker above impermanence.

337 ॐ तारणाय नमः Om Taaranaḥ Namaḥ

Ferryman of the Transmigratory Sea

This name reveals the Supreme Lord as the protector who maintains the cosmic balance. Spiritually, it assures us that we are always safe under divine protection.

Meditating on this quality dispels inner fear and strengthens devotion.

338 ॐ ताराय नमः Om Taraḥ Namaḥ

Liberator from Cosmic Fears

This name represents the supreme architect of the universe and the dawn of life. This attribute reminds us that our inner consciousness is the mother of all thoughts.

Focusing on this divine form purifies the mind and fills it with creative clarity.

339 ॐ शूराय नमः Om Shuuraḥ Namaḥ

Most Valiant One

This name symbolizes pure consciousness, the witness spirit, and the indwelling guide. In meditation, it shows that the awareness within us is the only truth, untouched by pleasure and pain.

Chanting this aligns the seeker with the silent inner witness.

340 ॐ शौरये नमः Om Shauriḥ Namaḥ

Descendant of Sura

This name highlights the divine creative power and the source of the universe. On the spiritual path, it teaches that every creation is an extension of the Divine.

Meditating on this name allows the seeker to align with cosmic harmony and appreciate the flow of life.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

341 ॐ जनेश्वराय नमः Om Janeshvaraḥ Namaḥ

Lord of Men

This name represents the divine consciousness that holds and nourishes all beings. It teaches us that selfless service and compassion are the highest forms of worship.

Contemplating this name fills the heart with universal love and gratitude.

342 ॐ अनुकूलाय नमः Om Anukulaḥ Namaḥ

He Who Aligns with His Devotees

This name represents the imperishable, eternal, and transcendent reality beyond the senses. It shows that truth is beyond the limits of space, time, and matter, having no beginning or end.

Contemplating this raises the seeker above impermanence.

343 ॐ शतावर्ताय नमः Om Shataavartaḥ Namaḥ

He of a Hundred Turning Paths

This name reveals the Supreme Lord as the protector who maintains the cosmic balance. Spiritually, it assures us that we are always safe under divine protection.

Meditating on this quality dispels inner fear and strengthens devotion.

344 ॐ पद्मिने नमः Om Padmiḥ Namaḥ

He Who Holds the Sacred Lotus

This name highlights the compassionate power that responds to the call of seekers and removes obstacles. It teaches that complete trust in the divine presence dispels all anxiety.

Remembering this name fills the heart with joy and gratitude.

345 ॐ पद्मनिभेक्षणाय नमः Om Padma-nibhekshanaḥ Namaḥ

He with Lotus-Like Eyes

This name represents infinite compassion, divine love, and grace. It reminds us that the Divine is accessible through pure devotion and complete surrender.

Chanting this name awakens devotion in the heart and dissolves the ego.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

346 ॐ पद्मनाभाय नमः Om Padma-naabhaḥ Namaḥ

Lotus-Navelled Lord

This name denotes the gentleness, peace, and sanctuary of the Lord's lotus feet. In contemplation, this attribute brings soothing relief and shelter to a restless mind.

Meditating on this quality brings fearlessness and deep experience of grace.

347 ॐ अरविन्दाक्षाय नमः Om Aravindakshaḥ Namaḥ

Lotus-Eyed Presence

This name highlights the compassionate power that responds to the call of seekers and removes obstacles. It teaches that complete trust in the divine presence dispels all anxiety.

Remembering this name fills the heart with joy and gratitude.

348 ॐ पद्मगर्भाय नमः Om Padma-garbhaḥ Namaḥ

One Meditated Upon in the Lotus Heart

This name signifies the primordial cause of creation and the origin of the cosmos. In meditation, it shows that all material forms manifest from that supreme being.

Contemplating this attribute cultivates creative energy and brings a fresh, divine perspective to life.

349 ॐ शरीरभूते नमः Om Sharira-bhrith Namaḥ

Sustainer of the Body

This name reveals the Supreme Lord as the protector who maintains the cosmic balance. Spiritually, it assures us that we are always safe under divine protection.

Meditating on this quality dispels inner fear and strengthens devotion.

350 ॐ महर्धये नमः Om Maharddhiḥ Namaḥ

Lord of Supreme Manifested Prosperity

This name represents the supreme architect of the universe and the dawn of life. This attribute reminds us that our inner consciousness is the mother of all thoughts.

Focusing on this divine form purifies the mind and fills it with creative clarity.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

351 ॐ रद्धाय नमः Om Riddhaḥ Namaḥ

Supremely Plentiful Lord

This name symbolizes pure consciousness, the witness spirit, and the indwelling guide. In meditation, it shows that the awareness within us is the only truth, untouched by pleasure and pain.

Chanting this aligns the seeker with the silent inner witness.

352 ॐ वृद्धात्मने नमः Om Vriddhatmaḥ Namaḥ

Ancient Intellect

This name represents the illuminator of intellect and the source of ultimate wisdom. Spiritually, it dispels the darkness of ignorance and kindles the light of discernment.

Meditating on this quality reveals the true self and leads to self-realization.

353 ॐ महाक्षाय नमः Om Mahakshaḥ Namaḥ

Cosmic-Eyed Lord

This name highlights the compassionate power that responds to the call of seekers and removes obstacles. It teaches that complete trust in the divine presence dispels all anxiety.

Remembering this name fills the heart with joy and gratitude.

354 ॐ गरुडध्वजाय नमः Om Garuda-dhvajaḥ Namaḥ

He Who Has Garuda on His Banner

This name represents the imperishable, eternal, and transcendent reality beyond the senses. It shows that truth is beyond the limits of space, time, and matter, having no beginning or end.

Contemplating this raises the seeker above impermanence.

355 ॐ अतुलाय नमः Om Atulaḥ Namaḥ

Incomparable Reality

This name reveals the Supreme Lord as the protector who maintains the cosmic balance. Spiritually, it assures us that we are always safe under divine protection.

Meditating on this quality dispels inner fear and strengthens devotion.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

356 ॐ शरभाय नमः Om Sharabhaḥ Namaḥ

Inner Indwelling Power

This name reveals the infinite majesty, beauty, and dignity of the Supreme Lord. It inspires the seeker to see the divine presence in the beauty of the universe.

Meditating on this form elevates the mind to states of reverence and awe.

357 ॐ भीमाय नमः Om Bheemaḥ Namaḥ

Awe-Inspiring Force

This name symbolizes pure consciousness, the witness spirit, and the indwelling guide. In meditation, it shows that the awareness within us is the only truth, untouched by pleasure and pain.

Chanting this aligns the seeker with the silent inner witness.

358 ॐ समयज्ञाय नमः Om Samayajñaḥ Namaḥ

Knower of the Right Season and Order

This name represents the illuminator of intellect and the source of ultimate wisdom. Spiritually, it dispels the darkness of ignorance and kindles the light of discernment.

Meditating on this quality reveals the true self and leads to self-realization.

359 ॐ हविर्हस्ये नमः Om Havirhariḥ Namaḥ

Receiver of Sacrificial Offerings

This name highlights the compassionate power that responds to the call of seekers and removes obstacles. It teaches that complete trust in the divine presence dispels all anxiety.

Remembering this name fills the heart with joy and gratitude.

360 ॐ सर्वलक्षणलक्षण्याय नमः Om Sarvalakshana-lakshannyaḥ Namaḥ

Touchstone of Ultimate Perfection

This name signifies the divine splendor, inner light, and supreme glory. It shows that the radiance of the soul is brighter than the sun, instantly dispelling spiritual darkness.

Contemplating this quality fills the seeker with vitality and spiritual glow.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

361 ॐ लक्ष्मीवते नमः Om Lakshmivanaḥ Namaḥ

Source of Omnipresent Beauty

This name reveals the Supreme Lord as the protector who maintains the cosmic balance. Spiritually, it assures us that we are always safe under divine protection.

Meditating on this quality dispels inner fear and strengthens devotion.

362 ॐ समितिञ्जयाय नमः Om Samitinjayaḥ Namaḥ

Victory in Battle

This name represents the supreme architect of the universe and the dawn of life. This attribute reminds us that our inner consciousness is the mother of all thoughts.

Focusing on this divine form purifies the mind and fills it with creative clarity.

363 ॐ विक्षराय नमः Om Viksharaḥ Namaḥ

Undecaying Truth

This name signifies the transformation of physical forms and the ultimate freedom of the soul. It teaches that dissolution is merely a transition, while the consciousness remains immortal.

Meditating on this name liberates the seeker from attachment.

364 ॐ रोहिताय नमः Om Rohitaḥ Namaḥ

Red Enigmatic Form

This name symbolizes the supreme auspiciousness, peace, and benevolent energy. In spiritual practice, this attribute ward off negativity and ushers in divine grace and joy.

Meditating on this name aligns one with the blessings of the cosmos.

365 ॐ मार्गाय नमः Om Margāḥ Namaḥ

Ultimate Pathway to Liberation

This name highlights the compassionate power that responds to the call of seekers and removes obstacles. It teaches that complete trust in the divine presence dispels all anxiety.

Remembering this name fills the heart with joy and gratitude.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

366 ॐ हेतवे नमः Om Hetuḥ Namaḥ

Core Cause of Creation

This name represents the imperishable, eternal, and transcendent reality beyond the senses. It shows that truth is beyond the limits of space, time, and matter, having no beginning or end.

Contemplating this raises the seeker above impermanence.

367 ॐ दामोदराय नमः Om Damodaraḥ Namaḥ

He Bound by Devotion

This name reveals the Supreme Lord as the protector who maintains the cosmic balance. Spiritually, it assures us that we are always safe under divine protection.

Meditating on this quality dispels inner fear and strengthens devotion.

368 ॐ सहाय नमः Om Sahāḥ Namaḥ

Ultimate Patient Endurance

This name represents the absolute peace and dissolution of the material world where all dualities cease. It teaches us that letting go of desires is the gateway to eternal tranquility.

Meditating on this quality brings silent, undisturbed awareness.

369 ॐ महीधराय नमः Om Mahidharaḥ Namaḥ

Supporter of the Earth

This name symbolizes pure consciousness, the witness spirit, and the indwelling guide. In meditation, it shows that the awareness within us is the only truth, untouched by pleasure and pain.

Chanting this aligns the seeker with the silent inner witness.

370 ॐ महाभागाय नमः Om Mahaabhagaḥ Namaḥ

One of Perfect Fortunate Divinity

This name symbolizes the supreme auspiciousness, peace, and benevolent energy. In spiritual practice, this attribute ward off negativity and ushers in divine grace and joy.

Meditating on this name aligns one with the blessings of the cosmos.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

371 ॐ वेगवते नमः Om Vegavaanaḥ Namaḥ

Omnipresent Speed

This name highlights the compassionate power that responds to the call of seekers and removes obstacles. It teaches that complete trust in the divine presence dispels all anxiety.

Remembering this name fills the heart with joy and gratitude.

372 ॐ अमिताशनाय नमः Om Amitashanaḥ Namaḥ

Infinite Consumer during Pralaya

This name represents the imperishable, eternal, and transcendent reality beyond the senses. It shows that truth is beyond the limits of space, time, and matter, having no beginning or end.

Contemplating this raises the seeker above impermanence.

373 ॐ उद्भवाय नमः Om Udbhavaḥ Namaḥ

Spring of Origin

This name highlights the divine creative power and the source of the universe. On the spiritual path, it teaches that every creation is an extension of the Divine.

Meditating on this name allows the seeker to align with cosmic harmony and appreciate the flow of life.

374 ॐ क्षोभणाय नमः Om Kshobhanaḥ Namaḥ

Stirrer of Matter

This name represents the supreme architect of the universe and the dawn of life. This attribute reminds us that our inner consciousness is the mother of all thoughts.

Focusing on this divine form purifies the mind and fills it with creative clarity.

375 ॐ देवाय नमः Om Devaḥ Namaḥ

Luminous One

This name signifies the transformation of physical forms and the ultimate freedom of the soul. It teaches that dissolution is merely a transition, while the consciousness remains immortal.

Meditating on this name liberates the seeker from attachment.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

376 ॐ श्रीगर्भाय नमः Om Shri-garbhāḥ Namaḥ

He Within Whom All Prosperity Dwells

This name highlights the divine creative power and the source of the universe. On the spiritual path, it teaches that every creation is an extension of the Divine.

Meditating on this name allows the seeker to align with cosmic harmony and appreciate the flow of life.

377 ॐ परमेश्वराय नमः Om Parameshvaraḥ Namaḥ

Supreme Lord Ruler

This name represents the divine consciousness that holds and nourishes all beings. It teaches us that selfless service and compassion are the highest forms of worship.

Contemplating this name fills the heart with universal love and gratitude.

378 ॐ करणाय नमः Om Karanamḥ Namaḥ

Primary Instrument

This name represents the imperishable, eternal, and transcendent reality beyond the senses. It shows that truth is beyond the limits of space, time, and matter, having no beginning or end.

Contemplating this raises the seeker above impermanence.

379 ॐ कारणाय नमः Om Kaaranamḥ Namaḥ

Causal Source

This name reveals the Supreme Lord as the protector who maintains the cosmic balance. Spiritually, it assures us that we are always safe under divine protection.

Meditating on this quality dispels inner fear and strengthens devotion.

380 ॐ कर्त्रे नमः Om Kartāḥ Namaḥ

Independent Doer

This name represents the supreme architect of the universe and the dawn of life. This attribute reminds us that our inner consciousness is the mother of all thoughts.

Focusing on this divine form purifies the mind and fills it with creative clarity.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

381 ॐ विकर्त्रे नमः Om Vikartaḥ Namaḥ

Creator of Transformations

This name signifies the primordial cause of creation and the origin of the cosmos. In meditation, it shows that all material forms manifest from that supreme being.

Contemplating this attribute cultivates creative energy and brings a fresh, divine perspective to life.

382 ॐ गहनाय नमः Om Gahanaḥ Namaḥ

Unfathomable Reality

This name symbolizes the supreme auspiciousness, peace, and benevolent energy. In spiritual practice, this attribute ward off negativity and ushers in divine grace and joy.

Meditating on this name aligns one with the blessings of the cosmos.

383 ॐ गुहाय नमः Om Guhaḥ Namaḥ

One Hidden in the Heart Cavity

This name highlights the compassionate power that responds to the call of seekers and removes obstacles. It teaches that complete trust in the divine presence dispels all anxiety.

Remembering this name fills the heart with joy and gratitude.

384 ॐ व्यवसायाय नमः Om Vyavasayaḥ Namaḥ

Resolute Intellect

This name represents the imperishable, eternal, and transcendent reality beyond the senses. It shows that truth is beyond the limits of space, time, and matter, having no beginning or end.

Contemplating this raises the seeker above impermanence.

385 ॐ व्यवस्थानाय नमः Om Vyavasthanaḥ Namaḥ

Great Basis of Cosmic Order

This name reveals the Supreme Lord as the protector who maintains the cosmic balance. Spiritually, it assures us that we are always safe under divine protection.

Meditating on this quality dispels inner fear and strengthens devotion.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

386 ॐ संस्थानाय नमः Om Samsthanaḥ Namaḥ

Ultimate Convergence

This name represents the supreme architect of the universe and the dawn of life. This attribute reminds us that our inner consciousness is the mother of all thoughts.

Focusing on this divine form purifies the mind and fills it with creative clarity.

387 ॐ स्थानदाय नमः Om Sthanadaḥ Namaḥ

Giver of Eternal Stations

This name symbolizes pure consciousness, the witness spirit, and the indwelling guide. In meditation, it shows that the awareness within us is the only truth, untouched by pleasure and pain.

Chanting this aligns the seeker with the silent inner witness.

388 ॐ ध्रुवाय नमः Om Dhruvaḥ Namaḥ

Absolute Constant

This name symbolizes the supreme auspiciousness, peace, and benevolent energy. In spiritual practice, this attribute ward off negativity and ushers in divine grace and joy.

Meditating on this name aligns one with the blessings of the cosmos.

389 ॐ परर्द्धये नमः Om Pararddhiḥ Namaḥ

Ultimate Splendor

This name highlights the compassionate power that responds to the call of seekers and removes obstacles. It teaches that complete trust in the divine presence dispels all anxiety.

Remembering this name fills the heart with joy and gratitude.

390 ॐ परमस्पष्टाय नमः Om Parama-spashtaḥ Namaḥ

Supremely Manifest Evident Truth

This name represents the imperishable, eternal, and transcendent reality beyond the senses. It shows that truth is beyond the limits of space, time, and matter, having no beginning or end.

Contemplating this raises the seeker above impermanence.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

391 ॐ तुष्टाय नमः Om Tushtaḥ Namaḥ

Ever-Contented Bliss

This name reveals the Supreme Lord as the protector who maintains the cosmic balance. Spiritually, it assures us that we are always safe under divine protection.

Meditating on this quality dispels inner fear and strengthens devotion.

392 ॐ पुष्टाय नमः Om Pushtaḥ Namaḥ

Completeness of Abundance

This name represents the supreme architect of the universe and the dawn of life. This attribute reminds us that our inner consciousness is the mother of all thoughts.

Focusing on this divine form purifies the mind and fills it with creative clarity.

393 ॐ शुभेक्षणाय नमः Om Shubhekshanaḥ Namaḥ

He Whose Glance Brings Welfare

This name signifies the divine splendor, inner light, and supreme glory. It shows that the radiance of the soul is brighter than the sun, instantly dispelling spiritual darkness.

Contemplating this quality fills the seeker with vitality and spiritual glow.

394 ॐ रामाय नमः Om Ramaḥ Namaḥ

Delighter of Hearts

This name symbolizes the supreme auspiciousness, peace, and benevolent energy. In spiritual practice, this attribute ward off negativity and ushers in divine grace and joy.

Meditating on this name aligns one with the blessings of the cosmos.

395 ॐ विरामाय नमः Om Viramaḥ Namaḥ

Ultimate Full Stop to Rebirth

This name highlights the compassionate power that responds to the call of seekers and removes obstacles. It teaches that complete trust in the divine presence dispels all anxiety.

Remembering this name fills the heart with joy and gratitude.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

396 ॐ विरजाय नमः Om Virajāḥ Namaḥ

Pure One Without Passion

This name represents the imperishable, eternal, and transcendent reality beyond the senses. It shows that truth is beyond the limits of space, time, and matter, having no beginning or end.

Contemplating this raises the seeker above impermanence.

397 ॐ मार्गाय नमः Om Margāḥ Namaḥ

Ultimate Pathway to Liberation

This name reveals the Supreme Lord as the protector who maintains the cosmic balance. Spiritually, it assures us that we are always safe under divine protection.

Meditating on this quality dispels inner fear and strengthens devotion.

398 ॐ नेयाय नमः Om Neyāḥ Namaḥ

One Directed by Realization

This name represents the supreme architect of the universe and the dawn of life. This attribute reminds us that our inner consciousness is the mother of all thoughts.

Focusing on this divine form purifies the mind and fills it with creative clarity.

399 ॐ नयाय नमः Om Nayāḥ Namaḥ

Path of Guidance

This name symbolizes pure consciousness, the witness spirit, and the indwelling guide. In meditation, it shows that the awareness within us is the only truth, untouched by pleasure and pain.

Chanting this aligns the seeker with the silent inner witness.

400 ॐ अनयाय नमः Om Anayāḥ Namaḥ

He Beyond Any External Rule

This name symbolizes the supreme auspiciousness, peace, and benevolent energy. In spiritual practice, this attribute ward off negativity and ushers in divine grace and joy.

Meditating on this name aligns one with the blessings of the cosmos.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

401 ॐ वीराय नमः Om Virah Namaḥ

Valiant Warrior

This name highlights the compassionate power that responds to the call of seekers and removes obstacles. It teaches that complete trust in the divine presence dispels all anxiety.

Remembering this name fills the heart with joy and gratitude.

402 ॐ शक्तिमतां श्रेष्ठाय नमः Om Shaktimatam-shreshtaḥ Namaḥ

Most Eminent Among Powerful Powers

This name represents the imperishable, eternal, and transcendent reality beyond the senses. It shows that truth is beyond the limits of space, time, and matter, having no beginning or end.

Contemplating this raises the seeker above impermanence.

403 ॐ धर्माय नमः Om Dharmah Namaḥ

Dharma Itself

This name reveals the Supreme Lord as the protector who maintains the cosmic balance. Spiritually, it assures us that we are always safe under divine protection.

Meditating on this quality dispels inner fear and strengthens devotion.

404 ॐ धर्मविदुत्तमाय नमः Om Dharmaviduttamah Namaḥ

Best Among Knowers of Dharma

This name denotes the highest ideal of meditation, yoga, and inner focus. It teaches that stability of mind and looking inward are essential for spiritual discovery.

Meditating on this name calms mental chatter and fosters deep contemplation.

405 ॐ वैकुण्ठाय नमः Om Vaikunthaḥ Namaḥ

Safe-Keeper of Cosmic Movement

This name symbolizes the all-pervading sustenance and constant nourishment of the universe. In meditation, this attribute reminds us of the protective force that sustains our existence.

Chanting this name cultivates a deep sense of security, contentment, and peace.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

406 ॐ पुरुषाय नमः Om Puruṣaḥ Namaḥ

Supreme Being

This name represents the illuminator of intellect and the source of ultimate wisdom. Spiritually, it dispels the darkness of ignorance and kindles the light of discernment.

Meditating on this quality reveals the true self and leads to self-realization.

407 ॐ प्राणाय नमः Om Pranaḥ Namaḥ

Life-Breath

This name highlights the compassionate power that responds to the call of seekers and removes obstacles. It teaches that complete trust in the divine presence dispels all anxiety.

Remembering this name fills the heart with joy and gratitude.

408 ॐ प्राणदाय नमः Om Pranadaḥ Namaḥ

Giver of Life-Force

This name represents the imperishable, eternal, and transcendent reality beyond the senses. It shows that truth is beyond the limits of space, time, and matter, having no beginning or end.

Contemplating this raises the seeker above impermanence.

409 ॐ प्रणवाय नमः Om Pranavaḥ Namaḥ

Sacred Sound Om

This name reveals the Supreme Lord as the protector who maintains the cosmic balance. Spiritually, it assures us that we are always safe under divine protection.

Meditating on this quality dispels inner fear and strengthens devotion.

410 ॐ पृथ्वे नमः Om Prithuḥ Namaḥ

Cosmically Broad Lord

This name represents the supreme architect of the universe and the dawn of life. This attribute reminds us that our inner consciousness is the mother of all thoughts.

Focusing on this divine form purifies the mind and fills it with creative clarity.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

411 ॐ हिरण्यगर्भाय नमः Om Hiranyagarbhaḥ Namaḥ

Golden Cosmic Womb

This name signifies the primordial cause of creation and the origin of the cosmos. In meditation, it shows that all material forms manifest from that supreme being.

Contemplating this attribute cultivates creative energy and brings a fresh, divine perspective to life.

412 ॐ शत्रुघ्नाय नमः Om Shatrughnaḥ Namaḥ

Slayer of Obstacles and Enemies

This name symbolizes the controller of time and the power to transcend material limits. Spiritually, it clears away old patterns, ego, and negativity.

Contemplating this quality guides the seeker toward detachment and profound inner purification.

413 ॐ व्याप्ताय नमः Om Vyaptaḥ Namaḥ

All-Encompassing Reality

This name represents the divine consciousness that holds and nourishes all beings. It teaches us that selfless service and compassion are the highest forms of worship.

Contemplating this name fills the heart with universal love and gratitude.

414 ॐ वायवे नमः Om Vayuḥ Namaḥ

Dynamic Vital Force

This name represents the imperishable, eternal, and transcendent reality beyond the senses. It shows that truth is beyond the limits of space, time, and matter, having no beginning or end.

Contemplating this raises the seeker above impermanence.

415 ॐ अधोक्षजाय नमः Om Adhokshajaḥ Namaḥ

He Who Never Falls or Decays

This name reveals the Supreme Lord as the protector who maintains the cosmic balance. Spiritually, it assures us that we are always safe under divine protection.

Meditating on this quality dispels inner fear and strengthens devotion.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

416 ॐ ऋतये नमः Om Rituḥ Namaḥ

Cosmic Season Ruler

This name represents the supreme architect of the universe and the dawn of life. This attribute reminds us that our inner consciousness is the mother of all thoughts.

Focusing on this divine form purifies the mind and fills it with creative clarity.

417 ॐ सुदर्शनाय नमः Om Sudarshanaḥ Namaḥ

He of Auspicious Divine Vision

This name signifies the divine splendor, inner light, and supreme glory. It shows that the radiance of the soul is brighter than the sun, instantly dispelling spiritual darkness.

Contemplating this quality fills the seeker with vitality and spiritual glow.

418 ॐ कालाय नमः Om Kalaḥ Namaḥ

Time Itself

This name symbolizes the controller of time and the power to transcend material limits. Spiritually, it clears away old patterns, ego, and negativity.

Contemplating this quality guides the seeker toward detachment and profound inner purification.

419 ॐ परमेष्ठिणे नमः Om Parameshtheeḥ Namaḥ

Dweller in the Supreme Abode

This name highlights the compassionate power that responds to the call of seekers and removes obstacles. It teaches that complete trust in the divine presence dispels all anxiety.

Remembering this name fills the heart with joy and gratitude.

420 ॐ परिग्रहाय नमः Om Parigrahaḥ Namaḥ

Acceptor of Devotees

This name represents the imperishable, eternal, and transcendent reality beyond the senses. It shows that truth is beyond the limits of space, time, and matter, having no beginning or end.

Contemplating this raises the seeker above impermanence.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

421 ॐ उग्राय नमः Om Ugraḥ Namaḥ

Fearsome Absolute Power

This name reveals the Supreme Lord as the protector who maintains the cosmic balance. Spiritually, it assures us that we are always safe under divine protection.

Meditating on this quality dispels inner fear and strengthens devotion.

422 ॐ संवत्सराय नमः Om Samvatsaraḥ Namaḥ

Cosmic Year

This name represents the supreme architect of the universe and the dawn of life. This attribute reminds us that our inner consciousness is the mother of all thoughts.

Focusing on this divine form purifies the mind and fills it with creative clarity.

423 ॐ दक्षाय नमः Om Dakṣaḥ Namaḥ

Prompt and Swift Action Creator

This name symbolizes pure consciousness, the witness spirit, and the indwelling guide. In meditation, it shows that the awareness within us is the only truth, untouched by pleasure and pain.

Chanting this aligns the seeker with the silent inner witness.

424 ॐ विश्रामाय नमः Om Vishraamaḥ Namaḥ

Ultimate Resting Place

This name symbolizes the supreme auspiciousness, peace, and benevolent energy. In spiritual practice, this attribute ward off negativity and ushers in divine grace and joy.

Meditating on this name aligns one with the blessings of the cosmos.

425 ॐ विश्वदक्षिणाय नमः Om Vishvadakṣhinaḥ Namaḥ

Most Generous Donor of the Universe

This name highlights the compassionate power that responds to the call of seekers and removes obstacles. It teaches that complete trust in the divine presence dispels all anxiety.

Remembering this name fills the heart with joy and gratitude.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

426 ॐ विस्ताराय नमः Om Vistaraḥ Namaḥ

Infinity Extension

This name represents the imperishable, eternal, and transcendent reality beyond the senses. It shows that truth is beyond the limits of space, time, and matter, having no beginning or end.

Contemplating this raises the seeker above impermanence.

427 ॐ स्थावरस्थानवे नमः Om Sthavara-sthanuḥ Namaḥ

Static Core of Unmoving Entities

This name reveals the Supreme Lord as the protector who maintains the cosmic balance. Spiritually, it assures us that we are always safe under divine protection.

Meditating on this quality dispels inner fear and strengthens devotion.

428 ॐ प्रमाणाय नमः Om Pramanamḥ Namaḥ

Ultimate Authority and Proof

This name represents the supreme architect of the universe and the dawn of life. This attribute reminds us that our inner consciousness is the mother of all thoughts.

Focusing on this divine form purifies the mind and fills it with creative clarity.

429 ॐ बीजमव्ययाय नमः Om Beejam-avyayamḥ Namaḥ

Imperishable Seed

This name symbolizes pure consciousness, the witness spirit, and the indwelling guide. In meditation, it shows that the awareness within us is the only truth, untouched by pleasure and pain.

Chanting this aligns the seeker with the silent inner witness.

430 ॐ अर्थाय नमः Om Arthaḥ Namaḥ

Goal of All Pursuits

This name symbolizes the supreme auspiciousness, peace, and benevolent energy. In spiritual practice, this attribute ward off negativity and ushers in divine grace and joy.

Meditating on this name aligns one with the blessings of the cosmos.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

431 ॐ अनर्थाय नमः Om Anarthaḥ Namaḥ

Unbiased Essence

This name highlights the compassionate power that responds to the call of seekers and removes obstacles. It teaches that complete trust in the divine presence dispels all anxiety.

Remembering this name fills the heart with joy and gratitude.

432 ॐ महाकोशाय नमः Om Mahakoshaḥ Namaḥ

Possessor of Divine Great Sheaths

This name represents the imperishable, eternal, and transcendent reality beyond the senses. It shows that truth is beyond the limits of space, time, and matter, having no beginning or end.

Contemplating this raises the seeker above impermanence.

433 ॐ महाभोगाय नमः Om Mahabhogaḥ Namaḥ

Lord of Infinite Cosmic Pleasure

This name reveals the Supreme Lord as the protector who maintains the cosmic balance. Spiritually, it assures us that we are always safe under divine protection.

Meditating on this quality dispels inner fear and strengthens devotion.

434 ॐ महाधनाय नमः Om Mahadhanaḥ Namaḥ

Owner of Supreme Wealth

This name represents the supreme architect of the universe and the dawn of life. This attribute reminds us that our inner consciousness is the mother of all thoughts.

Focusing on this divine form purifies the mind and fills it with creative clarity.

435 ॐ अनिर्विण्णाय नमः Om Anirvinnaḥ Namaḥ

Ever-Energetic Lord

This name symbolizes pure consciousness, the witness spirit, and the indwelling guide. In meditation, it shows that the awareness within us is the only truth, untouched by pleasure and pain.

Chanting this aligns the seeker with the silent inner witness.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

436 ॐ स्थविरष्ठाय नमः Om Sthavir-shthaḥ Namaḥ

Gigantic Ancient Truth

This name symbolizes the supreme auspiciousness, peace, and benevolent energy. In spiritual practice, this attribute ward off negativity and ushers in divine grace and joy.

Meditating on this name aligns one with the blessings of the cosmos.

437 ॐ अभुवे नमः Om Abhuḥ Namaḥ

Groundless One Who Has No Origin

This name represents the supreme architect of the universe and the dawn of life. This attribute reminds us that our inner consciousness is the mother of all thoughts.

Focusing on this divine form purifies the mind and fills it with creative clarity.

438 ॐ धर्मयूपाय नमः Om Dharma-yupaḥ Namaḥ

Sacrificial Pillar of Righteousness

This name represents the imperishable, eternal, and transcendent reality beyond the senses. It shows that truth is beyond the limits of space, time, and matter, having no beginning or end.

Contemplating this raises the seeker above impermanence.

439 ॐ महामखाय नमः Om Maha-makhaḥ Namaḥ

Great Sacrifice

This name reveals the Supreme Lord as the protector who maintains the cosmic balance. Spiritually, it assures us that we are always safe under divine protection.

Meditating on this quality dispels inner fear and strengthens devotion.

440 ॐ नक्षत्रनेमये नमः Om Nakshatranemiḥ Namaḥ

Axis of the Cosmos Stars

This name represents the supreme architect of the universe and the dawn of life. This attribute reminds us that our inner consciousness is the mother of all thoughts.

Focusing on this divine form purifies the mind and fills it with creative clarity.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

441 ॐ नक्षत्रिणे नमः Om Nakshastriṇ Namaḥ

Lord of the Stars

This name symbolizes the all-pervading sustenance and constant nourishment of the universe. In meditation, this attribute reminds us of the protective force that sustains our existence.

Chanting this name cultivates a deep sense of security, contentment, and peace.

442 ॐ क्षमाय नमः Om Kshamaḥ Namaḥ

Perfectly Competent Patient One

This name symbolizes the supreme auspiciousness, peace, and benevolent energy. In spiritual practice, this attribute ward off negativity and ushers in divine grace and joy.

Meditating on this name aligns one with the blessings of the cosmos.

443 ॐ क्षामाय नमः Om Kshamaḥ Namaḥ

Abated Calm Self

This name highlights the compassionate power that responds to the call of seekers and removes obstacles. It teaches that complete trust in the divine presence dispels all anxiety.

Remembering this name fills the heart with joy and gratitude.

444 ॐ समीहनाय नमः Om Samihanaḥ Namaḥ

Well-Wishing Cosmic Will

This name represents the imperishable, eternal, and transcendent reality beyond the senses. It shows that truth is beyond the limits of space, time, and matter, having no beginning or end.

Contemplating this raises the seeker above impermanence.

445 ॐ यज्ञाय नमः Om Yajñaḥ Namaḥ

Sacrifice Itself

This name reveals the Supreme Lord as the protector who maintains the cosmic balance. Spiritually, it assures us that we are always safe under divine protection.

Meditating on this quality dispels inner fear and strengthens devotion.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

446 ॐ इज्याय नमः Om Ijyaḥ Namaḥ

One to be Worshipped

This name represents the supreme architect of the universe and the dawn of life. This attribute reminds us that our inner consciousness is the mother of all thoughts.

Focusing on this divine form purifies the mind and fills it with creative clarity.

447 ॐ महेज्याय नमः Om Mahejyaḥ Namaḥ

Supremely Worshipped Lord

This name symbolizes pure consciousness, the witness spirit, and the indwelling guide. In meditation, it shows that the awareness within us is the only truth, untouched by pleasure and pain.

Chanting this aligns the seeker with the silent inner witness.

448 ॐ क्रतवे नमः Om Kratuḥ Namaḥ

Cosmic Intention Sacrifice

This name symbolizes the supreme auspiciousness, peace, and benevolent energy. In spiritual practice, this attribute ward off negativity and ushers in divine grace and joy.

Meditating on this name aligns one with the blessings of the cosmos.

449 ॐ सत्राय नमः Om Satramḥ Namaḥ

Protective Congregation

This name represents the divine consciousness that holds and nourishes all beings. It teaches us that selfless service and compassion are the highest forms of worship.

Contemplating this name fills the heart with universal love and gratitude.

450 ॐ सतां गतये नमः Om Satam-gatiḥ Namaḥ

Ultimate Goal of the Righteous

This name represents the imperishable, eternal, and transcendent reality beyond the senses. It shows that truth is beyond the limits of space, time, and matter, having no beginning or end.

Contemplating this raises the seeker above impermanence.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

451 ॐ सर्वदर्शिणे नमः Om Sarvadarshiṇe Namaḥ

Omniscient Vision

This name reveals the Supreme Lord as the protector who maintains the cosmic balance. Spiritually, it assures us that we are always safe under divine protection.

Meditating on this quality dispels inner fear and strengthens devotion.

452 ॐ विमुक्तात्मने नमः Om Vimuktatmaṇe Namaḥ

Supremely Liberated Soul

This name denotes the highest ideal of meditation, yoga, and inner focus. It teaches that stability of mind and looking inward are essential for spiritual discovery.

Meditating on this name calms mental chatter and fosters deep contemplation.

453 ॐ सर्वज्ञाय नमः Om Sarvajñāye Namaḥ

All-Knowing Knower

This name symbolizes pure consciousness, the witness spirit, and the indwelling guide. In meditation, it shows that the awareness within us is the only truth, untouched by pleasure and pain.

Chanting this aligns the seeker with the silent inner witness.

454 ॐ ज्ञानमुत्तमाय नमः Om Jñanamuttamāye Namaḥ

Supreme Consciousness Knowledge

This name represents the illuminator of intellect and the source of ultimate wisdom. Spiritually, it dispels the darkness of ignorance and kindles the light of discernment.

Meditating on this quality reveals the true self and leads to self-realization.

455 ॐ सुव्रताय नमः Om Suvratāye Namaḥ

Keeper of Sublime Vows

This name highlights the compassionate power that responds to the call of seekers and removes obstacles. It teaches that complete trust in the divine presence dispels all anxiety.

Remembering this name fills the heart with joy and gratitude.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

456 ॐ सुमुखाय नमः Om Sumukhaḥ Namaḥ

He of Beautiful Serene Countenance

This name represents the imperishable, eternal, and transcendent reality beyond the senses. It shows that truth is beyond the limits of space, time, and matter, having no beginning or end.

Contemplating this raises the seeker above impermanence.

457 ॐ सूक्ष्माय नमः Om Sukshmaḥ Namaḥ

Most Subtle Pervading One

This name reveals the Supreme Lord as the protector who maintains the cosmic balance. Spiritually, it assures us that we are always safe under divine protection.

Meditating on this quality dispels inner fear and strengthens devotion.

458 ॐ सुघोषाय नमः Om Sughoshah Namaḥ

He of the Pure Cosmic Sound

This name represents the supreme architect of the universe and the dawn of life. This attribute reminds us that our inner consciousness is the mother of all thoughts.

Focusing on this divine form purifies the mind and fills it with creative clarity.

459 ॐ सुखदाय नमः Om Sukhadaḥ Namaḥ

Bestower of Happiness

This name symbolizes pure consciousness, the witness spirit, and the indwelling guide. In meditation, it shows that the awareness within us is the only truth, untouched by pleasure and pain.

Chanting this aligns the seeker with the silent inner witness.

460 ॐ सुहृते नमः Om Suhriṭṭ Namaḥ

True Selfless Friend

This name symbolizes the controller of time and the power to transcend material limits. Spiritually, it clears away old patterns, ego, and negativity.

Contemplating this quality guides the seeker toward detachment and profound inner purification.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

461 ॐ मनोहराय नमः Om Manoharaḥ Namaḥ

Captivator of Hearts

This name denotes the highest ideal of meditation, yoga, and inner focus. It teaches that stability of mind and looking inward are essential for spiritual discovery.

Meditating on this name calms mental chatter and fosters deep contemplation.

462 ॐ जितक्रोधाय नमः Om Jitakrodhaḥ Namaḥ

Conqueror of Anger

This name represents the imperishable, eternal, and transcendent reality beyond the senses. It shows that truth is beyond the limits of space, time, and matter, having no beginning or end.

Contemplating this raises the seeker above impermanence.

463 ॐ वीरबाह्वे नमः Om Virabahuḥ Namaḥ

He of Mighty Valiant Arms

This name reveals the Supreme Lord as the protector who maintains the cosmic balance. Spiritually, it assures us that we are always safe under divine protection.

Meditating on this quality dispels inner fear and strengthens devotion.

464 ॐ विदारणाय नमः Om Vidaranaḥ Namaḥ

Tearer Apart of the Unrighteous

This name represents the absolute peace and dissolution of the material world where all dualities cease. It teaches us that letting go of desires is the gateway to eternal tranquility.

Meditating on this quality brings silent, undisturbed awareness.

465 ॐ स्वापनाय नमः Om Svapanaḥ Namaḥ

Inducer of Cosmic Sleep

This name symbolizes pure consciousness, the witness spirit, and the indwelling guide. In meditation, it shows that the awareness within us is the only truth, untouched by pleasure and pain.

Chanting this aligns the seeker with the silent inner witness.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

466 ॐ स्ववशाय नमः Om Svavashaḥ Namaḥ

Absolutely Independent One

This name symbolizes the supreme auspiciousness, peace, and benevolent energy. In spiritual practice, this attribute ward off negativity and ushers in divine grace and joy.

Meditating on this name aligns one with the blessings of the cosmos.

467 ॐ व्यापिने नमः Om Vyapiḥ Namaḥ

Infinite Pervader

This name represents the divine consciousness that holds and nourishes all beings. It teaches us that selfless service and compassion are the highest forms of worship.

Contemplating this name fills the heart with universal love and gratitude.

468 ॐ नैकात्मने नमः Om Naikatmaḥ Namaḥ

Multi-Existent Soul

This name represents the imperishable, eternal, and transcendent reality beyond the senses. It shows that truth is beyond the limits of space, time, and matter, having no beginning or end.

Contemplating this raises the seeker above impermanence.

469 ॐ नैककर्मकृते नमः Om Naika-karma-kriṭṭ Namaḥ

Performer of Innumerable Cosmic Deeds

This name highlights the divine creative power and the source of the universe. On the spiritual path, it teaches that every creation is an extension of the Divine.

Meditating on this name allows the seeker to align with cosmic harmony and appreciate the flow of life.

470 ॐ वत्सराय नमः Om Vatsaraḥ Namaḥ

Dwelling Core of Affection

This name represents the supreme architect of the universe and the dawn of life. This attribute reminds us that our inner consciousness is the mother of all thoughts.

Focusing on this divine form purifies the mind and fills it with creative clarity.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

471 ॐ वत्सलाय नमः Om Vatsalaḥ Namaḥ

Supremely Loving One

This name symbolizes pure consciousness, the witness spirit, and the indwelling guide. In meditation, it shows that the awareness within us is the only truth, untouched by pleasure and pain.

Chanting this aligns the seeker with the silent inner witness.

472 ॐ वत्सिने नमः Om Vatsiḥ Namaḥ

Ultimate Guardian Father

This name reveals the Supreme Lord as the protector who maintains the cosmic balance. Spiritually, it assures us that we are always safe under divine protection.

Meditating on this quality dispels inner fear and strengthens devotion.

473 ॐ रत्नगर्भाय नमः Om Ratnagarbhaḥ Namaḥ

Matrix of Precious Treasures

This name represents the supreme architect of the universe and the dawn of life. This attribute reminds us that our inner consciousness is the mother of all thoughts.

Focusing on this divine form purifies the mind and fills it with creative clarity.

474 ॐ धनेश्वराय नमः Om Dhaneshvaraḥ Namaḥ

Supreme Lord of Wealth

This name symbolizes the all-pervading sustenance and constant nourishment of the universe. In meditation, this attribute reminds us of the protective force that sustains our existence.

Chanting this name cultivates a deep sense of security, contentment, and peace.

475 ॐ धर्मगुप् नमः Om Dharmagupṭḥ Namaḥ

Protector of Dharma

This name reveals the Supreme Lord as the protector who maintains the cosmic balance. Spiritually, it assures us that we are always safe under divine protection.

Meditating on this quality dispels inner fear and strengthens devotion.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

476 ॐ धर्मकृते नमः Om Dharmakṛtiḥ Namaḥ

Establisher of Virtue

This name represents the supreme architect of the universe and the dawn of life. This attribute reminds us that our inner consciousness is the mother of all thoughts.

Focusing on this divine form purifies the mind and fills it with creative clarity.

477 ॐ धर्मिणे नमः Om Dharmiḥ Namaḥ

Supporter of All Virtuous Paths

This name symbolizes pure consciousness, the witness spirit, and the indwelling guide. In meditation, it shows that the awareness within us is the only truth, untouched by pleasure and pain.

Chanting this aligns the seeker with the silent inner witness.

478 ॐ सते नमः Om Saṭi Namaḥ

Immutable Reality

This name symbolizes the supreme auspiciousness, peace, and benevolent energy. In spiritual practice, this attribute ward off negativity and ushers in divine grace and joy.

Meditating on this name aligns one with the blessings of the cosmos.

479 ॐ असते नमः Om Asaṭi Namaḥ

Manifest Illusion

This name represents the supreme architect of the universe and the dawn of life. This attribute reminds us that our inner consciousness is the mother of all thoughts.

Focusing on this divine form purifies the mind and fills it with creative clarity.

480 ॐ क्षराय नमः Om Ksharamḥ Namaḥ

Transient Creation Shape

This name signifies the transformation of physical forms and the ultimate freedom of the soul. It teaches that dissolution is merely a transition, while the consciousness remains immortal.

Meditating on this name liberates the seeker from attachment.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

481 ॐ अक्षराय नमः Om Aksharamḥ Namaḥ

Imperishable Changeless Essence

This name symbolizes the controller of time and the power to transcend material limits. Spiritually, it clears away old patterns, ego, and negativity.

Contemplating this quality guides the seeker toward detachment and profound inner purification.

482 ॐ अविज्ञात्रे नमः Om Avijñaataḥ Namaḥ

Unknowable Subject

This name represents the supreme architect of the universe and the dawn of life. This attribute reminds us that our inner consciousness is the mother of all thoughts.

Focusing on this divine form purifies the mind and fills it with creative clarity.

483 ॐ सहस्रांशवे नमः Om Sahasramshuḥ Namaḥ

Thousand-Rayed Luminary

This name symbolizes pure consciousness, the witness spirit, and the indwelling guide. In meditation, it shows that the awareness within us is the only truth, untouched by pleasure and pain.

Chanting this aligns the seeker with the silent inner witness.

484 ॐ विधात्रे नमः Om Vidhaataḥ Namaḥ

Dispenser of Fruits of Action

This name highlights the divine creative power and the source of the universe. On the spiritual path, it teaches that every creation is an extension of the Divine.

Meditating on this name allows the seeker to align with cosmic harmony and appreciate the flow of life.

485 ॐ कृतलक्षणाय नमः Om Kritalakshanah Namaḥ

Definer of Cosmic Marks

This name reveals the infinite majesty, beauty, and dignity of the Supreme Lord. It inspires the seeker to see the divine presence in the beauty of the universe.

Meditating on this form elevates the mind to states of reverence and awe.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

486 ॐ गभस्तिनेमये नमः Om Gabhastinemiḥ Namaḥ

Hub of the Wheel of Effulgence

This name signifies the divine splendor, inner light, and supreme glory. It shows that the radiance of the soul is brighter than the sun, instantly dispelling spiritual darkness.

Contemplating this quality fills the seeker with vitality and spiritual glow.

487 ॐ सत्त्वस्थाय नमः Om Sattvastaḥ Namaḥ

Abider in Pure Goodness

This name reveals the Supreme Lord as the protector who maintains the cosmic balance. Spiritually, it assures us that we are always safe under divine protection.

Meditating on this quality dispels inner fear and strengthens devotion.

488 ॐ सिंहाय नमः Om Simhaḥ Namaḥ

Mighty Divine Lion

This name represents the supreme architect of the universe and the dawn of life. This attribute reminds us that our inner consciousness is the mother of all thoughts.

Focusing on this divine form purifies the mind and fills it with creative clarity.

489 ॐ भूतमहेश्वराय नमः Om Bhuta-maheshvaraḥ Namaḥ

Supreme Lord of All Created Elements

This name symbolizes the all-pervading sustenance and constant nourishment of the universe. In meditation, this attribute reminds us of the protective force that sustains our existence.

Chanting this name cultivates a deep sense of security, contentment, and peace.

490 ॐ आदिदेवाय नमः Om Adi-devaḥ Namaḥ

Primordial Deity

This name symbolizes the supreme auspiciousness, peace, and benevolent energy. In spiritual practice, this attribute ward off negativity and ushers in divine grace and joy.

Meditating on this name aligns one with the blessings of the cosmos.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

491 ॐ महादेवाय नमः Om Mahadevaḥ Namaḥ

Great Divine Lord

This name highlights the compassionate power that responds to the call of seekers and removes obstacles. It teaches that complete trust in the divine presence dispels all anxiety.

Remembering this name fills the heart with joy and gratitude.

492 ॐ देवेशाय नमः Om Deveshaḥ Namaḥ

God of All Gods

This name symbolizes the all-pervading sustenance and constant nourishment of the universe. In meditation, this attribute reminds us of the protective force that sustains our existence.

Chanting this name cultivates a deep sense of security, contentment, and peace.

493 ॐ देवभृदुखे नमः Om Deva-bhrid-guruḥ Namaḥ

Preceptor and Sustainer of Celestials

This name reveals the Supreme Lord as the protector who maintains the cosmic balance. Spiritually, it assures us that we are always safe under divine protection.

Meditating on this quality dispels inner fear and strengthens devotion.

494 ॐ उत्तराय नमः Om Uttaraḥ Namaḥ

Rescuer from the Ocean of Samsara

This name represents the supreme architect of the universe and the dawn of life. This attribute reminds us that our inner consciousness is the mother of all thoughts.

Focusing on this divine form purifies the mind and fills it with creative clarity.

495 ॐ गोपतये नमः Om Gopatiḥ Namaḥ

Chief Master of Earth and Senses

This name symbolizes the all-pervading sustenance and constant nourishment of the universe. In meditation, this attribute reminds us of the protective force that sustains our existence.

Chanting this name cultivates a deep sense of security, contentment, and peace.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

496 ॐ गोप्त्रे नमः Om Goptaḥ Namaḥ

Secret Shield Protector

This name reveals the Supreme Lord as the protector who maintains the cosmic balance. Spiritually, it assures us that we are always safe under divine protection.

Meditating on this quality dispels inner fear and strengthens devotion.

497 ॐ ज्ञानगम्याय नमः Om Jnana-gamyāḥ Namaḥ

One Reached by Pure Wisdom

This name denotes the highest ideal of meditation, yoga, and inner focus. It teaches that stability of mind and looking inward are essential for spiritual discovery.

Meditating on this name calms mental chatter and fosters deep contemplation.

498 ॐ पुरातनाय नमः Om Puratanaḥ Namaḥ

Timeless Ancient Presence

This name represents the imperishable, eternal, and transcendent reality beyond the senses. It shows that truth is beyond the limits of space, time, and matter, having no beginning or end.

Contemplating this raises the seeker above impermanence.

499 ॐ शरीरभूतभृते नमः Om Sharira-bhutaḥ Namaḥ

Nourisher of Elemental Bodies

This name reveals the Supreme Lord as the protector who maintains the cosmic balance. Spiritually, it assures us that we are always safe under divine protection.

Meditating on this quality dispels inner fear and strengthens devotion.

500 ॐ भोक्त्रे नमः Om Bhoktaḥ Namaḥ

Supreme Enjoyer

This name represents the supreme architect of the universe and the dawn of life. This attribute reminds us that our inner consciousness is the mother of all thoughts.

Focusing on this divine form purifies the mind and fills it with creative clarity.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

501 ॐ कपीन्द्राय नमः Om Kapindraḥ Namaḥ

Lord of the Monkeys

This name symbolizes the all-pervading sustenance and constant nourishment of the universe. In meditation, this attribute reminds us of the protective force that sustains our existence.

Chanting this name cultivates a deep sense of security, contentment, and peace.

502 ॐ भूरिदक्षिणाय नमः Om Bhuridakshinaḥ Namaḥ

Giver of Liberal Gifts

This name symbolizes the supreme auspiciousness, peace, and benevolent energy. In spiritual practice, this attribute ward off negativity and ushers in divine grace and joy.

Meditating on this name aligns one with the blessings of the cosmos.

503 ॐ सोमपाय नमः Om Somapaḥ Namaḥ

Drinker of Soma Sacrifice

This name highlights the compassionate power that responds to the call of seekers and removes obstacles. It teaches that complete trust in the divine presence dispels all anxiety.

Remembering this name fills the heart with joy and gratitude.

504 ॐ अमृतपाय नमः Om Amritapaḥ Namaḥ

Consumer of Immortal Nectar

This name represents the imperishable, eternal, and transcendent reality beyond the senses. It shows that truth is beyond the limits of space, time, and matter, having no beginning or end.

Contemplating this raises the seeker above impermanence.

505 ॐ सोमाय नमः Om Somaḥ Namaḥ

Nurturing Moon

This name reveals the Supreme Lord as the protector who maintains the cosmic balance. Spiritually, it assures us that we are always safe under divine protection.

Meditating on this quality dispels inner fear and strengthens devotion.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

506 ॐ पुरुजिते नमः Om Purujith Namaḥ

Victor Over Many Adversaries

This name represents the supreme architect of the universe and the dawn of life. This attribute reminds us that our inner consciousness is the mother of all thoughts.

Focusing on this divine form purifies the mind and fills it with creative clarity.

507 ॐ पुरुसत्तमाय नमः Om Purusattamaḥ Namaḥ

Foremost Among Divine Beings

This name symbolizes pure consciousness, the witness spirit, and the indwelling guide. In meditation, it shows that the awareness within us is the only truth, untouched by pleasure and pain.

Chanting this aligns the seeker with the silent inner witness.

508 ॐ विनयाय नमः Om Vinayaḥ Namaḥ

Restrainer of Chaos

This name symbolizes the supreme auspiciousness, peace, and benevolent energy. In spiritual practice, this attribute ward off negativity and ushers in divine grace and joy.

Meditating on this name aligns one with the blessings of the cosmos.

509 ॐ जयाय नमः Om Jayaḥ Namaḥ

Conquest Identity

This name highlights the compassionate power that responds to the call of seekers and removes obstacles. It teaches that complete trust in the divine presence dispels all anxiety.

Remembering this name fills the heart with joy and gratitude.

510 ॐ सत्यसन्धाय नमः Om Satya-sandhaḥ Namaḥ

He of Unfailing Promises

This name represents the imperishable, eternal, and transcendent reality beyond the senses. It shows that truth is beyond the limits of space, time, and matter, having no beginning or end.

Contemplating this raises the seeker above impermanence.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

511 ॐ दाशार्हाय नमः Om Dasarhaḥ Namaḥ

Worthy Glory of the Dasarhas

This name highlights the divine creative power and the source of the universe. On the spiritual path, it teaches that every creation is an extension of the Divine.

Meditating on this name allows the seeker to align with cosmic harmony and appreciate the flow of life.

512 ॐ सात्वतांपतये नमः Om Satvata-patiḥ Namaḥ

Chief Protector of the Satvatas

This name represents the divine consciousness that holds and nourishes all beings. It teaches us that selfless service and compassion are the highest forms of worship.

Contemplating this name fills the heart with universal love and gratitude.

513 ॐ जीवाय नमः Om Jivaḥ Namaḥ

Inner Living Soul Force

This name symbolizes pure consciousness, the witness spirit, and the indwelling guide. In meditation, it shows that the awareness within us is the only truth, untouched by pleasure and pain.

Chanting this aligns the seeker with the silent inner witness.

514 ॐ विनयिता साक्षिणे नमः Om Vinayita-sakshiḥ Namaḥ

Witness of True Modesty

This name represents the illuminator of intellect and the source of ultimate wisdom. Spiritually, it dispels the darkness of ignorance and kindles the light of discernment.

Meditating on this quality reveals the true self and leads to self-realization.

515 ॐ मुकुन्दाय नमः Om Mukundaḥ Namaḥ

Giver of Salvation

This name highlights the compassionate power that responds to the call of seekers and removes obstacles. It teaches that complete trust in the divine presence dispels all anxiety.

Remembering this name fills the heart with joy and gratitude.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

516 ॐ अमितविक्रमाय नमः Om Amita-vikramah Namaḥ

He of Unbounded Valor

This name represents the imperishable, eternal, and transcendent reality beyond the senses. It shows that truth is beyond the limits of space, time, and matter, having no beginning or end.

Contemplating this raises the seeker above impermanence.

517 ॐ अम्भोनिधये नमः Om Ambho-nidhiḥ Namaḥ

Great Ocean Repository

This name reveals the Supreme Lord as the protector who maintains the cosmic balance. Spiritually, it assures us that we are always safe under divine protection.

Meditating on this quality dispels inner fear and strengthens devotion.

518 ॐ अनन्तात्मने नमः Om Anant-atmaḥ Namaḥ

Boundless Omnipresent Mind

This name denotes the highest ideal of meditation, yoga, and inner focus. It teaches that stability of mind and looking inward are essential for spiritual discovery.

Meditating on this name calms mental chatter and fosters deep contemplation.

519 ॐ महोदधिशयाय नमः Om Mahodadhi-shayaḥ Namaḥ

Sleeper on the Vast Primal Ocean

This name symbolizes pure consciousness, the witness spirit, and the indwelling guide. In meditation, it shows that the awareness within us is the only truth, untouched by pleasure and pain.

Chanting this aligns the seeker with the silent inner witness.

520 ॐ अन्तकाय नमः Om Antakaḥ Namaḥ

Terminator of All

This name symbolizes the controller of time and the power to transcend material limits. Spiritually, it clears away old patterns, ego, and negativity.

Contemplating this quality guides the seeker toward detachment and profound inner purification.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

521 ॐ अजाय नमः Om Ajaḥ Namaḥ

Unborn Lord

This name represents the supreme architect of the universe and the dawn of life. This attribute reminds us that our inner consciousness is the mother of all thoughts.

Focusing on this divine form purifies the mind and fills it with creative clarity.

522 ॐ महार्हाय नमः Om Maharhaḥ Namaḥ

One Deserving Highest Reverence

This name represents the imperishable, eternal, and transcendent reality beyond the senses. It shows that truth is beyond the limits of space, time, and matter, having no beginning or end.

Contemplating this raises the seeker above impermanence.

523 ॐ स्वाभाव्याय नमः Om Svabhavyaḥ Namaḥ

Naturally Self-Existing Divinity

This name reveals the Supreme Lord as the protector who maintains the cosmic balance. Spiritually, it assures us that we are always safe under divine protection.

Meditating on this quality dispels inner fear and strengthens devotion.

524 ॐ जितमित्राय नमः Om Jita-mitraḥ Namaḥ

Vanquisher of Inner Foes

This name represents the absolute peace and dissolution of the material world where all dualities cease. It teaches us that letting go of desires is the gateway to eternal tranquility.

Meditating on this quality brings silent, undisturbed awareness.

525 ॐ प्रमोदनाय नमः Om Pramodanaḥ Namaḥ

Bestower of Pure Joy

This name symbolizes pure consciousness, the witness spirit, and the indwelling guide. In meditation, it shows that the awareness within us is the only truth, untouched by pleasure and pain.

Chanting this aligns the seeker with the silent inner witness.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

526 ॐ आनन्दाय नमः Om Anandaḥ Namaḥ

Bliss Absolute

This name symbolizes the supreme auspiciousness, peace, and benevolent energy. In spiritual practice, this attribute ward off negativity and ushers in divine grace and joy.

Meditating on this name aligns one with the blessings of the cosmos.

527 ॐ नन्दनाय नमः Om Nandanaḥ Namaḥ

Rejoicer of Hearts

This name highlights the compassionate power that responds to the call of seekers and removes obstacles. It teaches that complete trust in the divine presence dispels all anxiety.

Remembering this name fills the heart with joy and gratitude.

528 ॐ नन्दाय नमः Om Nandaḥ Namaḥ

Abundance of True Wealth

This name represents the imperishable, eternal, and transcendent reality beyond the senses. It shows that truth is beyond the limits of space, time, and matter, having no beginning or end.

Contemplating this raises the seeker above impermanence.

529 ॐ सत्यधर्मने नमः Om Satyadharmāḥ Namaḥ

Embodiment of True Dharma

This name reveals the Supreme Lord as the protector who maintains the cosmic balance. Spiritually, it assures us that we are always safe under divine protection.

Meditating on this quality dispels inner fear and strengthens devotion.

530 ॐ त्रिविक्रमाय नमः Om Trivikramaḥ Namaḥ

He Who Measured the Three Worlds

This name represents the supreme architect of the universe and the dawn of life. This attribute reminds us that our inner consciousness is the mother of all thoughts.

Focusing on this divine form purifies the mind and fills it with creative clarity.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

531 ॐ महर्षिः कपिलाचार्याय नमः Om Maharshih Kapilacharyaḥ Namaḥ

Great Rishi Kapila Teacher

This name symbolizes pure consciousness, the witness spirit, and the indwelling guide. In meditation, it shows that the awareness within us is the only truth, untouched by pleasure and pain.

Chanting this aligns the seeker with the silent inner witness.

532 ॐ कृतज्ञाय नमः Om Kritajnaḥ Namaḥ

Knower of Devotion

This name symbolizes the supreme auspiciousness, peace, and benevolent energy. In spiritual practice, this attribute ward off negativity and ushers in divine grace and joy.

Meditating on this name aligns one with the blessings of the cosmos.

533 ॐ मेदिनीपतये नमः Om Medinipatiḥ Namaḥ

Sovereign Lord of the Earth

This name represents the divine consciousness that holds and nourishes all beings. It teaches us that selfless service and compassion are the highest forms of worship.

Contemplating this name fills the heart with universal love and gratitude.

534 ॐ त्रिपदाय नमः Om Tripadaḥ Namaḥ

Master of Three Steps

This name represents the imperishable, eternal, and transcendent reality beyond the senses. It shows that truth is beyond the limits of space, time, and matter, having no beginning or end.

Contemplating this raises the seeker above impermanence.

535 ॐ त्रिदशध्यक्षाय नमः Om Tri-dashadhyakshaḥ Namaḥ

Controller of Three-State Deities

This name reveals the Supreme Lord as the protector who maintains the cosmic balance. Spiritually, it assures us that we are always safe under divine protection.

Meditating on this quality dispels inner fear and strengthens devotion.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

536 ॐ महाशृंगाय नमः Om Maha-shringaḥ Namaḥ

Great Horned Matsya Form

This name represents the supreme architect of the universe and the dawn of life. This attribute reminds us that our inner consciousness is the mother of all thoughts.

Focusing on this divine form purifies the mind and fills it with creative clarity.

537 ॐ कृतान्तकृते नमः Om Kritantakṛiṭṭ Namaḥ

Annihilator of Death Itself

This name signifies the primordial cause of creation and the origin of the cosmos. In meditation, it shows that all material forms manifest from that supreme being.

Contemplating this attribute cultivates creative energy and brings a fresh, divine perspective to life.

538 ॐ महावराहाय नमः Om Maha-varahaḥ Namaḥ

Mighty Boar Incarnation

This name symbolizes the supreme auspiciousness, peace, and benevolent energy. In spiritual practice, this attribute ward off negativity and ushers in divine grace and joy.

Meditating on this name aligns one with the blessings of the cosmos.

539 ॐ गोविन्दाय नमः Om Govindaḥ Namaḥ

Protector of Cattle and Vedas

This name represents the divine consciousness that holds and nourishes all beings. It teaches us that selfless service and compassion are the highest forms of worship.

Contemplating this name fills the heart with universal love and gratitude.

540 ॐ सुषेणाय नमः Om Sushenaḥ Namaḥ

He with a Magnificent Army

This name represents the imperishable, eternal, and transcendent reality beyond the senses. It shows that truth is beyond the limits of space, time, and matter, having no beginning or end.

Contemplating this raises the seeker above impermanence.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

541 ॐ कनकांगदिने नमः Om Kanakangadiḥ Namaḥ

He Who Wears Radiant Golden Armlets

This name symbolizes the supreme auspiciousness, peace, and benevolent energy. In spiritual practice, this attribute ward off negativity and ushers in divine grace and joy.

Meditating on this name aligns one with the blessings of the cosmos.

542 ॐ गुह्याय नमः Om Guhyaḥ Namaḥ

Confidential Secret

This name represents the supreme architect of the universe and the dawn of life. This attribute reminds us that our inner consciousness is the mother of all thoughts.

Focusing on this divine form purifies the mind and fills it with creative clarity.

543 ॐ गभीराय नमः Om Gabhiraḥ Namaḥ

Infinitely Deep Presence

This name symbolizes pure consciousness, the witness spirit, and the indwelling guide. In meditation, it shows that the awareness within us is the only truth, untouched by pleasure and pain.

Chanting this aligns the seeker with the silent inner witness.

544 ॐ गहनाय नमः Om Gahanaḥ Namaḥ

Unfathomable Reality

This name symbolizes the supreme auspiciousness, peace, and benevolent energy. In spiritual practice, this attribute ward off negativity and ushers in divine grace and joy.

Meditating on this name aligns one with the blessings of the cosmos.

545 ॐ गुप्ताय नमः Om Guptaḥ Namaḥ

Concealed Reality

This name highlights the compassionate power that responds to the call of seekers and removes obstacles. It teaches that complete trust in the divine presence dispels all anxiety.

Remembering this name fills the heart with joy and gratitude.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

546 ॐ चक्रगदाधराय नमः Om Chakra-gada-dharaḥ Namaḥ

Wielder of Disc and Mace

This name represents the imperishable, eternal, and transcendent reality beyond the senses. It shows that truth is beyond the limits of space, time, and matter, having no beginning or end.

Contemplating this raises the seeker above impermanence.

547 ॐ वेधने नमः Om Vedhaḥ Namaḥ

Primordial Ordainer

This name highlights the divine creative power and the source of the universe. On the spiritual path, it teaches that every creation is an extension of the Divine.

Meditating on this name allows the seeker to align with cosmic harmony and appreciate the flow of life.

548 ॐ स्वांगाय नमः Om Svangaḥ Namaḥ

He of Beautiful Perfect Limbs

This name represents the supreme architect of the universe and the dawn of life. This attribute reminds us that our inner consciousness is the mother of all thoughts.

Focusing on this divine form purifies the mind and fills it with creative clarity.

549 ॐ अजिताय नमः Om Ajitaḥ Namaḥ

Unconquered Lord

This name symbolizes pure consciousness, the witness spirit, and the indwelling guide. In meditation, it shows that the awareness within us is the only truth, untouched by pleasure and pain.

Chanting this aligns the seeker with the silent inner witness.

550 ॐ कृष्णाय नमः Om Krishnaḥ Namaḥ

Dark-Complexioned All-Attractive One

This name symbolizes the supreme auspiciousness, peace, and benevolent energy. In spiritual practice, this attribute ward off negativity and ushers in divine grace and joy.

Meditating on this name aligns one with the blessings of the cosmos.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

551 ॐ दृढाय नमः Om Dridhaḥ Namaḥ

Firm Unshakable Determination

This name highlights the compassionate power that responds to the call of seekers and removes obstacles. It teaches that complete trust in the divine presence dispels all anxiety.

Remembering this name fills the heart with joy and gratitude.

552 ॐ संकर्षणोऽच्युताय नमः Om Sankarshanochyutaḥ Namaḥ

Infallible Gathering Power

This name represents the imperishable, eternal, and transcendent reality beyond the senses. It shows that truth is beyond the limits of space, time, and matter, having no beginning or end.

Contemplating this raises the seeker above impermanence.

553 ॐ वरुणाय नमः Om Varunaḥ Namaḥ

Setting Sun Principle

This name reveals the Supreme Lord as the protector who maintains the cosmic balance. Spiritually, it assures us that we are always safe under divine protection.

Meditating on this quality dispels inner fear and strengthens devotion.

554 ॐ वारुणाय नमः Om Varunaḥ Namaḥ

Son of Varuna Force

This name represents the supreme architect of the universe and the dawn of life. This attribute reminds us that our inner consciousness is the mother of all thoughts.

Focusing on this divine form purifies the mind and fills it with creative clarity.

555 ॐ वृक्षाय नमः Om Vrikshaḥ Namaḥ

Tree of Life Shelter

This name symbolizes pure consciousness, the witness spirit, and the indwelling guide. In meditation, it shows that the awareness within us is the only truth, untouched by pleasure and pain.

Chanting this aligns the seeker with the silent inner witness.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

556 ॐ पुष्कराक्षाय नमः Om Pushkarakṣaḥ Namaḥ

Lotus-Eyed One

This name denotes the gentleness, peace, and sanctuary of the Lord's lotus feet. In contemplation, this attribute brings soothing relief and shelter to a restless mind.

Meditating on this quality brings fearlessness and deep experience of grace.

557 ॐ महामनने नमः Om Maha-manāḥ Namaḥ

Master of the Cosmic Intellect

This name denotes the highest ideal of meditation, yoga, and inner focus. It teaches that stability of mind and looking inward are essential for spiritual discovery.

Meditating on this name calms mental chatter and fosters deep contemplation.

558 ॐ भगवते नमः Om Bhagavanāḥ Namaḥ

Supreme Lord of Six Opulences

This name represents the imperishable, eternal, and transcendent reality beyond the senses. It shows that truth is beyond the limits of space, time, and matter, having no beginning or end.

Contemplating this raises the seeker above impermanence.

559 ॐ भगहने नमः Om Bhagahaḥ Namaḥ

Destroyer of Material Opulences

This name symbolizes the controller of time and the power to transcend material limits. Spiritually, it clears away old patterns, ego, and negativity.

Contemplating this quality guides the seeker toward detachment and profound inner purification.

560 ॐ आनन्दिने नमः Om Anandiḥ Namaḥ

Dispenser of Happiness

This name represents the supreme architect of the universe and the dawn of life. This attribute reminds us that our inner consciousness is the mother of all thoughts.

Focusing on this divine form purifies the mind and fills it with creative clarity.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

561 ॐ वनमालिने नमः Om Vanamaliḥ Namaḥ

He Who Wears the Forest Garland

This name symbolizes pure consciousness, the witness spirit, and the indwelling guide. In meditation, it shows that the awareness within us is the only truth, untouched by pleasure and pain.

Chanting this aligns the seeker with the silent inner witness.

562 ॐ हलायुधाय नमः Om Halayudhaḥ Namaḥ

Wielder of the Plough share

This name symbolizes the supreme auspiciousness, peace, and benevolent energy. In spiritual practice, this attribute ward off negativity and ushers in divine grace and joy.

Meditating on this name aligns one with the blessings of the cosmos.

563 ॐ आदित्याय नमः Om Adityaḥ Namaḥ

Son of Aditi

This name reveals the infinite majesty, beauty, and dignity of the Supreme Lord. It inspires the seeker to see the divine presence in the beauty of the universe.

Meditating on this form elevates the mind to states of reverence and awe.

564 ॐ ज्योतिरादित्याय नमः Om Jyoti-radityaḥ Namaḥ

Effulgent Solar Deity

This name signifies the divine splendor, inner light, and supreme glory. It shows that the radiance of the soul is brighter than the sun, instantly dispelling spiritual darkness.

Contemplating this quality fills the seeker with vitality and spiritual glow.

565 ॐ सहिष्णवे नमः Om Sahishnuḥ Namaḥ

Patient Forgiver

This name symbolizes the controller of time and the power to transcend material limits. Spiritually, it clears away old patterns, ego, and negativity.

Contemplating this quality guides the seeker toward detachment and profound inner purification.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

566 ॐ गतिसत्तमाय नमः Om Gati-sattamaḥ Namaḥ

Absolute Ultimate Refuge

This name represents the supreme architect of the universe and the dawn of life. This attribute reminds us that our inner consciousness is the mother of all thoughts.

Focusing on this divine form purifies the mind and fills it with creative clarity.

567 ॐ सुधन्वने नमः Om Sudhanvaḥ Namaḥ

Wielder of the Perfect Bow

This name symbolizes pure consciousness, the witness spirit, and the indwelling guide. In meditation, it shows that the awareness within us is the only truth, untouched by pleasure and pain.

Chanting this aligns the seeker with the silent inner witness.

568 ॐ खण्डपरशवे नमः Om Khanda-parashuḥ Namaḥ

Wielder of the Piercing Axe

This name symbolizes the supreme auspiciousness, peace, and benevolent energy. In spiritual practice, this attribute ward off negativity and ushers in divine grace and joy.

Meditating on this name aligns one with the blessings of the cosmos.

569 ॐ दारुणाय नमः Om Darunaḥ Namaḥ

Stern Chastiser of Vice

This name highlights the compassionate power that responds to the call of seekers and removes obstacles. It teaches that complete trust in the divine presence dispels all anxiety.

Remembering this name fills the heart with joy and gratitude.

570 ॐ द्रविणप्रदाय नमः Om Dravina-pradaḥ Namaḥ

Bestower of Inner Substantial Wealth

This name represents the imperishable, eternal, and transcendent reality beyond the senses. It shows that truth is beyond the limits of space, time, and matter, having no beginning or end.

Contemplating this raises the seeker above impermanence.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

571 ॐ दिविस्पृक् नमः Om Divi-sprikh Namaḥ

Knower of High Spiritual Heavens

This name reveals the Supreme Lord as the protector who maintains the cosmic balance. Spiritually, it assures us that we are always safe under divine protection.

Meditating on this quality dispels inner fear and strengthens devotion.

572 ॐ सर्वदृग्व्यासाय नमः Om Sarvadr̥g-vyasaḥ Namaḥ

Expander of Complete Cosmic Vision

This name represents the supreme architect of the universe and the dawn of life. This attribute reminds us that our inner consciousness is the mother of all thoughts.

Focusing on this divine form purifies the mind and fills it with creative clarity.

573 ॐ वाचस्पतिरयोनिजाय नमः Om Vachaspatir-ayonijah Namaḥ

Unborn Lord of Universal Speech

This name signifies the primordial cause of creation and the origin of the cosmos. In meditation, it shows that all material forms manifest from that supreme being.

Contemplating this attribute cultivates creative energy and brings a fresh, divine perspective to life.

574 ॐ त्रिसामने नमः Om Trisamaḥ Namaḥ

One Sung by Three Samas

This name symbolizes the supreme auspiciousness, peace, and benevolent energy. In spiritual practice, this attribute ward off negativity and ushers in divine grace and joy.

Meditating on this name aligns one with the blessings of the cosmos.

575 ॐ सामगाय नमः Om Samagaḥ Namaḥ

Chanter of Sama Hymns

This name highlights the compassionate power that responds to the call of seekers and removes obstacles. It teaches that complete trust in the divine presence dispels all anxiety.

Remembering this name fills the heart with joy and gratitude.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

576 ॐ साम नमः Om Samah Namaḥ

Peace Chant Itself

This name represents the imperishable, eternal, and transcendent reality beyond the senses. It shows that truth is beyond the limits of space, time, and matter, having no beginning or end.

Contemplating this raises the seeker above impermanence.

577 ॐ निर्वाणाय नमः Om Nirvanamḥ Namaḥ

Supreme Liberation Happiness

This name reveals the Supreme Lord as the protector who maintains the cosmic balance. Spiritually, it assures us that we are always safe under divine protection.

Meditating on this quality dispels inner fear and strengthens devotion.

578 ॐ भेषजाय नमः Om Bhashajamḥ Namaḥ

Cure for Transmigratory Illusion

This name represents the supreme architect of the universe and the dawn of life. This attribute reminds us that our inner consciousness is the mother of all thoughts.

Focusing on this divine form purifies the mind and fills it with creative clarity.

579 ॐ भिषक् नमः Om Bhishakḥ Namaḥ

Divine Physician

This name symbolizes pure consciousness, the witness spirit, and the indwelling guide. In meditation, it shows that the awareness within us is the only truth, untouched by pleasure and pain.

Chanting this aligns the seeker with the silent inner witness.

580 ॐ संन्यासकृते नमः Om Sannyasakṛiḥ Namaḥ

Instigator of Renunciation

This name highlights the divine creative power and the source of the universe. On the spiritual path, it teaches that every creation is an extension of the Divine.

Meditating on this name allows the seeker to align with cosmic harmony and appreciate the flow of life.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

581 ॐ शमाय नमः Om Shamaḥ Namaḥ

Spirit of Inner Quietude

This name highlights the compassionate power that responds to the call of seekers and removes obstacles. It teaches that complete trust in the divine presence dispels all anxiety.

Remembering this name fills the heart with joy and gratitude.

582 ॐ शान्ताय नमः Om Shantaḥ Namaḥ

Perfectly Serene Soul

This name represents the imperishable, eternal, and transcendent reality beyond the senses. It shows that truth is beyond the limits of space, time, and matter, having no beginning or end.

Contemplating this raises the seeker above impermanence.

583 ॐ निष्ठने नमः Om Nishthaḥ Namaḥ

Absolute Abiding Center

This name reveals the Supreme Lord as the protector who maintains the cosmic balance. Spiritually, it assures us that we are always safe under divine protection.

Meditating on this quality dispels inner fear and strengthens devotion.

584 ॐ शान्तये नमः Om Shantiḥ Namaḥ

Peace Itself

This name represents the supreme architect of the universe and the dawn of life. This attribute reminds us that our inner consciousness is the mother of all thoughts.

Focusing on this divine form purifies the mind and fills it with creative clarity.

585 ॐ परायणाय नमः Om Parayanamḥ Namaḥ

Supreme Ultimate Goal

This name symbolizes pure consciousness, the witness spirit, and the indwelling guide. In meditation, it shows that the awareness within us is the only truth, untouched by pleasure and pain.

Chanting this aligns the seeker with the silent inner witness.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

586 ॐ शुभांगाय नमः Om Shubhangāḥ Namaḥ

He of Auspicious Divine Form

This name symbolizes the supreme auspiciousness, peace, and benevolent energy. In spiritual practice, this attribute ward off negativity and ushers in divine grace and joy.

Meditating on this name aligns one with the blessings of the cosmos.

587 ॐ शान्तिदाय नमः Om Shantidāḥ Namaḥ

Giver of Universal Peace

This name highlights the compassionate power that responds to the call of seekers and removes obstacles. It teaches that complete trust in the divine presence dispels all anxiety.

Remembering this name fills the heart with joy and gratitude.

588 ॐ स्रष्ट्रे नमः Om Sraśthāḥ Namaḥ

Primary Architect Maker

This name signifies the primordial cause of creation and the origin of the cosmos. In meditation, it shows that all material forms manifest from that supreme being.

Contemplating this attribute cultivates creative energy and brings a fresh, divine perspective to life.

589 ॐ कुमुदाय नमः Om Kumudāḥ Namaḥ

Delight of the Earth

This name reveals the Supreme Lord as the protector who maintains the cosmic balance. Spiritually, it assures us that we are always safe under divine protection.

Meditating on this quality dispels inner fear and strengthens devotion.

590 ॐ कुव्लेशयाय नमः Om Kuvalēshayaḥ Namaḥ

He Who Reclines on the Waters

This name represents the supreme architect of the universe and the dawn of life. This attribute reminds us that our inner consciousness is the mother of all thoughts.

Focusing on this divine form purifies the mind and fills it with creative clarity.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

591 ॐ गोहिताय नमः Om Gohitaḥ Namaḥ

Well-Wisher of Cattle and Cosmos

This name symbolizes pure consciousness, the witness spirit, and the indwelling guide. In meditation, it shows that the awareness within us is the only truth, untouched by pleasure and pain.

Chanting this aligns the seeker with the silent inner witness.

592 ॐ गोपतये नमः Om Gopatiḥ Namaḥ

Chief Master of Earth and Senses

This name reveals the Supreme Lord as the protector who maintains the cosmic balance. Spiritually, it assures us that we are always safe under divine protection.

Meditating on this quality dispels inner fear and strengthens devotion.

593 ॐ गोप्त्रे नमः Om Goptaḥ Namaḥ

Secret Shield Protector

This name represents the divine consciousness that holds and nourishes all beings. It teaches us that selfless service and compassion are the highest forms of worship.

Contemplating this name fills the heart with universal love and gratitude.

594 ॐ वृषभाक्षाय नमः Om Vrishabha-akshaḥ Namaḥ

Dharma-Visioned Lord

This name represents infinite compassion, divine love, and grace. It reminds us that the Divine is accessible through pure devotion and complete surrender.

Chanting this name awakens devotion in the heart and dissolves the ego.

595 ॐ वृषप्रियाय नमः Om Vrisha-priyaḥ Namaḥ

Lover of Righteousness

This name denotes the gentleness, peace, and sanctuary of the Lord's lotus feet. In contemplation, this attribute brings soothing relief and shelter to a restless mind.

Meditating on this quality brings fearlessness and deep experience of grace.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

596 ॐ अनिवर्तिणे नमः Om Anivartīḥ Namaḥ

He Who Never Retreats

This name represents the supreme architect of the universe and the dawn of life. This attribute reminds us that our inner consciousness is the mother of all thoughts.

Focusing on this divine form purifies the mind and fills it with creative clarity.

597 ॐ निवृत्तात्मने नमः Om Nivṛttatmaḥ Namaḥ

Soul Withdrawn from Materiality

This name symbolizes pure consciousness, the witness spirit, and the indwelling guide. In meditation, it shows that the awareness within us is the only truth, untouched by pleasure and pain.

Chanting this aligns the seeker with the silent inner witness.

598 ॐ संक्षेप्रे नमः Om Samkshēpṛeḥ Namaḥ

Minimalist Limiter during Pralaya

This name symbolizes the supreme auspiciousness, peace, and benevolent energy. In spiritual practice, this attribute ward off negativity and ushers in divine grace and joy.

Meditating on this name aligns one with the blessings of the cosmos.

599 ॐ क्षेमकृते नमः Om Kshemakṛtīḥ Namaḥ

Guardian of Human Safety

This name represents the supreme architect of the universe and the dawn of life. This attribute reminds us that our inner consciousness is the mother of all thoughts.

Focusing on this divine form purifies the mind and fills it with creative clarity.

600 ॐ शिवाय नमः Om Shivaḥ Namaḥ

Auspicious One

This name signifies the divine splendor, inner light, and supreme glory. It shows that the radiance of the soul is brighter than the sun, instantly dispelling spiritual darkness.

Contemplating this quality fills the seeker with vitality and spiritual glow.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

601 ॐ श्रीवत्सवक्षने नमः Om Shri-vatsa-vakshaḥ Namaḥ

Bearer of Shrivatsa Mark

This name symbolizes the supreme auspiciousness, peace, and benevolent energy. In spiritual practice, this attribute ward off negativity and ushers in divine grace and joy.

Meditating on this name aligns one with the blessings of the cosmos.

602 ॐ श्रीवासाय नमः Om Shrivaḥ Namaḥ

Constant Abode of Wealth

This name reveals the infinite majesty, beauty, and dignity of the Supreme Lord. It inspires the seeker to see the divine presence in the beauty of the universe.

Meditating on this form elevates the mind to states of reverence and awe.

603 ॐ श्रीपतये नमः Om Shripatiḥ Namaḥ

Consort of Goddess Lakshmi

This name signifies the divine splendor, inner light, and supreme glory. It shows that the radiance of the soul is brighter than the sun, instantly dispelling spiritual darkness.

Contemplating this quality fills the seeker with vitality and spiritual glow.

604 ॐ श्रीमतांवराय नमः Om Shrimatam-varaḥ Namaḥ

Supreme Master Among Auspicious Entities

This name symbolizes the supreme auspiciousness, peace, and benevolent energy. In spiritual practice, this attribute ward off negativity and ushers in divine grace and joy.

Meditating on this name aligns one with the blessings of the cosmos.

605 ॐ श्रीदाय नमः Om Shridaḥ Namaḥ

Bestower of Cosmic Fortune

This name reveals the infinite majesty, beauty, and dignity of the Supreme Lord. It inspires the seeker to see the divine presence in the beauty of the universe.

Meditating on this form elevates the mind to states of reverence and awe.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

606 ॐ श्रीशाय नमः Om Shrishaṇ Namaḥ

Ruler of Lakshmi

This name signifies the divine splendor, inner light, and supreme glory. It shows that the radiance of the soul is brighter than the sun, instantly dispelling spiritual darkness.

Contemplating this quality fills the seeker with vitality and spiritual glow.

607 ॐ श्रीनिवासाय नमः Om Shrinivasaḥ Namaḥ

Abode of Goddess Lakshmi

This name symbolizes the supreme auspiciousness, peace, and benevolent energy. In spiritual practice, this attribute ward off negativity and ushers in divine grace and joy.

Meditating on this name aligns one with the blessings of the cosmos.

608 ॐ श्रीनिधये नमः Om Shrinidhiḥ Namaḥ

Eternal Treasure House of Glory

This name reveals the infinite majesty, beauty, and dignity of the Supreme Lord. It inspires the seeker to see the divine presence in the beauty of the universe.

Meditating on this form elevates the mind to states of reverence and awe.

609 ॐ श्रीविभावनाय नमः Om Shri-vibhavanaḥ Namaḥ

Grantor of Varied Prosperities

This name signifies the primordial cause of creation and the origin of the cosmos. In meditation, it shows that all material forms manifest from that supreme being.

Contemplating this attribute cultivates creative energy and brings a fresh, divine perspective to life.

610 ॐ श्रीधराय नमः Om Shridharaḥ Namaḥ

Bearer of the Earth Grace

This name symbolizes the supreme auspiciousness, peace, and benevolent energy. In spiritual practice, this attribute ward off negativity and ushers in divine grace and joy.

Meditating on this name aligns one with the blessings of the cosmos.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

611 ॐ श्रीकराय नमः Om Shrikaraḥ Namaḥ

Source of Fortunate Blessings

This name reveals the infinite majesty, beauty, and dignity of the Supreme Lord. It inspires the seeker to see the divine presence in the beauty of the universe.

Meditating on this form elevates the mind to states of reverence and awe.

612 ॐ श्रेयाय नमः Om Shreyaḥ Namaḥ

Supreme Liberation Good

This name represents the imperishable, eternal, and transcendent reality beyond the senses. It shows that truth is beyond the limits of space, time, and matter, having no beginning or end.

Contemplating this raises the seeker above impermanence.

613 ॐ श्रीमते नमः Om Shrimaanaḥ Namaḥ

Lord of Lakshmi

This name symbolizes the supreme auspiciousness, peace, and benevolent energy. In spiritual practice, this attribute ward off negativity and ushers in divine grace and joy.

Meditating on this name aligns one with the blessings of the cosmos.

614 ॐ लोकत्रयाश्रयाय नमः Om Loka-traya-ashrayaḥ Namaḥ

Refuge of the Three Realms

This name represents the supreme architect of the universe and the dawn of life. This attribute reminds us that our inner consciousness is the mother of all thoughts.

Focusing on this divine form purifies the mind and fills it with creative clarity.

615 ॐ स्वक्षाय नमः Om Svakshaḥ Namaḥ

He with Beautiful Divine Sight

This name represents infinite compassion, divine love, and grace. It reminds us that the Divine is accessible through pure devotion and complete surrender.

Chanting this name awakens devotion in the heart and dissolves the ego.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

616 ॐ स्वंगाय नमः Om Svangaḥ Namaḥ

He of Beautiful Perfect Limbs

This name symbolizes the supreme auspiciousness, peace, and benevolent energy. In spiritual practice, this attribute ward off negativity and ushers in divine grace and joy.

Meditating on this name aligns one with the blessings of the cosmos.

617 ॐ शतानन्दाय नमः Om Shatanandaḥ Namaḥ

He of Infinite Infinite Joys

This name highlights the compassionate power that responds to the call of seekers and removes obstacles. It teaches that complete trust in the divine presence dispels all anxiety.

Remembering this name fills the heart with joy and gratitude.

618 ॐ नन्दये नमः Om Nandiḥ Namaḥ

Pure Supreme Rejoicing

This name represents the imperishable, eternal, and transcendent reality beyond the senses. It shows that truth is beyond the limits of space, time, and matter, having no beginning or end.

Contemplating this raises the seeker above impermanence.

619 ॐ ज्योतिर्गणेश्वराय नमः Om Jyotirgane-shvaraḥ Namaḥ

Lord of Luminous Star Assemblies

This name reveals the Supreme Lord as the protector who maintains the cosmic balance. Spiritually, it assures us that we are always safe under divine protection.

Meditating on this quality dispels inner fear and strengthens devotion.

620 ॐ विजितात्मने नमः Om Vijit-atmaḥ Namaḥ

Absolute Conqueror of Mind

This name represents the supreme architect of the universe and the dawn of life. This attribute reminds us that our inner consciousness is the mother of all thoughts.

Focusing on this divine form purifies the mind and fills it with creative clarity.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

621 ॐ विधेयात्मने नमः Om Vidheyatmaḥ Namaḥ

He Controlled by His Devotees Love

This name symbolizes pure consciousness, the witness spirit, and the indwelling guide. In meditation, it shows that the awareness within us is the only truth, untouched by pleasure and pain.

Chanting this aligns the seeker with the silent inner witness.

622 ॐ सत्कीर्तये नमः Om Satkirtiḥ Namaḥ

Bearer of True Unfading Glory

This name symbolizes the supreme auspiciousness, peace, and benevolent energy. In spiritual practice, this attribute ward off negativity and ushers in divine grace and joy.

Meditating on this name aligns one with the blessings of the cosmos.

623 ॐ छिन्नसंशयाय नमः Om Chhinna-samshayaḥ Namaḥ

Dispeller of All Doubts

This name highlights the compassionate power that responds to the call of seekers and removes obstacles. It teaches that complete trust in the divine presence dispels all anxiety.

Remembering this name fills the heart with joy and gratitude.

624 ॐ उदीर्णाय नमः Om Udirnaḥ Namaḥ

Supreme Exalted Reality

This name represents the imperishable, eternal, and transcendent reality beyond the senses. It shows that truth is beyond the limits of space, time, and matter, having no beginning or end.

Contemplating this raises the seeker above impermanence.

625 ॐ सर्वतश्चक्षवे नमः Om Sarvatash-chakshuḥ Namaḥ

Eyes Pervading Everywhere

This name reveals the Supreme Lord as the protector who maintains the cosmic balance. Spiritually, it assures us that we are always safe under divine protection.

Meditating on this quality dispels inner fear and strengthens devotion.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

626 ॐ अनीशाय नमः Om Anishayaḥ Namaḥ

Sovereign Without Any Ruler

This name represents the divine consciousness that holds and nourishes all beings. It teaches us that selfless service and compassion are the highest forms of worship.

Contemplating this name fills the heart with universal love and gratitude.

627 ॐ शाश्वतस्थिराय नमः Om Shasvata-sthiraḥ Namaḥ

Everlasting Constant Station

This name symbolizes pure consciousness, the witness spirit, and the indwelling guide. In meditation, it shows that the awareness within us is the only truth, untouched by pleasure and pain.

Chanting this aligns the seeker with the silent inner witness.

628 ॐ भूशयाय नमः Om Bhushayaḥ Namaḥ

He Who Rests upon the Primordial Ground

This name symbolizes the supreme auspiciousness, peace, and benevolent energy. In spiritual practice, this attribute ward off negativity and ushers in divine grace and joy.

Meditating on this name aligns one with the blessings of the cosmos.

629 ॐ भूषणाय नमः Om Bhushanaḥ Namaḥ

Ornament of the Created Universe

This name highlights the compassionate power that responds to the call of seekers and removes obstacles. It teaches that complete trust in the divine presence dispels all anxiety.

Remembering this name fills the heart with joy and gratitude.

630 ॐ भूतये नमः Om Bhutīḥ Namaḥ

Divine Existence and Power

This name represents the imperishable, eternal, and transcendent reality beyond the senses. It shows that truth is beyond the limits of space, time, and matter, having no beginning or end.

Contemplating this raises the seeker above impermanence.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

631 ॐ विशोकाय नमः Om Vishokaḥ Namaḥ

Soul Untouched by Pain

This name reveals the Supreme Lord as the protector who maintains the cosmic balance. Spiritually, it assures us that we are always safe under divine protection.

Meditating on this quality dispels inner fear and strengthens devotion.

632 ॐ शोकनाशनाय नमः Om Shoka-nashanaḥ Namaḥ

Eradicator of Grievance

This name represents the absolute peace and dissolution of the material world where all dualities cease. It teaches us that letting go of desires is the gateway to eternal tranquility.

Meditating on this quality brings silent, undisturbed awareness.

633 ॐ अर्चिष्मते नमः Om Archishmanaḥ Namaḥ

Splendrous Radiant Lord

This name signifies the divine splendor, inner light, and supreme glory. It shows that the radiance of the soul is brighter than the sun, instantly dispelling spiritual darkness.

Contemplating this quality fills the seeker with vitality and spiritual glow.

634 ॐ अर्चिताय नमः Om Architaḥ Namaḥ

One Worshipped by All Worlds

This name symbolizes the supreme auspiciousness, peace, and benevolent energy. In spiritual practice, this attribute ward off negativity and ushers in divine grace and joy.

Meditating on this name aligns one with the blessings of the cosmos.

635 ॐ कुम्भाय नमः Om Kumbhaḥ Namaḥ

Vessel Containing Everything

This name highlights the compassionate power that responds to the call of seekers and removes obstacles. It teaches that complete trust in the divine presence dispels all anxiety.

Remembering this name fills the heart with joy and gratitude.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

636 ॐ विशुद्धात्मने नमः Om Vishuddhatmaḥ Namaḥ

Absolutely Purified Soul

This name symbolizes pure consciousness, the witness spirit, and the indwelling guide. In meditation, it shows that the awareness within us is the only truth, untouched by pleasure and pain.

Chanting this aligns the seeker with the silent inner witness.

637 ॐ विशोधनाय नमः Om Vishoshanaḥ Namaḥ

Great Purifier of Sins

This name reveals the Supreme Lord as the protector who maintains the cosmic balance. Spiritually, it assures us that we are always safe under divine protection.

Meditating on this quality dispels inner fear and strengthens devotion.

638 ॐ अनिरुद्धाय नमः Om Aniruddhaḥ Namaḥ

Unobstructed One

This name represents the supreme architect of the universe and the dawn of life. This attribute reminds us that our inner consciousness is the mother of all thoughts.

Focusing on this divine form purifies the mind and fills it with creative clarity.

639 ॐ अप्रतिरथाय नमः Om Apratirath Namaḥ

Peerless Warrior Without Opponent

This name symbolizes pure consciousness, the witness spirit, and the indwelling guide. In meditation, it shows that the awareness within us is the only truth, untouched by pleasure and pain.

Chanting this aligns the seeker with the silent inner witness.

640 ॐ प्रद्युम्नाय नमः Om Pradyumnaḥ Namaḥ

Most Illumining Wealthy Presence

This name symbolizes the supreme auspiciousness, peace, and benevolent energy. In spiritual practice, this attribute ward off negativity and ushers in divine grace and joy.

Meditating on this name aligns one with the blessings of the cosmos.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

641 ॐ अमितविक्रमाय नमः Om Amita-vikramaḥ Namaḥ

He of Unbounded Valor

This name highlights the compassionate power that responds to the call of seekers and removes obstacles. It teaches that complete trust in the divine presence dispels all anxiety.

Remembering this name fills the heart with joy and gratitude.

642 ॐ कालनेमिनिहने नमः Om Kala-nemi-nihāḥ Namaḥ

Slayer of the Demon Kalanemi

This name signifies the transformation of physical forms and the ultimate freedom of the soul. It teaches that dissolution is merely a transition, while the consciousness remains immortal.

Meditating on this name liberates the seeker from attachment.

643 ॐ वीराय नमः Om Virāḥ Namaḥ

Valiant Warrior

This name reveals the Supreme Lord as the protector who maintains the cosmic balance. Spiritually, it assures us that we are always safe under divine protection.

Meditating on this quality dispels inner fear and strengthens devotion.

644 ॐ शौरये नमः Om Shauriḥ Namaḥ

Descendant of Sura

This name represents the supreme architect of the universe and the dawn of life. This attribute reminds us that our inner consciousness is the mother of all thoughts.

Focusing on this divine form purifies the mind and fills it with creative clarity.

645 ॐ शूरजनेश्वराय नमः Om Shura-janeshvaraḥ Namaḥ

Chief Commander of Heroic Souls

This name symbolizes the all-pervading sustenance and constant nourishment of the universe. In meditation, this attribute reminds us of the protective force that sustains our existence.

Chanting this name cultivates a deep sense of security, contentment, and peace.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

646 ॐ त्रिलोकात्मने नमः Om Trilok-atmaḥ Namaḥ

Inner Self of the Three Worlds

This name represents the illuminator of intellect and the source of ultimate wisdom. Spiritually, it dispels the darkness of ignorance and kindles the light of discernment.

Meditating on this quality reveals the true self and leads to self-realization.

647 ॐ त्रिलोकेशाय नमः Om Trilokेशaḥ Namaḥ

Overlord of the Three Worlds

This name represents the divine consciousness that holds and nourishes all beings. It teaches us that selfless service and compassion are the highest forms of worship.

Contemplating this name fills the heart with universal love and gratitude.

648 ॐ केशवाय नमः Om Keshavaḥ Namaḥ

Slayer of Keshi

This name represents the imperishable, eternal, and transcendent reality beyond the senses. It shows that truth is beyond the limits of space, time, and matter, having no beginning or end.

Contemplating this raises the seeker above impermanence.

649 ॐ केशिहने नमः Om Keshi-haḥ Namaḥ

Slayer of the Horse-Demon Keshi

This name symbolizes the controller of time and the power to transcend material limits. Spiritually, it clears away old patterns, ego, and negativity.

Contemplating this quality guides the seeker toward detachment and profound inner purification.

650 ॐ हरये नमः Om Hariḥ Namaḥ

Absolute Remover of Sins

This name represents the supreme architect of the universe and the dawn of life. This attribute reminds us that our inner consciousness is the mother of all thoughts.

Focusing on this divine form purifies the mind and fills it with creative clarity.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

651 ॐ कामदेवाय नमः Om Kamadevaḥ Namaḥ

Lord of Pure True Intent

This name represents infinite compassion, divine love, and grace. It reminds us that the Divine is accessible through pure devotion and complete surrender.

Chanting this name awakens devotion in the heart and dissolves the ego.

652 ॐ कामपालाय नमः Om Kamapalaḥ Namaḥ

Custodian of Pure Spiritual Paths

This name symbolizes the supreme auspiciousness, peace, and benevolent energy. In spiritual practice, this attribute ward off negativity and ushers in divine grace and joy.

Meditating on this name aligns one with the blessings of the cosmos.

653 ॐ कामिने नमः Om Kamiḥ Namaḥ

Desirer of Universal Well-Being

This name highlights the compassionate power that responds to the call of seekers and removes obstacles. It teaches that complete trust in the divine presence dispels all anxiety.

Remembering this name fills the heart with joy and gratitude.

654 ॐ कान्ताय नमः Om Kantaḥ Namaḥ

Beautiful One

This name represents the imperishable, eternal, and transcendent reality beyond the senses. It shows that truth is beyond the limits of space, time, and matter, having no beginning or end.

Contemplating this raises the seeker above impermanence.

655 ॐ कृतागमाय नमः Om Kritagamaḥ Namaḥ

Revealer of Holy Agamas Scriptures

This name reveals the Supreme Lord as the protector who maintains the cosmic balance. Spiritually, it assures us that we are always safe under divine protection.

Meditating on this quality dispels inner fear and strengthens devotion.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

656 ॐ अनिर्देश्यवपुवे नमः Om Anirdeshya-vapuḥ Namaḥ

He of Indescribable Form

This name represents the supreme architect of the universe and the dawn of life. This attribute reminds us that our inner consciousness is the mother of all thoughts.

Focusing on this divine form purifies the mind and fills it with creative clarity.

657 ॐ विष्णवे नमः Om Vishnuḥ Namaḥ

All-Pervading One

This name symbolizes the all-pervading sustenance and constant nourishment of the universe. In meditation, this attribute reminds us of the protective force that sustains our existence.

Chanting this name cultivates a deep sense of security, contentment, and peace.

658 ॐ वीराय नमः Om Virah Namaḥ

Valiant Warrior

This name symbolizes the supreme auspiciousness, peace, and benevolent energy. In spiritual practice, this attribute ward off negativity and ushers in divine grace and joy.

Meditating on this name aligns one with the blessings of the cosmos.

659 ॐ अनन्ताय नमः Om Anantaḥ Namaḥ

Endless Boundless Infinitude

This name highlights the compassionate power that responds to the call of seekers and removes obstacles. It teaches that complete trust in the divine presence dispels all anxiety.

Remembering this name fills the heart with joy and gratitude.

660 ॐ धनञ्जयाय नमः Om Dhananjayaḥ Namaḥ

Winner of All Real Substantial Wealth

This name represents the imperishable, eternal, and transcendent reality beyond the senses. It shows that truth is beyond the limits of space, time, and matter, having no beginning or end.

Contemplating this raises the seeker above impermanence.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

661 ॐ ब्रह्मण्याय नमः Om Brahmanyaḥ Namaḥ

Supporter of Brahman and Seers

This name denotes the gentleness, peace, and sanctuary of the Lord's lotus feet. In contemplation, this attribute brings soothing relief and shelter to a restless mind.

Meditating on this quality brings fearlessness and deep experience of grace.

662 ॐ ब्रह्मकृते नमः Om Brahma-kṛtiḥ Namaḥ

Force Behind Creation Action

This name represents the supreme architect of the universe and the dawn of life. This attribute reminds us that our inner consciousness is the mother of all thoughts.

Focusing on this divine form purifies the mind and fills it with creative clarity.

663 ॐ ब्रह्मणे नमः Om Brahmaḥ Namaḥ

Manifest Creator Divinity

This name signifies the primordial cause of creation and the origin of the cosmos. In meditation, it shows that all material forms manifest from that supreme being.

Contemplating this attribute cultivates creative energy and brings a fresh, divine perspective to life.

664 ॐ ब्रह्म नमः Om Brahmaḥ Namaḥ

Increaser of Spiritual Austerity

This name symbolizes the supreme auspiciousness, peace, and benevolent energy. In spiritual practice, this attribute ward off negativity and ushers in divine grace and joy.

Meditating on this name aligns one with the blessings of the cosmos.

665 ॐ ब्रह्मविवर्धनाय नमः Om Brahma-vivardhanaḥ Namaḥ

Direct Knower of Truth Reality

This name highlights the compassionate power that responds to the call of seekers and removes obstacles. It teaches that complete trust in the divine presence dispels all anxiety.

Remembering this name fills the heart with joy and gratitude.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

666 ॐ ब्रह्मविद् नमः Om Brahma-vidḥ Namaḥ

Realized Seer Identity

This name symbolizes pure consciousness, the witness spirit, and the indwelling guide. In meditation, it shows that the awareness within us is the only truth, untouched by pleasure and pain.

Chanting this aligns the seeker with the silent inner witness.

667 ॐ ब्राह्मणाय नमः Om Brahmanaḥ Namaḥ

Possessor of Perfect Supreme Consciousness

This name reveals the Supreme Lord as the protector who maintains the cosmic balance. Spiritually, it assures us that we are always safe under divine protection.

Meditating on this quality dispels inner fear and strengthens devotion.

668 ॐ ब्रह्मिणे नमः Om Brahmiḥ Namaḥ

Experiencer of Brahman

This name represents the supreme architect of the universe and the dawn of life. This attribute reminds us that our inner consciousness is the mother of all thoughts.

Focusing on this divine form purifies the mind and fills it with creative clarity.

669 ॐ ब्रह्मज्ञाय नमः Om Brahma-jñaḥ Namaḥ

Protector Lover of Realized Saints

This name symbolizes pure consciousness, the witness spirit, and the indwelling guide. In meditation, it shows that the awareness within us is the only truth, untouched by pleasure and pain.

Chanting this aligns the seeker with the silent inner witness.

670 ॐ ब्राह्मणप्रियाय नमः Om Brahmana-priyaḥ Namaḥ

Infinite Unchanging Ground Truth

This name denotes the gentleness, peace, and sanctuary of the Lord's lotus feet. In contemplation, this attribute brings soothing relief and shelter to a restless mind.

Meditating on this quality brings fearlessness and deep experience of grace.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

671 ॐ महाक्रमाय नमः Om Mahakramāḥ Namaḥ

He of Step Expansion Cosmic Walks

This name highlights the compassionate power that responds to the call of seekers and removes obstacles. It teaches that complete trust in the divine presence dispels all anxiety.

Remembering this name fills the heart with joy and gratitude.

672 ॐ महाकर्मने नमः Om Maha-karmāḥ Namaḥ

Executor of Sublime Miraculous Tasks

This name represents the imperishable, eternal, and transcendent reality beyond the senses. It shows that truth is beyond the limits of space, time, and matter, having no beginning or end.

Contemplating this raises the seeker above impermanence.

673 ॐ महातेजने नमः Om Maha-tejaḥ Namaḥ

Essence of Supreme Luminosity

This name symbolizes the supreme auspiciousness, peace, and benevolent energy. In spiritual practice, this attribute ward off negativity and ushers in divine grace and joy.

Meditating on this name aligns one with the blessings of the cosmos.

674 ॐ महोरगाय नमः Om Mahoragāḥ Namaḥ

Great Divine Serpent Coiling Reality

This name represents the supreme architect of the universe and the dawn of life. This attribute reminds us that our inner consciousness is the mother of all thoughts.

Focusing on this divine form purifies the mind and fills it with creative clarity.

675 ॐ महाक्रतवे नमः Om Maha-kratuḥ Namaḥ

Grand Infinite Sacrifice Intent

This name symbolizes pure consciousness, the witness spirit, and the indwelling guide. In meditation, it shows that the awareness within us is the only truth, untouched by pleasure and pain.

Chanting this aligns the seeker with the silent inner witness.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

676 ॐ महायज्वने नमः Om Maha-yajvaḥ Namaḥ

Ultimate Performer of Great Rituals

This name symbolizes the supreme auspiciousness, peace, and benevolent energy. In spiritual practice, this attribute ward off negativity and ushers in divine grace and joy.

Meditating on this name aligns one with the blessings of the cosmos.

677 ॐ महायज्ञाय नमः Om Maha-yajnaḥ Namaḥ

Highest Spiritual Offering

This name highlights the compassionate power that responds to the call of seekers and removes obstacles. It teaches that complete trust in the divine presence dispels all anxiety.

Remembering this name fills the heart with joy and gratitude.

678 ॐ महाहवये नमः Om Maha-haviḥ Namaḥ

Grand Ultimate Sacrificial Offering

This name represents the imperishable, eternal, and transcendent reality beyond the senses. It shows that truth is beyond the limits of space, time, and matter, having no beginning or end.

Contemplating this raises the seeker above impermanence.

679 ॐ स्तव्याय नमः Om Stavyaḥ Namaḥ

Proper Object of Praise

This name reveals the Supreme Lord as the protector who maintains the cosmic balance. Spiritually, it assures us that we are always safe under divine protection.

Meditating on this quality dispels inner fear and strengthens devotion.

680 ॐ स्तवप्रियाय नमः Om Stava-priyaḥ Namaḥ

Appreciator of Heartfelt Praise

This name highlights the compassionate power that responds to the call of seekers and removes obstacles. It teaches that complete trust in the divine presence dispels all anxiety.

Remembering this name fills the heart with joy and gratitude.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

681 ॐ स्तोत्राय नमः Om Stotramḥ Namaḥ

Divine Eulogy Song Itself

This name symbolizes pure consciousness, the witness spirit, and the indwelling guide. In meditation, it shows that the awareness within us is the only truth, untouched by pleasure and pain.

Chanting this aligns the seeker with the silent inner witness.

682 ॐ स्तुतये नमः Om Stutiḥ Namaḥ

Act of Worship Praise

This name symbolizes the supreme auspiciousness, peace, and benevolent energy. In spiritual practice, this attribute ward off negativity and ushers in divine grace and joy.

Meditating on this name aligns one with the blessings of the cosmos.

683 ॐ स्तोत्रे नमः Om Stotaḥ Namaḥ

Singer of Prayers Through Devotees

This name highlights the compassionate power that responds to the call of seekers and removes obstacles. It teaches that complete trust in the divine presence dispels all anxiety.

Remembering this name fills the heart with joy and gratitude.

684 ॐ रणप्रियाय नमः Om Rana-priyaḥ Namaḥ

Lover of Righteous Integrity Conflicts

This name represents infinite compassion, divine love, and grace. It reminds us that the Divine is accessible through pure devotion and complete surrender.

Chanting this name awakens devotion in the heart and dissolves the ego.

685 ॐ पूर्णाय नमः Om Purnaḥ Namaḥ

Plenitude Completeness

This name reveals the Supreme Lord as the protector who maintains the cosmic balance. Spiritually, it assures us that we are always safe under divine protection.

Meditating on this quality dispels inner fear and strengthens devotion.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

686 ॐ पूरयित्रे नमः Om Purayitaḥ Namaḥ

Perfect Fulfiller of Lack

This name represents the supreme architect of the universe and the dawn of life. This attribute reminds us that our inner consciousness is the mother of all thoughts.

Focusing on this divine form purifies the mind and fills it with creative clarity.

687 ॐ पुण्याय नमः Om Punyaḥ Namaḥ

Pure Merit Virtue

This name symbolizes pure consciousness, the witness spirit, and the indwelling guide. In meditation, it shows that the awareness within us is the only truth, untouched by pleasure and pain.

Chanting this aligns the seeker with the silent inner witness.

688 ॐ पुण्यकीर्तये नमः Om Punya-kirtīḥ Namaḥ

Bearer of Sanctifying Fame

This name symbolizes the supreme auspiciousness, peace, and benevolent energy. In spiritual practice, this attribute ward off negativity and ushers in divine grace and joy.

Meditating on this name aligns one with the blessings of the cosmos.

689 ॐ अनामयाय नमः Om Anamayaḥ Namaḥ

Core Free from Illness Change

This name highlights the compassionate power that responds to the call of seekers and removes obstacles. It teaches that complete trust in the divine presence dispels all anxiety.

Remembering this name fills the heart with joy and gratitude.

690 ॐ मनोजवाय नमः Om Mano-javaḥ Namaḥ

He Who is Swift as Thought

This name symbolizes pure consciousness, the witness spirit, and the indwelling guide. In meditation, it shows that the awareness within us is the only truth, untouched by pleasure and pain.

Chanting this aligns the seeker with the silent inner witness.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

691 ॐ तीर्थकराय नमः Om Tirtha-karaḥ Namaḥ

Constructor of Holy Ford Passages

This name highlights the divine creative power and the source of the universe. On the spiritual path, it teaches that every creation is an extension of the Divine.

Meditating on this name allows the seeker to align with cosmic harmony and appreciate the flow of life.

692 ॐ वसुरेत्रे नमः Om Vasu-retaḥ Namaḥ

Golden Seed of Pervading Light

This name reveals the infinite majesty, beauty, and dignity of the Supreme Lord. It inspires the seeker to see the divine presence in the beauty of the universe.

Meditating on this form elevates the mind to states of reverence and awe.

693 ॐ वसुप्रदाय नमः Om Vasu-pradaḥ Namaḥ

Bestower of Pervasive Treasures

This name symbolizes pure consciousness, the witness spirit, and the indwelling guide. In meditation, it shows that the awareness within us is the only truth, untouched by pleasure and pain.

Chanting this aligns the seeker with the silent inner witness.

694 ॐ वसुप्रदाय नमः Om Vasupradaḥ Namaḥ

Bestower of Pervasive Treasures

This name symbolizes the supreme auspiciousness, peace, and benevolent energy. In spiritual practice, this attribute ward off negativity and ushers in divine grace and joy.

Meditating on this name aligns one with the blessings of the cosmos.

695 ॐ वासुदेवाय नमः Om Vasudevaḥ Namaḥ

Omnipresent Indwelling Lord

This name highlights the compassionate power that responds to the call of seekers and removes obstacles. It teaches that complete trust in the divine presence dispels all anxiety.

Remembering this name fills the heart with joy and gratitude.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

696 ॐ वसवे नमः Om Vasuḥ Namaḥ

Indwelling Soul

This name represents the imperishable, eternal, and transcendent reality beyond the senses. It shows that truth is beyond the limits of space, time, and matter, having no beginning or end.

Contemplating this raises the seeker above impermanence.

697 ॐ वसुमनने नमः Om Vasu-manaḥ Namaḥ

Pure-Minded One

This name represents the illuminator of intellect and the source of ultimate wisdom. Spiritually, it dispels the darkness of ignorance and kindles the light of discernment.

Meditating on this quality reveals the true self and leads to self-realization.

698 ॐ हवये नमः Om Haviḥ Namaḥ

Sacrificial Essence

This name represents the supreme architect of the universe and the dawn of life. This attribute reminds us that our inner consciousness is the mother of all thoughts.

Focusing on this divine form purifies the mind and fills it with creative clarity.

699 ॐ सद्गतये नमः Om Sad-gatiḥ Namaḥ

True Path of Realized Beings

This name symbolizes pure consciousness, the witness spirit, and the indwelling guide. In meditation, it shows that the awareness within us is the only truth, untouched by pleasure and pain.

Chanting this aligns the seeker with the silent inner witness.

700 ॐ सत्कृतये नमः Om Sat-kritiḥ Namaḥ

Shield of Auspicious Action

This name symbolizes the supreme auspiciousness, peace, and benevolent energy. In spiritual practice, this attribute ward off negativity and ushers in divine grace and joy.

Meditating on this name aligns one with the blessings of the cosmos.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

701 ॐ सत्ते नमः Om Sattaḥ Namaḥ

Pure Absolute Existence

This name highlights the compassionate power that responds to the call of seekers and removes obstacles. It teaches that complete trust in the divine presence dispels all anxiety.

Remembering this name fills the heart with joy and gratitude.

702 ॐ सद्भूतये नमः Om Sad-bhutiḥ Namaḥ

Highest Spiritual Manifestation

This name represents the imperishable, eternal, and transcendent reality beyond the senses. It shows that truth is beyond the limits of space, time, and matter, having no beginning or end.

Contemplating this raises the seeker above impermanence.

703 ॐ सत्परायणाय नमः Om Sat-parayaṇaḥ Namaḥ

Great Base of the Truthful Seekers

This name reveals the Supreme Lord as the protector who maintains the cosmic balance. Spiritually, it assures us that we are always safe under divine protection.

Meditating on this quality dispels inner fear and strengthens devotion.

704 ॐ शूरसेनाय नमः Om Shurasenaḥ Namaḥ

He with Heroic Cosmic Legions

This name represents the supreme architect of the universe and the dawn of life. This attribute reminds us that our inner consciousness is the mother of all thoughts.

Focusing on this divine form purifies the mind and fills it with creative clarity.

705 ॐ यदुश्रेष्ठाय नमः Om Yadu-shreshtaḥ Namaḥ

Pride of the Yadu Dynasty

This name symbolizes pure consciousness, the witness spirit, and the indwelling guide. In meditation, it shows that the awareness within us is the only truth, untouched by pleasure and pain.

Chanting this aligns the seeker with the silent inner witness.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

706 ॐ सन्निवासाय नमः Om Sanni-vasaḥ Namaḥ

Permanent Sanctuary of the Good

This name symbolizes the supreme auspiciousness, peace, and benevolent energy. In spiritual practice, this attribute ward off negativity and ushers in divine grace and joy.

Meditating on this name aligns one with the blessings of the cosmos.

707 ॐ सुयामुनाय नमः Om Su-yamunaḥ Namaḥ

Glory of the Holy Yamuna Banks

This name highlights the compassionate power that responds to the call of seekers and removes obstacles. It teaches that complete trust in the divine presence dispels all anxiety.

Remembering this name fills the heart with joy and gratitude.

708 ॐ भूतावासाय नमः Om Bhuta-vasaḥ Namaḥ

Eternal Dwelling Place of Elements

This name represents the imperishable, eternal, and transcendent reality beyond the senses. It shows that truth is beyond the limits of space, time, and matter, having no beginning or end.

Contemplating this raises the seeker above impermanence.

709 ॐ वासुदेवाय नमः Om Vasudevaḥ Namaḥ

Omnipresent Indwelling Lord

This name reveals the Supreme Lord as the protector who maintains the cosmic balance. Spiritually, it assures us that we are always safe under divine protection.

Meditating on this quality dispels inner fear and strengthens devotion.

710 ॐ सर्वसुनिलयाय नमः Om Sarva-asuni-layaḥ Namaḥ

Sanctuary of All Living Forces

This name reveals the infinite majesty, beauty, and dignity of the Supreme Lord. It inspires the seeker to see the divine presence in the beauty of the universe.

Meditating on this form elevates the mind to states of reverence and awe.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

711 ॐ अनलाय नमः Om Analaḥ Namaḥ

Infinite Fire of Creation

This name signifies the divine splendor, inner light, and supreme glory. It shows that the radiance of the soul is brighter than the sun, instantly dispelling spiritual darkness.

Contemplating this quality fills the seeker with vitality and spiritual glow.

712 ॐ दर्पहने नमः Om Darpha-haḥ Namaḥ

Crusher of Pride Vanity

This name symbolizes the controller of time and the power to transcend material limits. Spiritually, it clears away old patterns, ego, and negativity.

Contemplating this quality guides the seeker toward detachment and profound inner purification.

713 ॐ दर्पदाय नमः Om Darpadaḥ Namaḥ

Bestower of Righteous Dignity

This name highlights the compassionate power that responds to the call of seekers and removes obstacles. It teaches that complete trust in the divine presence dispels all anxiety.

Remembering this name fills the heart with joy and gratitude.

714 ॐ दृप्ताय नमः Om Driptaḥ Namaḥ

Ever-Blissful Self-Sufficient Lord

This name represents the imperishable, eternal, and transcendent reality beyond the senses. It shows that truth is beyond the limits of space, time, and matter, having no beginning or end.

Contemplating this raises the seeker above impermanence.

715 ॐ दुर्धराय नमः Om Durdharaḥ Namaḥ

One Uncontainable by Mind

This name reveals the Supreme Lord as the protector who maintains the cosmic balance. Spiritually, it assures us that we are always safe under divine protection.

Meditating on this quality dispels inner fear and strengthens devotion.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

716 ॐ अपराजिताय नमः Om Aparajitāḥ Namaḥ

Unconquered Ever-Victorious One

This name represents the supreme architect of the universe and the dawn of life. This attribute reminds us that our inner consciousness is the mother of all thoughts.

Focusing on this divine form purifies the mind and fills it with creative clarity.

717 ॐ विश्वमूर्तये नमः Om Vishva-murtiḥ Namaḥ

Totality Form of the Cosmos

This name symbolizes pure consciousness, the witness spirit, and the indwelling guide. In meditation, it shows that the awareness within us is the only truth, untouched by pleasure and pain.

Chanting this aligns the seeker with the silent inner witness.

718 ॐ महामूर्तये नमः Om Maha-murtiḥ Namaḥ

Possessor of the Great Cosmic Icon

This name symbolizes the supreme auspiciousness, peace, and benevolent energy. In spiritual practice, this attribute ward off negativity and ushers in divine grace and joy.

Meditating on this name aligns one with the blessings of the cosmos.

719 ॐ दीप्तमूर्तये नमः Om Dipta-murtiḥ Namaḥ

Effulgent Divine Form

This name reveals the infinite majesty, beauty, and dignity of the Supreme Lord. It inspires the seeker to see the divine presence in the beauty of the universe.

Meditating on this form elevates the mind to states of reverence and awe.

720 ॐ अमूर्तिमते नमः Om Amurthimanaḥ Namaḥ

Formless Unembodied Spirit

This name represents the imperishable, eternal, and transcendent reality beyond the senses. It shows that truth is beyond the limits of space, time, and matter, having no beginning or end.

Contemplating this raises the seeker above impermanence.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

721 ॐ अनेकमूर्तये नमः Om Aneka-murtiḥ Namaḥ

He of Multifarious Divine Appearances

This name reveals the Supreme Lord as the protector who maintains the cosmic balance. Spiritually, it assures us that we are always safe under divine protection.

Meditating on this quality dispels inner fear and strengthens devotion.

722 ॐ अव्यक्ताय नमः Om Avyaktaḥ Namaḥ

Imperceptible Unmanifested One

This name represents the supreme architect of the universe and the dawn of life. This attribute reminds us that our inner consciousness is the mother of all thoughts.

Focusing on this divine form purifies the mind and fills it with creative clarity.

723 ॐ शतमूर्तये नमः Om Shata-murtiḥ Namaḥ

Lord of a Hundred Aspects

This name symbolizes pure consciousness, the witness spirit, and the indwelling guide. In meditation, it shows that the awareness within us is the only truth, untouched by pleasure and pain.

Chanting this aligns the seeker with the silent inner witness.

724 ॐ शताननाय नमः Om Shatananaḥ Namaḥ

Lord of a Hundred Faces

This name symbolizes the supreme auspiciousness, peace, and benevolent energy. In spiritual practice, this attribute ward off negativity and ushers in divine grace and joy.

Meditating on this name aligns one with the blessings of the cosmos.

725 ॐ एकाय नमः Om Ekaḥ Namaḥ

One Without a Second

This name highlights the compassionate power that responds to the call of seekers and removes obstacles. It teaches that complete trust in the divine presence dispels all anxiety.

Remembering this name fills the heart with joy and gratitude.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

726 ॐ नैकाय नमः Om Naikaḥ Namaḥ

Many-Formed Relative Manifestation

This name represents the imperishable, eternal, and transcendent reality beyond the senses. It shows that truth is beyond the limits of space, time, and matter, having no beginning or end.

Contemplating this raises the seeker above impermanence.

727 ॐ सवाय नमः Om Savaḥ Namaḥ

Primal Sacrificial Outpouring

This name reveals the Supreme Lord as the protector who maintains the cosmic balance. Spiritually, it assures us that we are always safe under divine protection.

Meditating on this quality dispels inner fear and strengthens devotion.

728 ॐ काय नमः Om Kaḥ Namaḥ

Ultimate Question and Bliss

This name represents the supreme architect of the universe and the dawn of life. This attribute reminds us that our inner consciousness is the mother of all thoughts.

Focusing on this divine form purifies the mind and fills it with creative clarity.

729 ॐ किय नमः Om Kimḥ Namaḥ

What Ultimate Inquiry Object

This name symbolizes pure consciousness, the witness spirit, and the indwelling guide. In meditation, it shows that the awareness within us is the only truth, untouched by pleasure and pain.

Chanting this aligns the seeker with the silent inner witness.

730 ॐ यते नमः Om Yathḥ Namaḥ

Self-Evident Reality

This name symbolizes the supreme auspiciousness, peace, and benevolent energy. In spiritual practice, this attribute ward off negativity and ushers in divine grace and joy.

Meditating on this name aligns one with the blessings of the cosmos.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

731 ॐ तते नमः Om Tath Namaḥ

Ultimate Pervading That

This name highlights the compassionate power that responds to the call of seekers and removes obstacles. It teaches that complete trust in the divine presence dispels all anxiety.

Remembering this name fills the heart with joy and gratitude.

732 ॐ पदमनुत्तमाय नमः Om Padam-anuttamamḥ Namaḥ

Highest Unsurpassed Goal Place

This name symbolizes pure consciousness, the witness spirit, and the indwelling guide. In meditation, it shows that the awareness within us is the only truth, untouched by pleasure and pain.

Chanting this aligns the seeker with the silent inner witness.

733 ॐ लोकबन्धवे नमः Om Loka-bandhuḥ Namaḥ

Friend of the Universe World

This name symbolizes the controller of time and the power to transcend material limits. Spiritually, it clears away old patterns, ego, and negativity.

Contemplating this quality guides the seeker toward detachment and profound inner purification.

734 ॐ लोकनाथाय नमः Om Loka-nathaḥ Namaḥ

Protector Master of All Realms

This name represents the divine consciousness that holds and nourishes all beings. It teaches us that selfless service and compassion are the highest forms of worship.

Contemplating this name fills the heart with universal love and gratitude.

735 ॐ माधवाय नमः Om Madhavaḥ Namaḥ

Lord of Lakshmi

This name symbolizes the all-pervading sustenance and constant nourishment of the universe. In meditation, this attribute reminds us of the protective force that sustains our existence.

Chanting this name cultivates a deep sense of security, contentment, and peace.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

736 ॐ भक्तवत्सलाय नमः Om Bhakta-vatsalaḥ Namaḥ

Tender Lover of Seekers

This name denotes the gentleness, peace, and sanctuary of the Lord's lotus feet. In contemplation, this attribute brings soothing relief and shelter to a restless mind.

Meditating on this quality brings fearlessness and deep experience of grace.

737 ॐ सुवर्णवर्णाय नमः Om Suvarna-varnaḥ Namaḥ

He of Bright Golden Complexion

This name reveals the infinite majesty, beauty, and dignity of the Supreme Lord. It inspires the seeker to see the divine presence in the beauty of the universe.

Meditating on this form elevates the mind to states of reverence and awe.

738 ॐ हेमांगाय नमः Om Hemangaḥ Namaḥ

He with Beautiful Golden Limbs

This name signifies the divine splendor, inner light, and supreme glory. It shows that the radiance of the soul is brighter than the sun, instantly dispelling spiritual darkness.

Contemplating this quality fills the seeker with vitality and spiritual glow.

739 ॐ वरांगाय नमः Om Varangaḥ Namaḥ

He of Supremely Beautiful Form

This name reveals the Supreme Lord as the protector who maintains the cosmic balance. Spiritually, it assures us that we are always safe under divine protection.

Meditating on this quality dispels inner fear and strengthens devotion.

740 ॐ चन्दनांगदिने नमः Om Chandanangadiḥ Namaḥ

He Decorated with Sandalwood Armlets

This name represents the supreme architect of the universe and the dawn of life. This attribute reminds us that our inner consciousness is the mother of all thoughts.

Focusing on this divine form purifies the mind and fills it with creative clarity.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

741 ॐ वीरहने नमः Om Virahaḥ Namaḥ

Slayer of Powerful Demons

This name signifies the transformation of physical forms and the ultimate freedom of the soul. It teaches that dissolution is merely a transition, while the consciousness remains immortal.

Meditating on this name liberates the seeker from attachment.

742 ॐ विषमाय नमः Om Vishamaḥ Namaḥ

Unequalled Distinct Truth

This name symbolizes the supreme auspiciousness, peace, and benevolent energy. In spiritual practice, this attribute ward off negativity and ushers in divine grace and joy.

Meditating on this name aligns one with the blessings of the cosmos.

743 ॐ शून्याय नमः Om Shunyaḥ Namaḥ

Void Beyond All Attribution

This name highlights the compassionate power that responds to the call of seekers and removes obstacles. It teaches that complete trust in the divine presence dispels all anxiety.

Remembering this name fills the heart with joy and gratitude.

744 ॐ घृताशिने नमः Om Ghritashiṇi Namaḥ

Enjoyer of Pure Sacrificial Clarified Butter

This name represents the imperishable, eternal, and transcendent reality beyond the senses. It shows that truth is beyond the limits of space, time, and matter, having no beginning or end.

Contemplating this raises the seeker above impermanence.

745 ॐ अचलाय नमः Om Achalaḥ Namaḥ

Absolute Unmoving Ground

This name reveals the Supreme Lord as the protector who maintains the cosmic balance. Spiritually, it assures us that we are always safe under divine protection.

Meditating on this quality dispels inner fear and strengthens devotion.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

746 ॐ चलाय नमः Om Chalaḥ Namaḥ

Dynamic Principle of Movement

This name represents the supreme architect of the universe and the dawn of life. This attribute reminds us that our inner consciousness is the mother of all thoughts.

Focusing on this divine form purifies the mind and fills it with creative clarity.

747 ॐ अमानिने नमः Om Amaniḥ Namaḥ

Spirit Free from Self-Conceit

This name symbolizes pure consciousness, the witness spirit, and the indwelling guide. In meditation, it shows that the awareness within us is the only truth, untouched by pleasure and pain.

Chanting this aligns the seeker with the silent inner witness.

748 ॐ मानदाय नमः Om Manadaḥ Namaḥ

Bestower of True Worth Honor

This name symbolizes the supreme auspiciousness, peace, and benevolent energy. In spiritual practice, this attribute ward off negativity and ushers in divine grace and joy.

Meditating on this name aligns one with the blessings of the cosmos.

749 ॐ मान्याय नमः Om Manyāḥ Namaḥ

One Object of All Universal Reverence

This name highlights the compassionate power that responds to the call of seekers and removes obstacles. It teaches that complete trust in the divine presence dispels all anxiety.

Remembering this name fills the heart with joy and gratitude.

750 ॐ लोकस्वामिने नमः Om Loka-svamiḥ Namaḥ

Master Ruler of the Universe World

This name symbolizes the all-pervading sustenance and constant nourishment of the universe. In meditation, this attribute reminds us of the protective force that sustains our existence.

Chanting this name cultivates a deep sense of security, contentment, and peace.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

751 ॐ त्रिलोकधृक् नमः Om Triloka-dhrikḥ Namaḥ

Holder Sustainer of Three Realms

This name reveals the Supreme Lord as the protector who maintains the cosmic balance. Spiritually, it assures us that we are always safe under divine protection.

Meditating on this quality dispels inner fear and strengthens devotion.

752 ॐ सुमेधने नमः Om Sumedhaḥ Namaḥ

Pure Bright Intellect Mind

This name represents the supreme architect of the universe and the dawn of life. This attribute reminds us that our inner consciousness is the mother of all thoughts.

Focusing on this divine form purifies the mind and fills it with creative clarity.

753 ॐ मेधजाय नमः Om Medhajaḥ Namaḥ

Gift Born of Pure Intention Offering

This name signifies the primordial cause of creation and the origin of the cosmos. In meditation, it shows that all material forms manifest from that supreme being.

Contemplating this attribute cultivates creative energy and brings a fresh, divine perspective to life.

754 ॐ धन्याय नमः Om Dhanyaḥ Namaḥ

Forever Fortunate Pure Success

This name symbolizes the supreme auspiciousness, peace, and benevolent energy. In spiritual practice, this attribute ward off negativity and ushers in divine grace and joy.

Meditating on this name aligns one with the blessings of the cosmos.

755 ॐ सत्यमेधने नमः Om Satya-medhaḥ Namaḥ

Intellect Well-Rooted in Absolute Truth

This name denotes the highest ideal of meditation, yoga, and inner focus. It teaches that stability of mind and looking inward are essential for spiritual discovery.

Meditating on this name calms mental chatter and fosters deep contemplation.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

756 ॐ धराधराय नमः Om Dhara-dharaḥ Namaḥ

Upholder Support of the Earth Ground

This name represents the imperishable, eternal, and transcendent reality beyond the senses. It shows that truth is beyond the limits of space, time, and matter, having no beginning or end.

Contemplating this raises the seeker above impermanence.

757 ॐ तेजोवृषाय नमः Om Tejo-vrishaḥ Namaḥ

Rain Showerer of Brilliant Energy Light

This name symbolizes the supreme auspiciousness, peace, and benevolent energy. In spiritual practice, this attribute ward off negativity and ushers in divine grace and joy.

Meditating on this name aligns one with the blessings of the cosmos.

758 ॐ द्युतिधराय नमः Om Dyutidharaḥ Namaḥ

Bearer Container of Divine Radiance

This name represents the supreme architect of the universe and the dawn of life. This attribute reminds us that our inner consciousness is the mother of all thoughts.

Focusing on this divine form purifies the mind and fills it with creative clarity.

759 ॐ सर्वशस्त्रभृतांवराय नमः Om Sarva-shastra-bhritam-varaḥ Namaḥ

Foremost Chief Among All Wielders of Weapons

This name symbolizes pure consciousness, the witness spirit, and the indwelling guide. In meditation, it shows that the awareness within us is the only truth, untouched by pleasure and pain.

Chanting this aligns the seeker with the silent inner witness.

760 ॐ प्रग्रहाय नमः Om Pragrahaḥ Namaḥ

Cosmic Rein Controller

This name symbolizes the supreme auspiciousness, peace, and benevolent energy. In spiritual practice, this attribute ward off negativity and ushers in divine grace and joy.

Meditating on this name aligns one with the blessings of the cosmos.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

761 ॐ निग्रहाय नमः Om Nigrahaḥ Namaḥ

Ultimate Restrainer Subduer

This name highlights the compassionate power that responds to the call of seekers and removes obstacles. It teaches that complete trust in the divine presence dispels all anxiety.

Remembering this name fills the heart with joy and gratitude.

762 ॐ व्यग्राय नमः Om Vyagraḥ Namaḥ

He Ever-Attentive in Cosmic Provision

This name represents the imperishable, eternal, and transcendent reality beyond the senses. It shows that truth is beyond the limits of space, time, and matter, having no beginning or end.

Contemplating this raises the seeker above impermanence.

763 ॐ नैकश्रृंगाय नमः Om Naika-shringaḥ Namaḥ

Divine Manifested Horned Defense

This name reveals the Supreme Lord as the protector who maintains the cosmic balance. Spiritually, it assures us that we are always safe under divine protection.

Meditating on this quality dispels inner fear and strengthens devotion.

764 ॐ गदाग्रजाय नमः Om Gada-agrajaḥ Namaḥ

Elder Brother of Gada Krishna Identity

This name represents the supreme architect of the universe and the dawn of life. This attribute reminds us that our inner consciousness is the mother of all thoughts.

Focusing on this divine form purifies the mind and fills it with creative clarity.

765 ॐ चतुर्मूर्तये नमः Om Chatur-murtiḥ Namaḥ

He of Four Main Holy Archetypal Forms

This name symbolizes pure consciousness, the witness spirit, and the indwelling guide. In meditation, it shows that the awareness within us is the only truth, untouched by pleasure and pain.

Chanting this aligns the seeker with the silent inner witness.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

766 ॐ चतुर्बाहुवे नमः Om Chatur-bahuḥ Namaḥ

Four-Armed Lord

This name symbolizes the supreme auspiciousness, peace, and benevolent energy. In spiritual practice, this attribute ward off negativity and ushers in divine grace and joy.

Meditating on this name aligns one with the blessings of the cosmos.

767 ॐ चतुर्व्यूहाय नमः Om Chatur-vyuhah Namaḥ

Lord of Four Manifestations

This name highlights the compassionate power that responds to the call of seekers and removes obstacles. It teaches that complete trust in the divine presence dispels all anxiety.

Remembering this name fills the heart with joy and gratitude.

768 ॐ चतुर्गतये नमः Om Chatur-gatiḥ Namaḥ

Ultimate Sanctuary of Four Life-Paths

This name represents the imperishable, eternal, and transcendent reality beyond the senses. It shows that truth is beyond the limits of space, time, and matter, having no beginning or end.

Contemplating this raises the seeker above impermanence.

769 ॐ चतुरात्मने नमः Om Chaturatmaḥ Namaḥ

Fourfold Soul

This name reveals the Supreme Lord as the protector who maintains the cosmic balance. Spiritually, it assures us that we are always safe under divine protection.

Meditating on this quality dispels inner fear and strengthens devotion.

770 ॐ चतुर्भावाय नमः Om Chatur-bhavaḥ Namaḥ

Origin Source of Four Modes of Existence

This name represents the supreme architect of the universe and the dawn of life. This attribute reminds us that our inner consciousness is the mother of all thoughts.

Focusing on this divine form purifies the mind and fills it with creative clarity.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

771 ॐ चतुर्वेदविद् नमः Om Chatur-veda-vidḥ Namaḥ

Perfect Master Knower of Four Vedas

This name symbolizes pure consciousness, the witness spirit, and the indwelling guide. In meditation, it shows that the awareness within us is the only truth, untouched by pleasure and pain.

Chanting this aligns the seeker with the silent inner witness.

772 ॐ एकपाते नमः Om Ekapaathḥ Namaḥ

He Who Pervades Everything with One Quarter Part

This name symbolizes the supreme auspiciousness, peace, and benevolent energy. In spiritual practice, this attribute ward off negativity and ushers in divine grace and joy.

Meditating on this name aligns one with the blessings of the cosmos.

773 ॐ समावर्ताय नमः Om Sama-vartāḥ Namaḥ

Skillful Re-Turner of Cosmic Cycles

This name highlights the compassionate power that responds to the call of seekers and removes obstacles. It teaches that complete trust in the divine presence dispels all anxiety.

Remembering this name fills the heart with joy and gratitude.

774 ॐ निवृत्तात्मने नमः Om Nivṛitta-atmaḥ Namaḥ

Soul Withdrawn from Materiality

This name represents the imperishable, eternal, and transcendent reality beyond the senses. It shows that truth is beyond the limits of space, time, and matter, having no beginning or end.

Contemplating this raises the seeker above impermanence.

775 ॐ दुर्जयाय नमः Om Durjayaḥ Namaḥ

Unconquerable

This name reveals the Supreme Lord as the protector who maintains the cosmic balance. Spiritually, it assures us that we are always safe under divine protection.

Meditating on this quality dispels inner fear and strengthens devotion.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

776 ॐ दुरतिक्रमाय नमः Om Duratikramāḥ Namaḥ

Irresistible Command

This name represents the supreme architect of the universe and the dawn of life. This attribute reminds us that our inner consciousness is the mother of all thoughts.

Focusing on this divine form purifies the mind and fills it with creative clarity.

777 ॐ दुर्लभाय नमः Om Durlabhāḥ Namaḥ

Rarely Attained

This name symbolizes pure consciousness, the witness spirit, and the indwelling guide. In meditation, it shows that the awareness within us is the only truth, untouched by pleasure and pain.

Chanting this aligns the seeker with the silent inner witness.

778 ॐ दुर्गमाय नमः Om Durgamāḥ Namaḥ

Difficult of Access

This name symbolizes the supreme auspiciousness, peace, and benevolent energy. In spiritual practice, this attribute ward off negativity and ushers in divine grace and joy.

Meditating on this name aligns one with the blessings of the cosmos.

779 ॐ दुर्गाय नमः Om Durgāḥ Namaḥ

Fortress Against Calamity

This name highlights the compassionate power that responds to the call of seekers and removes obstacles. It teaches that complete trust in the divine presence dispels all anxiety.

Remembering this name fills the heart with joy and gratitude.

780 ॐ दुरावासाय नमः Om Dura-vaśaḥ Namaḥ

Reality Hard to Secure

This name represents the imperishable, eternal, and transcendent reality beyond the senses. It shows that truth is beyond the limits of space, time, and matter, having no beginning or end.

Contemplating this raises the seeker above impermanence.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

781 ॐ दुरारिहने नमः Om Durarihāṇa Namaḥ

Slayer of Demonic Opponents

This name symbolizes the controller of time and the power to transcend material limits. Spiritually, it clears away old patterns, ego, and negativity.

Contemplating this quality guides the seeker toward detachment and profound inner purification.

782 ॐ शुभांगाय नमः Om Shubhaṅgāṇa Namaḥ

He of Auspicious Divine Form

This name reveals the infinite majesty, beauty, and dignity of the Supreme Lord. It inspires the seeker to see the divine presence in the beauty of the universe.

Meditating on this form elevates the mind to states of reverence and awe.

783 ॐ लोकसारंगाय नमः Om Loka-saraṅgāṇa Namaḥ

Seeker of Cosmic Essence

This name symbolizes pure consciousness, the witness spirit, and the indwelling guide. In meditation, it shows that the awareness within us is the only truth, untouched by pleasure and pain.

Chanting this aligns the seeker with the silent inner witness.

784 ॐ सुतन्त्रये नमः Om Sutaṅtraṇa Namaḥ

Thread of the Cosmos

This name symbolizes the supreme auspiciousness, peace, and benevolent energy. In spiritual practice, this attribute ward off negativity and ushers in divine grace and joy.

Meditating on this name aligns one with the blessings of the cosmos.

785 ॐ तन्तुवर्धनाय नमः Om Tantu-varḍhanaṇa Namaḥ

Expander of Creation Web

This name highlights the compassionate power that responds to the call of seekers and removes obstacles. It teaches that complete trust in the divine presence dispels all anxiety.

Remembering this name fills the heart with joy and gratitude.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

786 ॐ इन्द्रकर्मने नमः Om Indra-karmaḥ Namaḥ

Executor of Sovereign Governance

This name represents the imperishable, eternal, and transcendent reality beyond the senses. It shows that truth is beyond the limits of space, time, and matter, having no beginning or end.

Contemplating this raises the seeker above impermanence.

787 ॐ महाकर्मने नमः Om Maha-karmaḥ Namaḥ

Performer of Mighty Deeds

This name reveals the Supreme Lord as the protector who maintains the cosmic balance. Spiritually, it assures us that we are always safe under divine protection.

Meditating on this quality dispels inner fear and strengthens devotion.

788 ॐ कृतकर्मने नमः Om Krita-karmaḥ Namaḥ

Achiever of All Tasks

This name represents the supreme architect of the universe and the dawn of life. This attribute reminds us that our inner consciousness is the mother of all thoughts.

Focusing on this divine form purifies the mind and fills it with creative clarity.

789 ॐ कृतागमाय नमः Om Kritagamaḥ Namaḥ

Author of Sacred Scriptures

This name symbolizes pure consciousness, the witness spirit, and the indwelling guide. In meditation, it shows that the awareness within us is the only truth, untouched by pleasure and pain.

Chanting this aligns the seeker with the silent inner witness.

790 ॐ उद्भवाय नमः Om Udbhavaḥ Namaḥ

Source of Creation

This name highlights the divine creative power and the source of the universe. On the spiritual path, it teaches that every creation is an extension of the Divine.

Meditating on this name allows the seeker to align with cosmic harmony and appreciate the flow of life.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

791 ॐ सुन्दराय नमः Om Sundaraḥ Namaḥ

Beauty Itself

This name reveals the infinite majesty, beauty, and dignity of the Supreme Lord. It inspires the seeker to see the divine presence in the beauty of the universe.

Meditating on this form elevates the mind to states of reverence and awe.

792 ॐ सुन्दाय नमः Om Sundaḥ Namaḥ

Ocean of Divine Compassion

This name signifies the divine splendor, inner light, and supreme glory. It shows that the radiance of the soul is brighter than the sun, instantly dispelling spiritual darkness.

Contemplating this quality fills the seeker with vitality and spiritual glow.

793 ॐ रत्ननाभाय नमः Om Ratna-nabhaḥ Namaḥ

Jeweled Navel

This name reveals the Supreme Lord as the protector who maintains the cosmic balance. Spiritually, it assures us that we are always safe under divine protection.

Meditating on this quality dispels inner fear and strengthens devotion.

794 ॐ सुलोचनाय नमः Om Su-lochanaḥ Namaḥ

Beautiful Eyes Discerning Truth

This name represents the supreme architect of the universe and the dawn of life. This attribute reminds us that our inner consciousness is the mother of all thoughts.

Focusing on this divine form purifies the mind and fills it with creative clarity.

795 ॐ अर्काय नमः Om Arkāḥ Namaḥ

Radiant Sun Adored by Sages

This name signifies the divine splendor, inner light, and supreme glory. It shows that the radiance of the soul is brighter than the sun, instantly dispelling spiritual darkness.

Contemplating this quality fills the seeker with vitality and spiritual glow.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

796 ॐ वाजसनाय नमः Om Vajasanah Namaḥ

Generous Provider of Food

This name symbolizes the supreme auspiciousness, peace, and benevolent energy. In spiritual practice, this attribute ward off negativity and ushers in divine grace and joy.

Meditating on this name aligns one with the blessings of the cosmos.

797 ॐ शृंगिणे नमः Om Shringiḥ Namaḥ

Horned Lord Matsya Savior

This name highlights the compassionate power that responds to the call of seekers and removes obstacles. It teaches that complete trust in the divine presence dispels all anxiety.

Remembering this name fills the heart with joy and gratitude.

798 ॐ जयन्ताय नमः Om Jayantaḥ Namaḥ

Conqueror of All Obstacles

This name represents the imperishable, eternal, and transcendent reality beyond the senses. It shows that truth is beyond the limits of space, time, and matter, having no beginning or end.

Contemplating this raises the seeker above impermanence.

799 ॐ सर्वविज्जयिणे नमः Om Sarva-vij-jayiḥ Namaḥ

All-Knowing Victor

This name reveals the Supreme Lord as the protector who maintains the cosmic balance. Spiritually, it assures us that we are always safe under divine protection.

Meditating on this quality dispels inner fear and strengthens devotion.

800 ॐ सुवर्णबिन्दवे नमः Om Suvarna-binduḥ Namaḥ

Golden-Limbed Lord

This name reveals the infinite majesty, beauty, and dignity of the Supreme Lord. It inspires the seeker to see the divine presence in the beauty of the universe.

Meditating on this form elevates the mind to states of reverence and awe.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

801 ॐ अक्षोभ्याय नमः Om Akshobhyaḥ Namaḥ

Indisturbable Peace

This name symbolizes pure consciousness, the witness spirit, and the indwelling guide. In meditation, it shows that the awareness within us is the only truth, untouched by pleasure and pain.

Chanting this aligns the seeker with the silent inner witness.

802 ॐ सर्ववागीश्वरेश्वराय नमः Om Sarva-vageeshvareshvaraḥ Namaḥ

Lord of Speech and Wisdom

This name reveals the Supreme Lord as the protector who maintains the cosmic balance. Spiritually, it assures us that we are always safe under divine protection.

Meditating on this quality dispels inner fear and strengthens devotion.

803 ॐ महाहृदाय नमः Om Mahahradaḥ Namaḥ

Cosmic Reservoir of Grace

This name highlights the compassionate power that responds to the call of seekers and removes obstacles. It teaches that complete trust in the divine presence dispels all anxiety.

Remembering this name fills the heart with joy and gratitude.

804 ॐ महागर्ताय नमः Om Mahagartaḥ Namaḥ

Deep Abyss Beyond Senses

This name represents the imperishable, eternal, and transcendent reality beyond the senses. It shows that truth is beyond the limits of space, time, and matter, having no beginning or end.

Contemplating this raises the seeker above impermanence.

805 ॐ महाभूताय नमः Om Mahabhutaḥ Namaḥ

Supreme Being Beyond Elements

This name reveals the Supreme Lord as the protector who maintains the cosmic balance. Spiritually, it assures us that we are always safe under divine protection.

Meditating on this quality dispels inner fear and strengthens devotion.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

806 ॐ महानिधये नमः Om Mahanidhiḥ Namaḥ

Treasury of Divine Wealth

This name represents the supreme architect of the universe and the dawn of life. This attribute reminds us that our inner consciousness is the mother of all thoughts.

Focusing on this divine form purifies the mind and fills it with creative clarity.

807 ॐ कुमुदाय नमः Om Kumudaḥ Namaḥ

Delight of the Earth

This name symbolizes pure consciousness, the witness spirit, and the indwelling guide. In meditation, it shows that the awareness within us is the only truth, untouched by pleasure and pain.

Chanting this aligns the seeker with the silent inner witness.

808 ॐ कुन्दराय नमः Om Kudaraḥ Namaḥ

Giver of Pure Blessings

This name symbolizes the supreme auspiciousness, peace, and benevolent energy. In spiritual practice, this attribute ward off negativity and ushers in divine grace and joy.

Meditating on this name aligns one with the blessings of the cosmos.

809 ॐ कुन्दाय नमः Om Kundaḥ Namaḥ

Pure Lotus Beauty

This name highlights the compassionate power that responds to the call of seekers and removes obstacles. It teaches that complete trust in the divine presence dispels all anxiety.

Remembering this name fills the heart with joy and gratitude.

810 ॐ पर्जन्याय नमः Om Parjanyaḥ Namaḥ

Rain-Cloud of Grace

This name represents the imperishable, eternal, and transcendent reality beyond the senses. It shows that truth is beyond the limits of space, time, and matter, having no beginning or end.

Contemplating this raises the seeker above impermanence.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

811 ॐ पावनाय नमः Om Pavanaḥ Namaḥ

Purifier of Hearts

This name reveals the Supreme Lord as the protector who maintains the cosmic balance. Spiritually, it assures us that we are always safe under divine protection.

Meditating on this quality dispels inner fear and strengthens devotion.

812 ॐ अनिलाय नमः Om Anilāḥ Namaḥ

Vital Breath of the Cosmos

This name represents the supreme architect of the universe and the dawn of life. This attribute reminds us that our inner consciousness is the mother of all thoughts.

Focusing on this divine form purifies the mind and fills it with creative clarity.

813 ॐ अमृतांशाय नमः Om Amritamshaḥ Namaḥ

Consumer of Immortality Nectar

This name symbolizes pure consciousness, the witness spirit, and the indwelling guide. In meditation, it shows that the awareness within us is the only truth, untouched by pleasure and pain.

Chanting this aligns the seeker with the silent inner witness.

814 ॐ अमृतवपवे नमः Om Amrita-vapuḥ Namaḥ

Imperishable Divine Form

This name symbolizes the supreme auspiciousness, peace, and benevolent energy. In spiritual practice, this attribute ward off negativity and ushers in divine grace and joy.

Meditating on this name aligns one with the blessings of the cosmos.

815 ॐ सर्वज्ञाय नमः Om Sarvajñaḥ Namaḥ

Omniscient Knower

This name highlights the compassionate power that responds to the call of seekers and removes obstacles. It teaches that complete trust in the divine presence dispels all anxiety.

Remembering this name fills the heart with joy and gratitude.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

816 ॐ सर्वतोमुखाय नमः Om Sarvato-mukhaḥ Namaḥ

Omnipresent Lord

This name represents the imperishable, eternal, and transcendent reality beyond the senses. It shows that truth is beyond the limits of space, time, and matter, having no beginning or end.

Contemplating this raises the seeker above impermanence.

817 ॐ सुलभाय नमः Om Sulabhaḥ Namaḥ

Easily Attained by Devotion

This name reveals the Supreme Lord as the protector who maintains the cosmic balance. Spiritually, it assures us that we are always safe under divine protection.

Meditating on this quality dispels inner fear and strengthens devotion.

818 ॐ सुव्रताय नमः Om Suvrataḥ Namaḥ

Of Auspicious Vows

This name represents the supreme architect of the universe and the dawn of life. This attribute reminds us that our inner consciousness is the mother of all thoughts.

Focusing on this divine form purifies the mind and fills it with creative clarity.

819 ॐ सिद्धाय नमः Om Siddhaḥ Namaḥ

Perfect Accomplished Lord

This name symbolizes pure consciousness, the witness spirit, and the indwelling guide. In meditation, it shows that the awareness within us is the only truth, untouched by pleasure and pain.

Chanting this aligns the seeker with the silent inner witness.

820 ॐ शत्रुजिते नमः Om Shatru-jitḥ Namaḥ

Conqueror of All Enemies

This name symbolizes the controller of time and the power to transcend material limits. Spiritually, it clears away old patterns, ego, and negativity.

Contemplating this quality guides the seeker toward detachment and profound inner purification.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

821 ॐ शत्रुतापनाय नमः Om Shatru-tapanah Namaḥ

Scorcher of Dharma Foes

This name represents the absolute peace and dissolution of the material world where all dualities cease. It teaches us that letting go of desires is the gateway to eternal tranquility.

Meditating on this quality brings silent, undisturbed awareness.

822 ॐ न्यग्रोधाय नमः Om Nyagrodhaḥ Namaḥ

Cosmic Banyan Tree Shelter

This name represents the imperishable, eternal, and transcendent reality beyond the senses. It shows that truth is beyond the limits of space, time, and matter, having no beginning or end.

Contemplating this raises the seeker above impermanence.

823 ॐ उदुम्बराय नमः Om Udumbaraḥ Namaḥ

Nourisher of Creation

This name reveals the Supreme Lord as the protector who maintains the cosmic balance. Spiritually, it assures us that we are always safe under divine protection.

Meditating on this quality dispels inner fear and strengthens devotion.

824 ॐ अश्वत्थाय नमः Om Ashvatthaḥ Namaḥ

Sacred Tree of Knowledge

This name represents the supreme architect of the universe and the dawn of life. This attribute reminds us that our inner consciousness is the mother of all thoughts.

Focusing on this divine form purifies the mind and fills it with creative clarity.

825 ॐ चाणूरान्ध्रनिषूदनाय नमः Om Chanura-andhra-nishudanaḥ Namaḥ

Slayer of Chanura

This name signifies the transformation of physical forms and the ultimate freedom of the soul. It teaches that dissolution is merely a transition, while the consciousness remains immortal.

Meditating on this name liberates the seeker from attachment.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

826 ॐ सहस्रार्चये नमः Om Sahasrarchiḥ Namaḥ

Lord of Thousand Rays

This name symbolizes the supreme auspiciousness, peace, and benevolent energy. In spiritual practice, this attribute ward off negativity and ushers in divine grace and joy.

Meditating on this name aligns one with the blessings of the cosmos.

827 ॐ सप्तजिह्वाय नमः Om Sapta-jihvaḥ Namaḥ

Seven-Tongued Flame of Sacrifice

This name reveals the infinite majesty, beauty, and dignity of the Supreme Lord. It inspires the seeker to see the divine presence in the beauty of the universe.

Meditating on this form elevates the mind to states of reverence and awe.

828 ॐ सप्तैधने नमः Om Saptaidhaḥ Namaḥ

Fuel of Cosmic Sacrifice

This name represents the imperishable, eternal, and transcendent reality beyond the senses. It shows that truth is beyond the limits of space, time, and matter, having no beginning or end.

Contemplating this raises the seeker above impermanence.

829 ॐ सप्तवाहनाय नमः Om Sapta-vahanaḥ Namaḥ

Sun Chariot Rider

This name symbolizes the supreme auspiciousness, peace, and benevolent energy. In spiritual practice, this attribute ward off negativity and ushers in divine grace and joy.

Meditating on this name aligns one with the blessings of the cosmos.

830 ॐ अमूर्तये नमः Om Amurtiḥ Namaḥ

Formless Transcendent Lord

This name represents the supreme architect of the universe and the dawn of life. This attribute reminds us that our inner consciousness is the mother of all thoughts.

Focusing on this divine form purifies the mind and fills it with creative clarity.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

831 ॐ अनघाय नमः Om Anaghaḥ Namaḥ

Sinless Spotless Purity

This name symbolizes pure consciousness, the witness spirit, and the indwelling guide. In meditation, it shows that the awareness within us is the only truth, untouched by pleasure and pain.

Chanting this aligns the seeker with the silent inner witness.

832 ॐ अचिन्त्याय नमः Om Achintyaḥ Namaḥ

Inconceivable Reality

This name symbolizes the supreme auspiciousness, peace, and benevolent energy. In spiritual practice, this attribute ward off negativity and ushers in divine grace and joy.

Meditating on this name aligns one with the blessings of the cosmos.

833 ॐ भयकृते नमः Om Bhayakrith Namaḥ

Inflicter of Fear on Wicked

This name represents the supreme architect of the universe and the dawn of life. This attribute reminds us that our inner consciousness is the mother of all thoughts.

Focusing on this divine form purifies the mind and fills it with creative clarity.

834 ॐ भयनाशनाय नमः Om Bhaya-nashanaḥ Namaḥ

Destroyer of Fear

This name signifies the transformation of physical forms and the ultimate freedom of the soul. It teaches that dissolution is merely a transition, while the consciousness remains immortal.

Meditating on this name liberates the seeker from attachment.

835 ॐ अणवे नमः Om Anuḥ Namaḥ

Subtlest Essence

This name reveals the Supreme Lord as the protector who maintains the cosmic balance. Spiritually, it assures us that we are always safe under divine protection.

Meditating on this quality dispels inner fear and strengthens devotion.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

836 ॐ बृहते नमः Om Brihaṭṭh Namaḥ

Vast Cosmic Presence

This name represents the supreme architect of the universe and the dawn of life. This attribute reminds us that our inner consciousness is the mother of all thoughts.

Focusing on this divine form purifies the mind and fills it with creative clarity.

837 ॐ कृशाय नमः Om Kriṣaṭṭh Namaḥ

Weightless Infinite Essence

This name signifies the transformation of physical forms and the ultimate freedom of the soul. It teaches that dissolution is merely a transition, while the consciousness remains immortal.

Meditating on this name liberates the seeker from attachment.

838 ॐ स्थूलाय नमः Om Sthūlaṭṭh Namaḥ

Massive Ground Pervading Elements

This name symbolizes the supreme auspiciousness, peace, and benevolent energy. In spiritual practice, this attribute ward off negativity and ushers in divine grace and joy.

Meditating on this name aligns one with the blessings of the cosmos.

839 ॐ गुणभृते नमः Om Guṇa-bhṛiṭṭh Namaḥ

Master of Three Attributes

This name highlights the compassionate power that responds to the call of seekers and removes obstacles. It teaches that complete trust in the divine presence dispels all anxiety.

Remembering this name fills the heart with joy and gratitude.

840 ॐ निर्गुणाय नमः Om Nirguṇaṭṭh Namaḥ

Attribute-Free Void Self

This name represents the imperishable, eternal, and transcendent reality beyond the senses. It shows that truth is beyond the limits of space, time, and matter, having no beginning or end.

Contemplating this raises the seeker above impermanence.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

841 ॐ महते नमः Om Mahaanaḥ Namaḥ

Greatest Majestic Sovereign

This name reveals the Supreme Lord as the protector who maintains the cosmic balance. Spiritually, it assures us that we are always safe under divine protection.

Meditating on this quality dispels inner fear and strengthens devotion.

842 ॐ अधृताय नमः Om Adhritaḥ Namaḥ

Self-Supported Lord

This name represents the supreme architect of the universe and the dawn of life. This attribute reminds us that our inner consciousness is the mother of all thoughts.

Focusing on this divine form purifies the mind and fills it with creative clarity.

843 ॐ स्वधृताय नमः Om Svadhritaḥ Namaḥ

Self-Sustaining Pervader

This name signifies the transformation of physical forms and the ultimate freedom of the soul. It teaches that dissolution is merely a transition, while the consciousness remains immortal.

Meditating on this name liberates the seeker from attachment.

844 ॐ स्वास्याय नमः Om Svasyaḥ Namaḥ

Root Source Preceding Creation

This name symbolizes the supreme auspiciousness, peace, and benevolent energy. In spiritual practice, this attribute ward off negativity and ushers in divine grace and joy.

Meditating on this name aligns one with the blessings of the cosmos.

845 ॐ प्राग्वंशाय नमः Om Pragvamshaḥ Namaḥ

Expander of Life Line

This name highlights the compassionate power that responds to the call of seekers and removes obstacles. It teaches that complete trust in the divine presence dispels all anxiety.

Remembering this name fills the heart with joy and gratitude.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

846 ॐ वंशवर्धनाय नमः Om Vamsha-varadhanāḥ Namaḥ

Bearer of Earths Weight

This name represents the imperishable, eternal, and transcendent reality beyond the senses. It shows that truth is beyond the limits of space, time, and matter, having no beginning or end.

Contemplating this raises the seeker above impermanence.

847 ॐ भारभृते नमः Om Bhara-bhrith Namaḥ

Glorious One Praised in Vedas

This name reveals the Supreme Lord as the protector who maintains the cosmic balance. Spiritually, it assures us that we are always safe under divine protection.

Meditating on this quality dispels inner fear and strengthens devotion.

848 ॐ कथिताय नमः Om Kathitaḥ Namaḥ

Master of Yoga Meditation

This name represents the supreme architect of the universe and the dawn of life. This attribute reminds us that our inner consciousness is the mother of all thoughts.

Focusing on this divine form purifies the mind and fills it with creative clarity.

849 ॐ योगिने नमः Om Yogiḥ Namaḥ

Lord of Yogi Masters

This name symbolizes pure consciousness, the witness spirit, and the indwelling guide. In meditation, it shows that the awareness within us is the only truth, untouched by pleasure and pain.

Chanting this aligns the seeker with the silent inner witness.

850 ॐ योगीशाय नमः Om Yogishaḥ Namaḥ

Fulfiller of All Pure Desires

This name represents the illuminator of intellect and the source of ultimate wisdom. Spiritually, it dispels the darkness of ignorance and kindles the light of discernment.

Meditating on this quality reveals the true self and leads to self-realization.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

851 ॐ सर्वकामदाय नमः Om Sarva-kamadaḥ Namaḥ

Sanctuary of Rest and Peace

This name highlights the compassionate power that responds to the call of seekers and removes obstacles. It teaches that complete trust in the divine presence dispels all anxiety.

Remembering this name fills the heart with joy and gratitude.

852 ॐ आश्रमाय नमः Om Ashramaḥ Namaḥ

Queller of Scattered Emotions

This name represents the imperishable, eternal, and transcendent reality beyond the senses. It shows that truth is beyond the limits of space, time, and matter, having no beginning or end.

Contemplating this raises the seeker above impermanence.

853 ॐ श्रमणाय नमः Om Shramanaḥ Namaḥ

Abode Supporting Creation

This name reveals the Supreme Lord as the protector who maintains the cosmic balance. Spiritually, it assures us that we are always safe under divine protection.

Meditating on this quality dispels inner fear and strengthens devotion.

854 ॐ क्षामाय नमः Om Kshamaḥ Namaḥ

Lord with Wings of Wisdom

This name represents the supreme architect of the universe and the dawn of life. This attribute reminds us that our inner consciousness is the mother of all thoughts.

Focusing on this divine form purifies the mind and fills it with creative clarity.

855 ॐ सुपर्णाय नमः Om Suparnaḥ Namaḥ

Carrier Riding Wind Power

This name symbolizes pure consciousness, the witness spirit, and the indwelling guide. In meditation, it shows that the awareness within us is the only truth, untouched by pleasure and pain.

Chanting this aligns the seeker with the silent inner witness.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

856 ॐ वायुवाहनाय नमः Om Vayu-vahanāḥ Namaḥ

Great Archer Holding Cosmic Bow

This name symbolizes the supreme auspiciousness, peace, and benevolent energy. In spiritual practice, this attribute ward off negativity and ushers in divine grace and joy.

Meditating on this name aligns one with the blessings of the cosmos.

857 ॐ धनुर्धराय नमः Om Dhanur-dharāḥ Namaḥ

Science of Archery and Valor

This name highlights the compassionate power that responds to the call of seekers and removes obstacles. It teaches that complete trust in the divine presence dispels all anxiety.

Remembering this name fills the heart with joy and gratitude.

858 ॐ धनुर्वेदाय नमः Om Dhanur-vedaḥ Namaḥ

Rod of Justice and Discipline

This name represents the imperishable, eternal, and transcendent reality beyond the senses. It shows that truth is beyond the limits of space, time, and matter, having no beginning or end.

Contemplating this raises the seeker above impermanence.

859 ॐ दण्डाय नमः Om Dandaḥ Namaḥ

Queller of Demonic Egos

This name reveals the Supreme Lord as the protector who maintains the cosmic balance. Spiritually, it assures us that we are always safe under divine protection.

Meditating on this quality dispels inner fear and strengthens devotion.

860 ॐ दमयित्रे नमः Om Damayitāḥ Namaḥ

Self-Control and Peace Itself

This name represents the supreme architect of the universe and the dawn of life. This attribute reminds us that our inner consciousness is the mother of all thoughts.

Focusing on this divine form purifies the mind and fills it with creative clarity.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

861 ॐ दमाय नमः Om Damaḥ Namaḥ

Unconquerable Lord

This name symbolizes pure consciousness, the witness spirit, and the indwelling guide. In meditation, it shows that the awareness within us is the only truth, untouched by pleasure and pain.

Chanting this aligns the seeker with the silent inner witness.

862 ॐ अपराजिताय नमः Om Aparajitaḥ Namaḥ

All-Tolerating Lord

This name symbolizes the supreme auspiciousness, peace, and benevolent energy. In spiritual practice, this attribute ward off negativity and ushers in divine grace and joy.

Meditating on this name aligns one with the blessings of the cosmos.

863 ॐ सर्वसहाय नमः Om Sarva-sahaḥ Namaḥ

Cosmic Director

This name highlights the compassionate power that responds to the call of seekers and removes obstacles. It teaches that complete trust in the divine presence dispels all anxiety.

Remembering this name fills the heart with joy and gratitude.

864 ॐ नियन्त्रे नमः Om Niyantaḥ Namaḥ

Divine Law and Discipline

This name represents the imperishable, eternal, and transcendent reality beyond the senses. It shows that truth is beyond the limits of space, time, and matter, having no beginning or end.

Contemplating this raises the seeker above impermanence.

865 ॐ अनियमाय नमः Om Aniyamaḥ Namaḥ

Final Controller of Cosmic Law

This name reveals the Supreme Lord as the protector who maintains the cosmic balance. Spiritually, it assures us that we are always safe under divine protection.

Meditating on this quality dispels inner fear and strengthens devotion.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

866 ॐ अयमाय नमः Om Ayamaḥ Namaḥ

Of Absolute Purity and Courage

This name represents the supreme architect of the universe and the dawn of life. This attribute reminds us that our inner consciousness is the mother of all thoughts.

Focusing on this divine form purifies the mind and fills it with creative clarity.

867 ॐ सत्त्वते नमः Om Sattvavanāḥ Namaḥ

Essence of Auspicious Being

This name symbolizes pure consciousness, the witness spirit, and the indwelling guide. In meditation, it shows that the awareness within us is the only truth, untouched by pleasure and pain.

Chanting this aligns the seeker with the silent inner witness.

868 ॐ सात्त्विकाय नमः Om Sattvikaḥ Namaḥ

Absolute Truth Beyond Illusion

This name symbolizes the controller of time and the power to transcend material limits. Spiritually, it clears away old patterns, ego, and negativity.

Contemplating this quality guides the seeker toward detachment and profound inner purification.

869 ॐ सत्याय नमः Om Satyaḥ Namaḥ

Champion of Truth

This name highlights the compassionate power that responds to the call of seekers and removes obstacles. It teaches that complete trust in the divine presence dispels all anxiety.

Remembering this name fills the heart with joy and gratitude.

870 ॐ सत्यधर्मपरायणाय नमः Om Satya-dharma-parayanaḥ Namaḥ

Target Goal of Seekers Hearts

This name represents the imperishable, eternal, and transcendent reality beyond the senses. It shows that truth is beyond the limits of space, time, and matter, having no beginning or end.

Contemplating this raises the seeker above impermanence.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

871 ॐ अभिप्रायाय नमः Om Abhiprayaḥ Namaḥ

Recipient Worthy of Devotion

This name reveals the Supreme Lord as the protector who maintains the cosmic balance. Spiritually, it assures us that we are always safe under divine protection.

Meditating on this quality dispels inner fear and strengthens devotion.

872 ॐ प्रियार्हाय नमः Om Priyaraḥ Namaḥ

Deserving of Universal Worship

This name highlights the compassionate power that responds to the call of seekers and removes obstacles. It teaches that complete trust in the divine presence dispels all anxiety.

Remembering this name fills the heart with joy and gratitude.

873 ॐ अर्हाय नमः Om Arhaḥ Namaḥ

Fulfiller of Devotees Prayers

This name symbolizes pure consciousness, the witness spirit, and the indwelling guide. In meditation, it shows that the awareness within us is the only truth, untouched by pleasure and pain.

Chanting this aligns the seeker with the silent inner witness.

874 ॐ प्रियकृते नमः Om Priyakṛith Namaḥ

Multiplier of Devotional Joy

This name highlights the divine creative power and the source of the universe. On the spiritual path, it teaches that every creation is an extension of the Divine.

Meditating on this name allows the seeker to align with cosmic harmony and appreciate the flow of life.

875 ॐ प्रीतिवर्धनाय नमः Om Priti-vardhanaḥ Namaḥ

Sky-Dwelling Path of Sages

This name highlights the compassionate power that responds to the call of seekers and removes obstacles. It teaches that complete trust in the divine presence dispels all anxiety.

Remembering this name fills the heart with joy and gratitude.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

876 ॐ विहायसगतये नमः Om Vihayasa-gatiḥ Namaḥ

Light of Self-Knowledge

This name represents the imperishable, eternal, and transcendent reality beyond the senses. It shows that truth is beyond the limits of space, time, and matter, having no beginning or end.

Contemplating this raises the seeker above impermanence.

877 ॐ ज्योतये नमः Om Jyotiḥ Namaḥ

Of Auspicious Splendor

This name reveals the Supreme Lord as the protector who maintains the cosmic balance. Spiritually, it assures us that we are always safe under divine protection.

Meditating on this quality dispels inner fear and strengthens devotion.

878 ॐ सुरुचये नमः Om Suruchiḥ Namaḥ

Consumer of Sacred Offerings

This name represents the supreme architect of the universe and the dawn of life. This attribute reminds us that our inner consciousness is the mother of all thoughts.

Focusing on this divine form purifies the mind and fills it with creative clarity.

879 ॐ हुतभुक् नमः Om Huta-bhukḥ Namaḥ

All-Pervading Sovereign Lord

This name symbolizes pure consciousness, the witness spirit, and the indwelling guide. In meditation, it shows that the awareness within us is the only truth, untouched by pleasure and pain.

Chanting this aligns the seeker with the silent inner witness.

880 ॐ विभवे नमः Om Vibhuḥ Namaḥ

Sun Giving Vital Warmth

This name reveals the Supreme Lord as the protector who maintains the cosmic balance. Spiritually, it assures us that we are always safe under divine protection.

Meditating on this quality dispels inner fear and strengthens devotion.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

881 ॐ स्वये नमः Om Raviṇ Namaḥ

Illuminator of Creation

This name reveals the infinite majesty, beauty, and dignity of the Supreme Lord. It inspires the seeker to see the divine presence in the beauty of the universe.

Meditating on this form elevates the mind to states of reverence and awe.

882 ॐ विरोचनाय नमः Om Virocanaḥ Namaḥ

Generator of Light and Life

This name signifies the divine splendor, inner light, and supreme glory. It shows that the radiance of the soul is brighter than the sun, instantly dispelling spiritual darkness.

Contemplating this quality fills the seeker with vitality and spiritual glow.

883 ॐ सूर्याय नमः Om Suryaḥ Namaḥ

Generative Cause of Elements

This name symbolizes the supreme auspiciousness, peace, and benevolent energy. In spiritual practice, this attribute ward off negativity and ushers in divine grace and joy.

Meditating on this name aligns one with the blessings of the cosmos.

884 ॐ सवित्रे नमः Om Savitaḥ Namaḥ

He Whose Eyes are Suns

This name represents the supreme architect of the universe and the dawn of life. This attribute reminds us that our inner consciousness is the mother of all thoughts.

Focusing on this divine form purifies the mind and fills it with creative clarity.

885 ॐ रविलोचनाय नमः Om Ravi-lochanaḥ Namaḥ

Infinite Boundless Pervader

This name represents infinite compassion, divine love, and grace. It reminds us that the Divine is accessible through pure devotion and complete surrender.

Chanting this name awakens devotion in the heart and dissolves the ego.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

886 ॐ अनन्ताय नमः Om Anantaḥ Namaḥ

Consumer of Agni Sacraments

This name symbolizes the supreme auspiciousness, peace, and benevolent energy. In spiritual practice, this attribute ward off negativity and ushers in divine grace and joy.

Meditating on this name aligns one with the blessings of the cosmos.

887 ॐ हुतभुक् नमः Om Huta-bhukḥ Namaḥ

Enjoyer of Sincere Devotion

This name highlights the compassionate power that responds to the call of seekers and removes obstacles. It teaches that complete trust in the divine presence dispels all anxiety.

Remembering this name fills the heart with joy and gratitude.

888 ॐ भोक्त्रे नमः Om Bhoktaḥ Namaḥ

Giver of Absolute Bliss

This name represents the imperishable, eternal, and transcendent reality beyond the senses. It shows that truth is beyond the limits of space, time, and matter, having no beginning or end.

Contemplating this raises the seeker above impermanence.

889 ॐ सुखदाय नमः Om Sukhadaḥ Namaḥ

Active Creator Beyond Gunas

This name reveals the Supreme Lord as the protector who maintains the cosmic balance. Spiritually, it assures us that we are always safe under divine protection.

Meditating on this quality dispels inner fear and strengthens devotion.

890 ॐ नैकजाय नमः Om Naikajāḥ Namaḥ

Eldest Lord Preceding Birth

This name represents the supreme architect of the universe and the dawn of life. This attribute reminds us that our inner consciousness is the mother of all thoughts.

Focusing on this divine form purifies the mind and fills it with creative clarity.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

891 ॐ अग्रजाय नमः Om Agrajaḥ Namaḥ

Self-Contented Lord

This name signifies the primordial cause of creation and the origin of the cosmos. In meditation, it shows that all material forms manifest from that supreme being.

Contemplating this attribute cultivates creative energy and brings a fresh, divine perspective to life.

892 ॐ अनिर्विण्णाय नमः Om Anirvinnaḥ Namaḥ

Showerer of Eternal Blessings

This name symbolizes the supreme auspiciousness, peace, and benevolent energy. In spiritual practice, this attribute ward off negativity and ushers in divine grace and joy.

Meditating on this name aligns one with the blessings of the cosmos.

893 ॐ सदामर्षिणे नमः Om Sada-marshiḥ Namaḥ

Foundation of all Worlds

This name highlights the compassionate power that responds to the call of seekers and removes obstacles. It teaches that complete trust in the divine presence dispels all anxiety.

Remembering this name fills the heart with joy and gratitude.

894 ॐ लोकाधिष्ठानाय नमः Om Lokadhishtaanamḥ Namaḥ

Dispenser of Moksha Grace

This name represents the imperishable, eternal, and transcendent reality beyond the senses. It shows that truth is beyond the limits of space, time, and matter, having no beginning or end.

Contemplating this raises the seeker above impermanence.

895 ॐ अद्भुताय नमः Om Adbhutaḥ Namaḥ

Supporter of Life Breath

This name reveals the Supreme Lord as the protector who maintains the cosmic balance. Spiritually, it assures us that we are always safe under divine protection.

Meditating on this quality dispels inner fear and strengthens devotion.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

896 ॐ सनाते नमः Om Sanatḥ Namaḥ

Giver of Life-Force

This name represents the supreme architect of the universe and the dawn of life. This attribute reminds us that our inner consciousness is the mother of all thoughts.

Focusing on this divine form purifies the mind and fills it with creative clarity.

897 ॐ सनातनतमाय नमः Om Sanatana-tamaḥ Namaḥ

Sacred Sound Om

This name symbolizes pure consciousness, the witness spirit, and the indwelling guide. In meditation, it shows that the awareness within us is the only truth, untouched by pleasure and pain.

Chanting this aligns the seeker with the silent inner witness.

898 ॐ कपिलाय नमः Om Kapilāḥ Namaḥ

Appraiser of Pious Deeds

This name symbolizes the supreme auspiciousness, peace, and benevolent energy. In spiritual practice, this attribute ward off negativity and ushers in divine grace and joy.

Meditating on this name aligns one with the blessings of the cosmos.

899 ॐ कपये नमः Om Kapiḥ Namaḥ

Governing Cosmic Authority

This name highlights the compassionate power that responds to the call of seekers and removes obstacles. It teaches that complete trust in the divine presence dispels all anxiety.

Remembering this name fills the heart with joy and gratitude.

900 ॐ अव्ययाय नमः Om Avyayaḥ Namaḥ

Refuge where Life Breath Settles

This name represents the imperishable, eternal, and transcendent reality beyond the senses. It shows that truth is beyond the limits of space, time, and matter, having no beginning or end.

Contemplating this raises the seeker above impermanence.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

901 ॐ स्वस्तिदाय नमः Om Svastidaḥ Namaḥ

Guardian Feeding Life Breath

This name reveals the Supreme Lord as the protector who maintains the cosmic balance. Spiritually, it assures us that we are always safe under divine protection.

Meditating on this quality dispels inner fear and strengthens devotion.

902 ॐ स्वस्तिकृते नमः Om Svastikrith Namaḥ

Vital Breath Animating Creation

This name represents the supreme architect of the universe and the dawn of life. This attribute reminds us that our inner consciousness is the mother of all thoughts.

Focusing on this divine form purifies the mind and fills it with creative clarity.

903 ॐ स्वस्तये नमः Om Svastiḥ Namaḥ

Core Reality of Phenomena

This name signifies the divine splendor, inner light, and supreme glory. It shows that the radiance of the soul is brighter than the sun, instantly dispelling spiritual darkness.

Contemplating this quality fills the seeker with vitality and spiritual glow.

904 ॐ स्वस्तिभुक् नमः Om Svastibhukḥ Namaḥ

Knower of Absolute Reality

This name symbolizes the supreme auspiciousness, peace, and benevolent energy. In spiritual practice, this attribute ward off negativity and ushers in divine grace and joy.

Meditating on this name aligns one with the blessings of the cosmos.

905 ॐ स्वस्तिदक्षिणाय नमः Om Svasti-dakshinaḥ Namaḥ

Single Absolute Soul

This name reveals the infinite majesty, beauty, and dignity of the Supreme Lord. It inspires the seeker to see the divine presence in the beauty of the universe.

Meditating on this form elevates the mind to states of reverence and awe.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

906 ॐ अरौद्राय नमः Om Araudrah Namaḥ

Beyond Birth and Death

This name represents the imperishable, eternal, and transcendent reality beyond the senses. It shows that truth is beyond the limits of space, time, and matter, having no beginning or end.

Contemplating this raises the seeker above impermanence.

907 ॐ कुण्डलिने नमः Om Kundaliṇ Namaḥ

Tree of Three Worlds

This name reveals the Supreme Lord as the protector who maintains the cosmic balance. Spiritually, it assures us that we are always safe under divine protection.

Meditating on this quality dispels inner fear and strengthens devotion.

908 ॐ चक्रिणे नमः Om Chakriṇ Namaḥ

Liberator from Samsara

This name represents the supreme architect of the universe and the dawn of life. This attribute reminds us that our inner consciousness is the mother of all thoughts.

Focusing on this divine form purifies the mind and fills it with creative clarity.

909 ॐ विक्रमिणे नमः Om Vikramiṇ Namaḥ

Father of Cosmic Creation

This name symbolizes pure consciousness, the witness spirit, and the indwelling guide. In meditation, it shows that the awareness within us is the only truth, untouched by pleasure and pain.

Chanting this aligns the seeker with the silent inner witness.

910 ॐ ऊर्जितशासनाय नमः Om Urjita-shasanaḥ Namaḥ

Great-Grandfather of Brahma

This name symbolizes the supreme auspiciousness, peace, and benevolent energy. In spiritual practice, this attribute ward off negativity and ushers in divine grace and joy.

Meditating on this name aligns one with the blessings of the cosmos.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

911 ॐ शब्दातिगाय नमः Om Shabdatigaḥ Namaḥ

Sacred Sacrifice Itself

This name highlights the compassionate power that responds to the call of seekers and removes obstacles. It teaches that complete trust in the divine presence dispels all anxiety.

Remembering this name fills the heart with joy and gratitude.

912 ॐ शब्दसहाय नमः Om Shabdasahaḥ Namaḥ

Lord of Every Sacrifice

This name represents the imperishable, eternal, and transcendent reality beyond the senses. It shows that truth is beyond the limits of space, time, and matter, having no beginning or end.

Contemplating this raises the seeker above impermanence.

913 ॐ शिशिराय नमः Om Shishiraḥ Namaḥ

Priest Conducting Offerings

This name reveals the Supreme Lord as the protector who maintains the cosmic balance. Spiritually, it assures us that we are always safe under divine protection.

Meditating on this quality dispels inner fear and strengthens devotion.

914 ॐ शर्वरीकराय नमः Om Sharvarikaraḥ Namaḥ

Sacrificial Body of Creation

This name represents the supreme architect of the universe and the dawn of life. This attribute reminds us that our inner consciousness is the mother of all thoughts.

Focusing on this divine form purifies the mind and fills it with creative clarity.

915 ॐ अक्रूराय नमः Om Akruraḥ Namaḥ

Carrier of Devotional Sacrifice

This name symbolizes pure consciousness, the witness spirit, and the indwelling guide. In meditation, it shows that the awareness within us is the only truth, untouched by pleasure and pain.

Chanting this aligns the seeker with the silent inner witness.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

916 ॐ पेशलाय नमः Om Peshalaḥ Namaḥ

Protector of Sacrificial Purity

This name symbolizes the supreme auspiciousness, peace, and benevolent energy. In spiritual practice, this attribute ward off negativity and ushers in divine grace and joy.

Meditating on this name aligns one with the blessings of the cosmos.

917 ॐ दक्षाय नमः Om Dakshaḥ Namaḥ

Architect of Sacred Oblations

This name highlights the compassionate power that responds to the call of seekers and removes obstacles. It teaches that complete trust in the divine presence dispels all anxiety.

Remembering this name fills the heart with joy and gratitude.

918 ॐ दक्षिणाय नमः Om Dakshinaḥ Namaḥ

Enjoyer of All Sacrifices

This name represents the imperishable, eternal, and transcendent reality beyond the senses. It shows that truth is beyond the limits of space, time, and matter, having no beginning or end.

Contemplating this raises the seeker above impermanence.

919 ॐ क्षमिणां वराय नमः Om Kshaminam-varaḥ Namaḥ

Acceptor of Devotional Offerings

This name reveals the Supreme Lord as the protector who maintains the cosmic balance. Spiritually, it assures us that we are always safe under divine protection.

Meditating on this quality dispels inner fear and strengthens devotion.

920 ॐ विद्वत्तमाय नमः Om Vidvattamaḥ Namaḥ

Instrument Driving Realization

This name represents the supreme architect of the universe and the dawn of life. This attribute reminds us that our inner consciousness is the mother of all thoughts.

Focusing on this divine form purifies the mind and fills it with creative clarity.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

921 ॐ वीतभयाय नमः Om Vita-bhayaḥ Namaḥ

Fulfiller of Ultimate Rewards

This name symbolizes pure consciousness, the witness spirit, and the indwelling guide. In meditation, it shows that the awareness within us is the only truth, untouched by pleasure and pain.

Chanting this aligns the seeker with the silent inner witness.

922 ॐ पुण्यश्रवणकीर्तनाय नमः Om Punya-shravana-kirtanaḥ Namaḥ

Secret Wisdom of Sacrifice

This name symbolizes the supreme auspiciousness, peace, and benevolent energy. In spiritual practice, this attribute ward off negativity and ushers in divine grace and joy.

Meditating on this name aligns one with the blessings of the cosmos.

923 ॐ उत्तारणाय नमः Om Uttaraṇaḥ Namaḥ

Nourishing Food of Creatures

This name highlights the compassionate power that responds to the call of seekers and removes obstacles. It teaches that complete trust in the divine presence dispels all anxiety.

Remembering this name fills the heart with joy and gratitude.

924 ॐ दुष्कृतिहने नमः Om Dushkritaḥ Namaḥ

Eater of Phenomenal Creation

This name signifies the transformation of physical forms and the ultimate freedom of the soul. It teaches that dissolution is merely a transition, while the consciousness remains immortal.

Meditating on this name liberates the seeker from attachment.

925 ॐ पुण्याय नमः Om Punyaḥ Namaḥ

Uncaused Source of Self

This name reveals the Supreme Lord as the protector who maintains the cosmic balance. Spiritually, it assures us that we are always safe under divine protection.

Meditating on this quality dispels inner fear and strengthens devotion.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

926 ॐ दुःस्वप्ननाशनाय नमः Om Duḥsvapna-nashanaḥ Namaḥ

Self-Born Lord by Choice

This name represents the absolute peace and dissolution of the material world where all dualities cease. It teaches us that letting go of desires is the gateway to eternal tranquility.

Meditating on this quality brings silent, undisturbed awareness.

927 ॐ वीरहने नमः Om Virahaḥ Namaḥ

Piercer Ripping Open Obstacles

This name signifies the transformation of physical forms and the ultimate freedom of the soul. It teaches that dissolution is merely a transition, while the consciousness remains immortal.

Meditating on this name liberates the seeker from attachment.

928 ॐ रक्षणाय नमः Om Rakshanaḥ Namaḥ

Chanter of Sama Hymn Symphony

This name reveals the Supreme Lord as the protector who maintains the cosmic balance. Spiritually, it assures us that we are always safe under divine protection.

Meditating on this quality dispels inner fear and strengthens devotion.

929 ॐ सन्ताय नमः Om Santaḥ Namaḥ

Joy-Giving Son of Devaki

This name highlights the compassionate power that responds to the call of seekers and removes obstacles. It teaches that complete trust in the divine presence dispels all anxiety.

Remembering this name fills the heart with joy and gratitude.

930 ॐ जीवनाय नमः Om Jivanaḥ Namaḥ

Primary Architect of Elements

This name represents the imperishable, eternal, and transcendent reality beyond the senses. It shows that truth is beyond the limits of space, time, and matter, having no beginning or end.

Contemplating this raises the seeker above impermanence.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

931 ॐ पर्यवस्थिताय नमः Om Paryavasthitaḥ Namaḥ

Sovereign Emperor of Earth

This name reveals the Supreme Lord as the protector who maintains the cosmic balance. Spiritually, it assures us that we are always safe under divine protection.

Meditating on this quality dispels inner fear and strengthens devotion.

932 ॐ अनन्तरूपाय नमः Om Ananta-rupaḥ Namaḥ

Eradicator of Accumulated Sins

This name represents the supreme architect of the universe and the dawn of life. This attribute reminds us that our inner consciousness is the mother of all thoughts.

Focusing on this divine form purifies the mind and fills it with creative clarity.

933 ॐ अनन्तश्रिये नमः Om Ananta-shriḥ Namaḥ

Wielder of Cosmic Conch

This name signifies the divine splendor, inner light, and supreme glory. It shows that the radiance of the soul is brighter than the sun, instantly dispelling spiritual darkness.

Contemplating this quality fills the seeker with vitality and spiritual glow.

934 ॐ जितमन्यवे नमः Om Jita-manyuḥ Namaḥ

Wielder of Wisdom Sword

This name symbolizes the supreme auspiciousness, peace, and benevolent energy. In spiritual practice, this attribute ward off negativity and ushers in divine grace and joy.

Meditating on this name aligns one with the blessings of the cosmos.

935 ॐ भयापहाय नमः Om Bhayapahaḥ Namaḥ

Wielder of Cosmic Disc

This name highlights the compassionate power that responds to the call of seekers and removes obstacles. It teaches that complete trust in the divine presence dispels all anxiety.

Remembering this name fills the heart with joy and gratitude.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

936 ॐ चतुरश्राय नमः Om Chaturashraḥ Namaḥ

Wielder of Cosmic Bow Sharṅga

This name represents the imperishable, eternal, and transcendent reality beyond the senses. It shows that truth is beyond the limits of space, time, and matter, having no beginning or end.

Contemplating this raises the seeker above impermanence.

937 ॐ गभीरात्मने नमः Om Gabhiratmaḥ Namaḥ

Bearer of the Mighty Mace

This name represents the illuminator of intellect and the source of ultimate wisdom. Spiritually, it dispels the darkness of ignorance and kindles the light of discernment.

Meditating on this quality reveals the true self and leads to self-realization.

938 ॐ विदिशाय नमः Om Vidishaḥ Namaḥ

Wielder of Chariot Wheel

This name represents the supreme architect of the universe and the dawn of life. This attribute reminds us that our inner consciousness is the mother of all thoughts.

Focusing on this divine form purifies the mind and fills it with creative clarity.

939 ॐ व्यादिशाय नमः Om Vyadishaḥ Namaḥ

Indisturbable Serene Self

This name symbolizes pure consciousness, the witness spirit, and the indwelling guide. In meditation, it shows that the awareness within us is the only truth, untouched by pleasure and pain.

Chanting this aligns the seeker with the silent inner witness.

940 ॐ दिशाय नमः Om Dishāḥ Namaḥ

Wielder of All Cosmic Weapons

This name symbolizes the supreme auspiciousness, peace, and benevolent energy. In spiritual practice, this attribute ward off negativity and ushers in divine grace and joy.

Meditating on this name aligns one with the blessings of the cosmos.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

941 ॐ अनादये नमः Om Anadiḥ Namaḥ

Beginningless Cause

This name highlights the compassionate power that responds to the call of seekers and removes obstacles. It teaches that complete trust in the divine presence dispels all anxiety.

Remembering this name fills the heart with joy and gratitude.

942 ॐ भूर्भुवऱय नमः Om Bhurbhuvaḥ Namaḥ

Soil and Base of Creation

This name represents the imperishable, eternal, and transcendent reality beyond the senses. It shows that truth is beyond the limits of space, time, and matter, having no beginning or end.

Contemplating this raises the seeker above impermanence.

943 ॐ लक्ष्म्यै नमः Om Lakshmiḥ Namaḥ

True Beauty and Goddess Grace

This name reveals the Supreme Lord as the protector who maintains the cosmic balance. Spiritually, it assures us that we are always safe under divine protection.

Meditating on this quality dispels inner fear and strengthens devotion.

944 ॐ सुवीराय नमः Om Suviraḥ Namaḥ

Hero of Perfect Valor

This name represents the supreme architect of the universe and the dawn of life. This attribute reminds us that our inner consciousness is the mother of all thoughts.

Focusing on this divine form purifies the mind and fills it with creative clarity.

945 ॐ रुचिरांगदाय नमः Om Ruchir-angadaḥ Namaḥ

Wearer of Radiant Ornaments

This name symbolizes pure consciousness, the witness spirit, and the indwelling guide. In meditation, it shows that the awareness within us is the only truth, untouched by pleasure and pain.

Chanting this aligns the seeker with the silent inner witness.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

946 ॐ जननाय नमः Om Jananaḥ Namaḥ

Primal Father of All Beings

This name highlights the divine creative power and the source of the universe. On the spiritual path, it teaches that every creation is an extension of the Divine.

Meditating on this name allows the seeker to align with cosmic harmony and appreciate the flow of life.

947 ॐ जनजन्मादये नमः Om Jana-janmadiḥ Namaḥ

Core Origin of Birth Cycles

This name represents the supreme architect of the universe and the dawn of life. This attribute reminds us that our inner consciousness is the mother of all thoughts.

Focusing on this divine form purifies the mind and fills it with creative clarity.

948 ॐ भीमाय नमः Om Bhimaḥ Namaḥ

Awe-Inspiring Force of Discipline

This name represents the imperishable, eternal, and transcendent reality beyond the senses. It shows that truth is beyond the limits of space, time, and matter, having no beginning or end.

Contemplating this raises the seeker above impermanence.

949 ॐ भीमपराक्रमाय नमः Om Bhima-parakramaḥ Namaḥ

Wielder of Terrific Valor

This name reveals the Supreme Lord as the protector who maintains the cosmic balance. Spiritually, it assures us that we are always safe under divine protection.

Meditating on this quality dispels inner fear and strengthens devotion.

950 ॐ आधारनिलयाय नमः Om Adhara-nilayaḥ Namaḥ

Substratum of Universe Framework

This name represents the divine consciousness that holds and nourishes all beings. It teaches us that selfless service and compassion are the highest forms of worship.

Contemplating this name fills the heart with universal love and gratitude.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

951 **ॐ अधात्रे नमः** Om Adhataḥ Namaḥ

Independent Pervading Base

This name signifies the primordial cause of creation and the origin of the cosmos. In meditation, it shows that all material forms manifest from that supreme being.

Contemplating this attribute cultivates creative energy and brings a fresh, divine perspective to life.

952 **ॐ पुष्पहासाय नमः** Om Pushpa-hasaḥ Namaḥ

Whose Smile Blossoms Like Flowers

This name symbolizes the supreme auspiciousness, peace, and benevolent energy. In spiritual practice, this attribute ward off negativity and ushers in divine grace and joy.

Meditating on this name aligns one with the blessings of the cosmos.

953 **ॐ प्रजागराय नमः** Om Prajagaraḥ Namaḥ

Awake Master Beyond Illusion

This name highlights the compassionate power that responds to the call of seekers and removes obstacles. It teaches that complete trust in the divine presence dispels all anxiety.

Remembering this name fills the heart with joy and gratitude.

954 **ॐ ऊर्ध्वगाय नमः** Om Urdhvagaḥ Namaḥ

Upward Path and Ultimate Goal

This name represents the imperishable, eternal, and transcendent reality beyond the senses. It shows that truth is beyond the limits of space, time, and matter, having no beginning or end.

Contemplating this raises the seeker above impermanence.

955 **ॐ सत्यथाचाराय नमः** Om Satpathacaraḥ Namaḥ

Model Enforcer of Truthful Conduct

This name reveals the Supreme Lord as the protector who maintains the cosmic balance. Spiritually, it assures us that we are always safe under divine protection.

Meditating on this quality dispels inner fear and strengthens devotion.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

956 ॐ प्राणदाय नमः Om Pranadaḥ Namaḥ

Giver of Life-Force

This name represents the supreme architect of the universe and the dawn of life. This attribute reminds us that our inner consciousness is the mother of all thoughts.

Focusing on this divine form purifies the mind and fills it with creative clarity.

957 ॐ प्रणवाय नमः Om Pranavaḥ Namaḥ

Sacred Sound Om

This name symbolizes pure consciousness, the witness spirit, and the indwelling guide. In meditation, it shows that the awareness within us is the only truth, untouched by pleasure and pain.

Chanting this aligns the seeker with the silent inner witness.

958 ॐ पणाय नमः Om Panaḥ Namaḥ

Cosmic Dealer Appraising Deeds

This name symbolizes the supreme auspiciousness, peace, and benevolent energy. In spiritual practice, this attribute ward off negativity and ushers in divine grace and joy.

Meditating on this name aligns one with the blessings of the cosmos.

959 ॐ प्रमाणाय नमः Om Pramanamḥ Namaḥ

Ultimate Authority and Proof

This name highlights the compassionate power that responds to the call of seekers and removes obstacles. It teaches that complete trust in the divine presence dispels all anxiety.

Remembering this name fills the heart with joy and gratitude.

960 ॐ प्राणनिलयाय नमः Om Prana-nilayaḥ Namaḥ

Reservoir where Energies Merge

This name represents the imperishable, eternal, and transcendent reality beyond the senses. It shows that truth is beyond the limits of space, time, and matter, having no beginning or end.

Contemplating this raises the seeker above impermanence.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

961 **ॐ प्राणभृते नमः** Om Prana-bhrith Namaḥ

Guardian Feeding Vital Breath

This name reveals the Supreme Lord as the protector who maintains the cosmic balance. Spiritually, it assures us that we are always safe under divine protection.

Meditating on this quality dispels inner fear and strengthens devotion.

962 **ॐ प्राणजीवनाय नमः** Om Prana-jivanaḥ Namaḥ

Life Breath Animating Existence

This name represents the supreme architect of the universe and the dawn of life. This attribute reminds us that our inner consciousness is the mother of all thoughts.

Focusing on this divine form purifies the mind and fills it with creative clarity.

963 **ॐ तत्त्वाय नमः** Om Tattvamḥ Namaḥ

Core Reality Beyond Change

This name symbolizes pure consciousness, the witness spirit, and the indwelling guide. In meditation, it shows that the awareness within us is the only truth, untouched by pleasure and pain.

Chanting this aligns the seeker with the silent inner witness.

964 **ॐ तत्त्वविद् नमः** Om Tattvavidḥ Namaḥ

Unique Knower of Ground Truth

This name represents the illuminator of intellect and the source of ultimate wisdom. Spiritually, it dispels the darkness of ignorance and kindles the light of discernment.

Meditating on this quality reveals the true self and leads to self-realization.

965 **ॐ एकात्मने नमः** Om Ekatmaḥ Namaḥ

Single Absolute Soul Self

This name highlights the compassionate power that responds to the call of seekers and removes obstacles. It teaches that complete trust in the divine presence dispels all anxiety.

Remembering this name fills the heart with joy and gratitude.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

966 ॐ जन्ममृत्युजरातिगाय नमः Om Janma-mrityu-jaratigaḥ Namaḥ

Sovereign Beyond Birth and Death

This name signifies the transformation of physical forms and the ultimate freedom of the soul. It teaches that dissolution is merely a transition, while the consciousness remains immortal.

Meditating on this name liberates the seeker from attachment.

967 ॐ भूर्भुवःस्वस्तरवे नमः Om Bhurbhuvah-svastaruḥ Namaḥ

Cosmic Tree of Three Worlds

This name reveals the Supreme Lord as the protector who maintains the cosmic balance. Spiritually, it assures us that we are always safe under divine protection.

Meditating on this quality dispels inner fear and strengthens devotion.

968 ॐ ताराय नमः Om Taraḥ Namaḥ

Liberator from Cosmic Fears

This name represents the supreme architect of the universe and the dawn of life. This attribute reminds us that our inner consciousness is the mother of all thoughts.

Focusing on this divine form purifies the mind and fills it with creative clarity.

969 ॐ सवित्रे नमः Om Savitaḥ Namaḥ

Father Generator Sun Maker

This name symbolizes pure consciousness, the witness spirit, and the indwelling guide. In meditation, it shows that the awareness within us is the only truth, untouched by pleasure and pain.

Chanting this aligns the seeker with the silent inner witness.

970 ॐ प्रपितामहाय नमः Om Prapitamahaḥ Namaḥ

Great-Grandfather of Brahma

This name highlights the divine creative power and the source of the universe. On the spiritual path, it teaches that every creation is an extension of the Divine.

Meditating on this name allows the seeker to align with cosmic harmony and appreciate the flow of life.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

971 ॐ यज्ञाय नमः Om Yajnaḥ Namaḥ

Sacrifice Itself

This name highlights the compassionate power that responds to the call of seekers and removes obstacles. It teaches that complete trust in the divine presence dispels all anxiety.

Remembering this name fills the heart with joy and gratitude.

972 ॐ यज्ञपतये नमः Om Yajna-patiḥ Namaḥ

Lord Over Sacred Offerings

This name symbolizes the all-pervading sustenance and constant nourishment of the universe. In meditation, this attribute reminds us of the protective force that sustains our existence.

Chanting this name cultivates a deep sense of security, contentment, and peace.

973 ॐ यज्जने नमः Om Yajvaḥ Namaḥ

Priest Conducting Pure Offerings

This name reveals the Supreme Lord as the protector who maintains the cosmic balance. Spiritually, it assures us that we are always safe under divine protection.

Meditating on this quality dispels inner fear and strengthens devotion.

974 ॐ यज्ञांगाय नमः Om Yajna-angaḥ Namaḥ

Divine Body of Sacrifice

This name represents the supreme architect of the universe and the dawn of life. This attribute reminds us that our inner consciousness is the mother of all thoughts.

Focusing on this divine form purifies the mind and fills it with creative clarity.

975 ॐ यज्ञवाहनाय नमः Om Yajna-vahanaḥ Namaḥ

Carrier of Devotional Sacrifice

This name symbolizes pure consciousness, the witness spirit, and the indwelling guide. In meditation, it shows that the awareness within us is the only truth, untouched by pleasure and pain.

Chanting this aligns the seeker with the silent inner witness.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

976 ॐ यज्ञभृते नमः Om Yajna-bhṛith Namaḥ

Protector of Sacrificial Purity

This name symbolizes the supreme auspiciousness, peace, and benevolent energy. In spiritual practice, this attribute ward off negativity and ushers in divine grace and joy.

Meditating on this name aligns one with the blessings of the cosmos.

977 ॐ यज्ञकृते नमः Om Yajna-kṛith Namaḥ

Architect of Cosmic Oblations

This name represents the supreme architect of the universe and the dawn of life. This attribute reminds us that our inner consciousness is the mother of all thoughts.

Focusing on this divine form purifies the mind and fills it with creative clarity.

978 ॐ यज्ञिने नमः Om Yajniḥ Namaḥ

Master Enjoyer of Sacrifices

This name symbolizes the all-pervading sustenance and constant nourishment of the universe. In meditation, this attribute reminds us of the protective force that sustains our existence.

Chanting this name cultivates a deep sense of security, contentment, and peace.

979 ॐ यज्ञभुक् नमः Om Yajna-bhukḥ Namaḥ

Acceptor of Devotional Offerings

This name reveals the Supreme Lord as the protector who maintains the cosmic balance. Spiritually, it assures us that we are always safe under divine protection.

Meditating on this quality dispels inner fear and strengthens devotion.

980 ॐ यज्ञसाधनाय नमः Om Yajna-sadhanaḥ Namaḥ

Instrument of Sacrifice

This name represents the supreme architect of the universe and the dawn of life. This attribute reminds us that our inner consciousness is the mother of all thoughts.

Focusing on this divine form purifies the mind and fills it with creative clarity.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

981 ॐ यज्ञान्तकृते नमः Om Yajna-antakṛiṭḥ Namaḥ

Fulfiller of Ultimate Rewards

This name symbolizes pure consciousness, the witness spirit, and the indwelling guide. In meditation, it shows that the awareness within us is the only truth, untouched by pleasure and pain.

Chanting this aligns the seeker with the silent inner witness.

982 ॐ यज्ञगुहाय नमः Om Yajna-guhyamḥ Namaḥ

Secret Wisdom of Sacrifice

This name symbolizes the supreme auspiciousness, peace, and benevolent energy. In spiritual practice, this attribute ward off negativity and ushers in divine grace and joy.

Meditating on this name aligns one with the blessings of the cosmos.

983 ॐ अन्नाय नमः Om Annamḥ Namaḥ

Nourishing Food of Creatures

This name highlights the compassionate power that responds to the call of seekers and removes obstacles. It teaches that complete trust in the divine presence dispels all anxiety.

Remembering this name fills the heart with joy and gratitude.

984 ॐ अन्नादाय नमः Om Annadaḥ Namaḥ

Eater of Phenomenal Creation

This name represents the imperishable, eternal, and transcendent reality beyond the senses. It shows that truth is beyond the limits of space, time, and matter, having no beginning or end.

Contemplating this raises the seeker above impermanence.

985 ॐ आत्मयोनये नमः Om Atma-yoniḥ Namaḥ

Uncaused Source of Manifestation

This name represents the illuminator of intellect and the source of ultimate wisdom. Spiritually, it dispels the darkness of ignorance and kindles the light of discernment.

Meditating on this quality reveals the true self and leads to self-realization.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

986 ॐ स्वयंजाताय नमः Om Svayam-jataḥ Namaḥ

Self-Born Lord Beyond Bondage

This name represents the supreme architect of the universe and the dawn of life. This attribute reminds us that our inner consciousness is the mother of all thoughts.

Focusing on this divine form purifies the mind and fills it with creative clarity.

987 ॐ वैखानाय नमः Om Vaikhanāḥ Namaḥ

Piercer Ripping Open Obstacles

This name symbolizes pure consciousness, the witness spirit, and the indwelling guide. In meditation, it shows that the awareness within us is the only truth, untouched by pleasure and pain.

Chanting this aligns the seeker with the silent inner witness.

988 ॐ सामगायनाय नमः Om Sama-gayanāḥ Namaḥ

Chanter of Sama Hymn Symphony

This name symbolizes the supreme auspiciousness, peace, and benevolent energy. In spiritual practice, this attribute ward off negativity and ushers in divine grace and joy.

Meditating on this name aligns one with the blessings of the cosmos.

989 ॐ देवकीनन्दनाय नमः Om Devaki-nandanāḥ Namaḥ

Joy-Giving Son of Devaki

This name highlights the compassionate power that responds to the call of seekers and removes obstacles. It teaches that complete trust in the divine presence dispels all anxiety.

Remembering this name fills the heart with joy and gratitude.

990 ॐ स्रष्ट्रे नमः Om Sraṣṭhāḥ Namaḥ

Primary Architect Maker

This name signifies the primordial cause of creation and the origin of the cosmos. In meditation, it shows that all material forms manifest from that supreme being.

Contemplating this attribute cultivates creative energy and brings a fresh, divine perspective to life.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

991 ॐ क्षितीशाय नमः Om Kshitishah Namaḥ

Sovereign Emperor of Earth

This name reveals the Supreme Lord as the protector who maintains the cosmic balance. Spiritually, it assures us that we are always safe under divine protection.

Meditating on this quality dispels inner fear and strengthens devotion.

992 ॐ पापनाशनाय नमः Om Papa-nashanaḥ Namaḥ

Eradicator of Accumulated Sins

This name represents the absolute peace and dissolution of the material world where all dualities cease. It teaches us that letting go of desires is the gateway to eternal tranquility.

Meditating on this quality brings silent, undisturbed awareness.

993 ॐ शंखभृते नमः Om Sankha-bhrith Namaḥ

Wielder of Cosmic Conch

This name symbolizes pure consciousness, the witness spirit, and the indwelling guide. In meditation, it shows that the awareness within us is the only truth, untouched by pleasure and pain.

Chanting this aligns the seeker with the silent inner witness.

994 ॐ नन्दकिने नमः Om Nandakiṇ Namaḥ

Wielder of Wisdom Sword

This name symbolizes the supreme auspiciousness, peace, and benevolent energy. In spiritual practice, this attribute ward off negativity and ushers in divine grace and joy.

Meditating on this name aligns one with the blessings of the cosmos.

995 ॐ चक्रिणे नमः Om Chakriṇ Namaḥ

Wielder of Cosmic Disc

This name highlights the compassionate power that responds to the call of seekers and removes obstacles. It teaches that complete trust in the divine presence dispels all anxiety.

Remembering this name fills the heart with joy and gratitude.

Shri Viṣṇu Sahasranama Self-Study

(Adi Shankara Bhashya)

996 ॐ शार्ङ्गधन्वने नमः Om Sharṅga-dhanvaḥ Namaḥ

Master Archer of Sharṅga Bow

This name represents the imperishable, eternal, and transcendent reality beyond the senses. It shows that truth is beyond the limits of space, time, and matter, having no beginning or end.

Contemplating this raises the seeker above impermanence.

997 ॐ गदाधराय नमः Om Gadadharaḥ Namaḥ

Bearer of the Mighty Mace

This name reveals the Supreme Lord as the protector who maintains the cosmic balance. Spiritually, it assures us that we are always safe under divine protection.

Meditating on this quality dispels inner fear and strengthens devotion.

998 ॐ रथाङ्गपाणये नमः Om Rathanga-paniḥ Namaḥ

Wielder of Chariot Wheel

This name represents the supreme architect of the universe and the dawn of life. This attribute reminds us that our inner consciousness is the mother of all thoughts.

Focusing on this divine form purifies the mind and fills it with creative clarity.

999 ॐ अक्षोभ्याय नमः Om Akshobhyaḥ Namaḥ

Indisturbable Serene Untouched Core

This name symbolizes pure consciousness, the witness spirit, and the indwelling guide. In meditation, it shows that the awareness within us is the only truth, untouched by pleasure and pain.

Chanting this aligns the seeker with the silent inner witness.

1000 ॐ सर्वप्रहरणायुधाय नमः Om Sarva-praharanayudhaḥ Namaḥ

Wielder of All Cosmic Weapons

This name symbolizes the supreme auspiciousness, peace, and benevolent energy. In spiritual practice, this attribute ward off negativity and ushers in divine grace and joy.

Meditating on this name aligns one with the blessings of the cosmos.